Heart of Eden The News Magazine of the Benefice

July 2021

St. Lawrence, Appleby and St. John, Murton-cum-Hilton; St. James, Ormside; St. Peter, Great Asby;, St. Cuthbert, Dufton; St. Margaret & St. James, Long Marton; St. Cuthbert, Milburn; St. Columba, Warcop & St. Theobald, Musgrave; St. James, Temple Sowerby; St. Michael, Kirkby Thore & St. Edmund Newbiggin.

Also with additional information from Methodist Churches at The Sands, Appleby, Great Asby, Warcop and Dufton with Knock & The Roman Catholic Church of Our Lady of Appleby

We also bring information from the council, local voluntary organisations, clubs and associations, buses and trains, events at the villages of the Mid-Eden Valley, and we are partly supported by the firms whose advertisements follow the news items.

St. Lawrence, Appleby, from East

What's on this month in the Heart of Eden?

What's on?? What's on?? What's on?? What's on?? What's on?? What's on?? What's on?? What's on??What's on?? What's on?? What's on?? What's on?? What's on?? What's on?? Wh

Date	Time	Where??	What??
3rd	10:30 – 4	St. Cuthbert's, Dufton	Wildflower Hunt and Ttakeaway Teas, etc.
6th	7:30pm	Ormside Village Hall	Ormside Women's Group
7th		Upland Birds of the W'm'land Dales	Westmorland Dales Walks
9th	7:30 pm	Appleby Public Hall	Twelth Night
13th	7:30pm	High Plains, Drybeck	Asby WI – Police Dog Training
14th		Lammerside Loop	Westmorland Dales Walks
14th	10:30 – noon	Ormside Village Hall	Coffee Morning
17th	6:30pm	Battlebarrow House Gardens	The Magic Flute
17th		Great Asby Walks	Westmorland Dales Walks
18th	2 – 5pm	Long Marton Village Institute	Welcome Back Cuppa, Cake & Crack
28th		Orton Scar Walk	Westmorland Dales Walks
28th	10:30 – noon	Ormside Village Hall	Coffee Morning

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Church Registers May/June

Baptisms *We welcome into the Lord's family:*

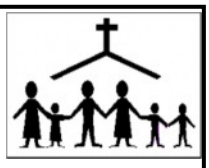
29th May	Flora Mabel Taylor	Warcop
5th June	Frances Margaret Morphet	Dufton

Wedding…*We congratulate:*

21st May	Miles Brighurst & Megan Bainbridge	Musgrave

Funerals…*May they rest in peace and rise in glory:*

28th May	Thomas Johnstone	Long Marton
4th June	Joseph Norman Wood	Appleby
4th June	Noel Heal	Warcop
23rd June	Harold Spensley	Appleby



Church of England:

Rector: Rev. Dr. Clive Hicks ☎ 017683 62436

Associate Priest: Revd Peter Boyles ☎ 017683 54161

Retired Priest: Rev. Roger Collinson ☎ 017683.52886

For (C of E) wedding bookings contact Joyce Keetley, Office Manager, email: applebymc@carlislediocese.org.uk

and for baptism bookings contact the Revd Peter Boyles email: peterboyles@hotmail.co.uk

Methodist Minister: Rev. Andrew Sterling: ☎ 017683 51244

Roman Catholic Parish Priest (Our Lady of Appleby)Church Fr. Peter Houghton ☎ 017683 51474

Newsletter Delivery

As on-line delivery of this newsletter is strictly by the editor's list of email addresses, and as a link from "A Church Near You" (https://www.achurchnearyou.com/church/12199/), if you or anyone wishes to read it, please get in touch with the editor for a copy, or follow the link.

New Diocesan Safeguarder

The Diocese of Carlisle - the Church of England in Cumbria - has appointed a new person to lead on safeguarding issues over the coming years.

Joanna Van Lachertop will take up the role of Diocesan Safeguarding Advisor from the present DSA, Charles Proctor, who is set to retire.

The 46-year-old comes to the post from her current position as Senior Probation Officer for the National Probation Service which she joined in 2001, qualifying in 2003. She later worked for 10 years as a Children's Services Practitioner with the NSPCC.

She re-joined the Probation Service in 2016 in her current role, which sees her lead a team of offender managers.Jo has also been the National Probation Service lead for Sexual Abuse, Adult Safeguarding and Domestic Abuse in Cumbria and is a member of the National Organisation for the Treatment of Abusers (NOTA).

Jo, who lives near Carlisle, said: "I am delighted to be joining the Diocese of Carlisle as its new Diocesan Safeguarding Advisor. I very much look forward to getting out and about meeting as many people as possible who hold safeguarding duties, liaising closely with senior leaders, clergy and Parish Safeguarding Officers.

"Safeguarding is of vital importance - no matter the arena in which you are working - and I look forward to reinforcing that message as part of my job with the Diocese, building on the robust protocols which are already in place."

Within her role - which is now a full time diocesan post - Jo will work with the Church of England Safeguarding Team, clergy, laity - including Parish Safeguarding Officers - and other voluntary organisations and statutory agencies.

Alongside a primary focus on casework, the role will also increase capacity to provide support, advice, guidance and training and ensure safeguarding procedures are carried out effectively and in a timely manner. An important part of this will be implementing national and diocesan policies and practice guidance.The role will also see her working alongside Carlisle Cathedral.

The Bishop of Penrith, the Rt Rev Dr Emma Ineson, who is Vice-chair of the Diocesan Safeguarding Panel, said: "We are delighted to be able to welcome someone of Jo's experience to this hugely important and influential role.

"More than ever, we need as a church to put the welcome and safety of all at the centre of all our church life together. As a diocese we are committed to making sure we have clear and robust safeguarding processes at the heart of all we do.

"I know that Jo will look to build further on the close working relationships we already have with the Church of England's National Safeguarding Team in respect of policy, protocols and training. I'd also like to take this opportunity to thank outgoing DSA, Charles Proctor for the huge commitment, care and professionalism he has brought to the role."

Jo will start in post from Monday 14 June, 2021.

St. Lawrence, Appleby

Churchwardens: Jean Hutchison
Jo Ayres (☎52017)
Secretary: Jo Ayres

St Lawrence Church Plant Sale .... Thank you

A huge thank you to everybody who supported the Plant Sale bringing & buying plants. The team met lots of lovely people from near & far & we have raised approximately £650 for much needed church funds.

The ladies at the TIC have very kindly got a Donation box for the remaining plants. Thank you again & see you next year.

St. Peter, Asby

Churchwarden: Mrs. P. Bevan
☎ 53433

Secretary: Karen Royle
☎ 07966.371044

St. Cuthbert, Dufton

Churchwardens:
Mrs. Gillian Bryan ☎ 51414
Mrs. Pam Day

Secretary: Mrs. Louise Stewart

Saturday July 3rd

Fun Family Event!

Wildflower Hunt in the churchyard and, Covid restrictions permitting, **Exhibition** of information about the history of the **church and our two saints** inside the church.

Take-away Teas, Coffees, Juice and biscuits available.

Open 10.30 am to 4 pm A chance at last to come and see how wonderful the church looks after extensive repairs.

St. Michael, Kirkby Thore

Churchwardens:

Margaret Davidson ☎ 017683.61699
Maeve Moore ☎ 017683.62005

Secretary:

Liz Higginbottom ☎ 017683.62910

SS. Margaret & James, Long Marton

Churchwardens:

Mrs. Josie Cannon ☎ 017683.51386

(Acting) Mr. Lutaf Greenshaw
☎ 07802254982

St. Cuthbert, Milburn

Churchwardens:
Mrs. E. Godfrey ☎ 61007
Mr. Leigh Harding ☎ 0333.014.3944

Secretary: Christine Braithwaite

St. John, Murton cum Hilton

Churchwarden: Jean Hutchison)

Secretary: Jo Ayres ☎ 52017

St. Edmund, Newbiggin

Churchwardens:

Mrs. M P. Sawrey-Cookson ☎ 61574

Mrs. Marsh ☎ 51098

St. James the Less, Ormside

Churchwarden: Margaret Parry

Secretary: Richard Parry

both ☎51043

St. James , Temple Sowerby

Churchwardens:
Anne Farmer, Angela Cleasby

Secretary: Helen Morgan

St. Theobald, Musgrave

Churchwarden: Hannah Fox
Hannah.Fox17@outlook.com

St. Columba, Warcop

Churchwarden: Joyce Keetley
keetleyjd@sky.com

Our Sister Churches

Methodist Church

Rev. Andrew Sterling ☎51244

General Enquiries Linda Taylor (53448)

Kirkby Stephen, Appleby & Tebay Methodist Circuit

On Sunday 13th June at 6:30 p.m. there will be a Connexion service held online, with a coffee chat room afterwards.

Anyone interested can email Andrew Sterling for a link if they do not already have one (andrew.sterling@methodist.org.uk)

Roman Catholic Church of Our Lady of Appleby,

Gartheads Road, Appleby

Fr. Peter Houghton ☎51474

Mass Sundays at 11am

…and last but not least

St. Anne's Hospital (Boroughgate Almshouses)
Closed until further notice

News from the Area

Age UK - Carlisle and Eden

For information just ring Pat Mchugh on 07958936694.

Heart of Westmorland Bereavement Support Group

For more information please contact: Kevin Robinson – 017683 51569 or Revd Sandy Pearl – 01931 714564

Cancer Information and Support in Eden

Regrettably, in view of the Coronavirus/lockdown situation, meetings are currently cancelled, but if anyone needs support and advice, they are available from Rosie on ☎ 017683 52263

Citizens Advice Carlisle & Eden

Citizens Advice Carlisle & Eden needs YOU! The Citizens Advice service is looking for volunteers to train to be advice workers in the Eden area.

Citizens Advice Carlisle and Eden ask volunteers to give a regular one day a week over an extended period of time. We need volunteers to train as Advisers and also as Advice Assistants and Business Support roles. Whilst specific qualifications or experience are not required, to train for the role volunteers need to be good at listening, have a good manner when talking to people, be open minded and non-judgmental and enjoy helping people. It is also necessary to have competent skills in using a computer. All volunteers are given free training appropriate to their role which might include how to assess people's needs, either face-to-face or over the phone, and identify the most appropriate course of action. Volunteer Expenses are paid.

If you are interested in volunteering, please send an email to volunteer-recruitment@ca-ce.org.uk with a daytime telephone number, or visit our website www.ca-ce.org.uk and complete the form or call 03300 563037 to leave your details. Alternatively you can call in to our office at 2 Sandgate, Penrith.

… or if you need to consult your MP…
these are the details:

Christian Hilton / Office of Dr Neil Hudson
MP / Penrith and The Border
01768 484114
or email: Mail: christianb.hilton@parliament.uk
or website: URL: www.neilhudson.org.uk

Eden Carers

Do you care? If so Eden Carers may be able to help you. We are a charity providing free support to unpaid Carers; throughout Eden, who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5 to 18 years). We provide statutory carers' assessments: information and signposting; 1 to 1 support; benefit information; newsletters, support groups including after school clubs for Young Carers; social events; training and activities. Contact us on 01768 890280 or enquiries@edencarers.co.uk Let us help you care.

Inner Wheel

We have two manual wheelchairs for temporary use by local people. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed.

My contact phone number is 017683 53324. Gillian Whiting, Secretary, Appleby Inner Wheel

Meals on Wheels - Volunteers Needed

We are looking for some volunteers to help deliver Meals on Wheels in the town of Appleby one lunchtime each month, when this becomes possible.

We are a friendly,flexible team who deliver a hot meal and a pudding to clients on Mondays to Fridays.

We will arrange for your DBS (Disclosure and Barring Service) forms to be completed, checked and issued and as long as you have a vehicle for deliver you'll be 'good to go'.

Please contact Dot Anderton 52389, or Kath Martin 51031.

Upper Eden Food Bank

With the situation as it is, Citizens Advice are now asking that if you know of anyone, or you yourself are now finding you can't afford food, you can call 0808 2082138 for free (open Mon to Fri 9am to 5pm). If needed, they would issue a reference number. This would all be treated in strict confidence of course.

All details can be found on the UEFB website…. upperedenfoodbank.org.uk or by calling 07596 690902

Other UEFB contacts:

website URL: www.ksaandtcircuit.org.uk
Facebook upperedenfoodbank
Email upperedenfoodbank@gmail.com
☎07596 690 902

Tourist Information Centre

Presently located in the West Cloisters, and opening hours are Monday to Saturday, 10am to 3pm.

Or can be contacted on ☎017683.51177

Penrith and District Red Squirrel Group

Your native red squirrels need you! Become a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey or sickly red please ring Gary Murphy on 07974788434 Visit our website at www.penrithredsquirrels.org.uk to donate If you would like a talk for your club/group we can arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.

Coffee Mornings Appleby Public Hall,

Because of legislation to minimise risks of spreading Covid-19, the Council has been unable to make the Public Hall Supper Room available to organisations for Coffee Mornings for more than a year.

Maybe this month - who knows?

Town Council

Moot Hall and Low Crosses
It is hoped that very necessary internal and external restoration work on the Moot Hall, which is over 400 years old, will begin in August, but financial details have still to be finalised. Also scheduled before the end of summer are improvements to the limewash finish on the columns of the High and Low Crosses, both over 300 years old. There are no plans to reinstate the familiar black and white paintwork, which was a result of Victorian and 20th Century interventions; it looked good, but damaged the masonry.

Highways
Refurbishment of the Appleby by-pass is ongoing. This was too urgent to wait until the dualling of the entire A66 over the next decade, which is expected include the realignment of the road to the east of Crackenthorpe. Public consultation on the A66 project is not yet complete. In Appleby itself, the implementation of an east-west one-way scheme for Pembroke Street has been delayed by pressure of work, but is still scheduled, as is the refreshment of road markings in the vicinity of the Sands, once drainage works are complete.

Health Protection
At the time of writing (18 June) the rate of reported Covid cases in Eden and elsewhere in Cumbria was again rising, though slightly lower than in England as a whole. Incidence is greatest among younger age groups, who are less likely to have been vaccinated. The Director of Public Health advises that the local strategy, along with the continued promotion of vaccination uptake, is to get all Cumbrian residents aged 12-30 tested. He says, 'this is the best way of controlling transmission … we will be keeping a close eye on our test positivity rate over the coming weeks to get a sense of whether things are starting to move in the right direction'.

Appleby Fair
Although there is no document specifying the date, this gathering has traditionally been linked to the second Wednesday in June. In 2020 and 2021 anti-Covid laws then in force made large crowds and encampments impossible at that time. Along with other visitors to Appleby, some people did arrive with horses on the sunny Saturday 5 June, but had all left by Sunday. There is no evidence to link these visitors with the local incidence of Covid. Subject to the law having changed by then, as is the government's stated intention, the Multi-Agency Strategic Co-ordinating Group, has advised that in 2021 those coming to Appleby for the Fair should do between 12-15 August and not at other times. A public meeting to preview Fair arrangements is scheduled for the evening of 22 July at Appleby Public Hall.

Moot Hall Bus Park
Drivers are reminded not to leave vehicles in the bus bay on the Boroughgate side of the island south of the Moot Hall. Service buses are scheduled to pick up there at 0955, 1135 and 1435 Monday-Friday. If the bus can't get into the bay it blocks the highway and passengers have to board in the road. Please be considerate.

.Appleby's Cup
Appleby's first team footballers rounded off the foreshortened season in fine style by winning the High Sheriff's Cup Final 4-0 against Endmoor. The match was played at Kendal on 1 June. The Council offers hearty congratulations to the players the manager and everyone who works for and supports the club; they did Appleby proud.

Bus Talk

From Friends of Eden Valley Public Transport, using information from Cumbria County Council

Please remember that you must wear a face covering (over nose and mouth) when using public transport, to give extra protection to the driver and other passengers. Bus operators are also implementing other measures including social distancing and enhanced cleaning measures on buses, in line with Government guidance.

563 Appleby to Penrith (Mon - Fri) service (Stagecoach)

The improved 563 timetable introduced on 4th January by Stagecoach continues, including the service running throughout school holidays. From Monday to Friday, the first departure of the 563, departing from Appleby at 9.51 to Penrith, now goes via Brampton, Long Marton, Kirkby Thore Cherry Tree Garage and Temple Sowerby. The last departure of the 563 from Penrith at 13.30 and Bus Station at 13.40 follows the same route in reverse. The other 563 journeys follow the A66 route with a detour to Temple Sowerby as previously. All journeys now start and finish at Appleby Scattergate. For details of the 563 timetable, go to www.cumbria.gov.uk/buses

S6 Kirkby Stephen to Brough to Penrith (Tues) service

The S6 service, operated by Western Dales Bus, started on Tuesday 13 April. This service provides 3 return trips on Tuesdays from Kirkby Stephen to Penrith calling at

Brough and Warcop; it will not pick up passengers from Appleby Sands to Penrith on outward trips to Penrith or drop off passengers in the same section of the route on return trips. For details of the S6 timetable go to www.cumbria.gov.uk/buses

Community Transport

The Community Wheels service into/out of Appleby on Fridays is operating, including connecting with the 563 bus to Penrith as normal, although capacity on the Community Wheels minibus is limited due to social distancing requirements. To join the Community Wheels scheme or book a journey on the minibus, phone Cumbria County Council on 01228 226428. The Voluntary Social Car Scheme covering Appleby, Bolton, Temple Sowerby and Milburn is operating - if you would like to use this service, including to get to a Covid 19 vaccination appointment, please contact Valerie Kendall Scheme Coordinator on 017683 53159. For general information about Community Transport, phone Cumbria County Council on 01228 226428 or go to www.cumbria.gov.uk/communitytransport

Appleby Edibles

The Licence from Eden District Council for allotments and a community garden at the Heritage Centre is now confirmed and skip gone, so the designing and improvement of the space continues apace.

We are still open 10am-12 on Tuesdays for casual socially distanced drop in, or other times by arrangement.

Contact Lucy 07710405357, or Siân 07592172449, or applebyedibles1@gmail.com

Appleby in Bloom

This year, residents of Appleby and the surrounding area are showing that Appleby really is 'The Best Blooming Town' with gardens, window boxes and containers of all shapes and sizes full of colourful flowers, tasty vegetables, or fragrant herbs.

There'll be something for everyone: young or old, traditional or modern, human or insect!

Taking part is easy but if you do need some help with the restorative art of gardening then Appleby Edibles based at the Heritage Centre will be giving advice, as well as free starter packs containing pots,

seeds and compost, which can be collected from there on Tuesdays 10am- noon. Or from the T.I.C temporarily at The Cloisters.

How wonderful would it be to have the town festooned with floral displays showing the wonderful spirit of Appleby and as we have seen through Winter Wanderland, the great artistic talent of the town.

You are welcome to download and display the colourful Appleby in Bloom logo, available on www.applebytown.org and kindly designed by Karen Babayan, or there's a colouring in sheet for children (of all ages).

So let's get started in showcasing our lovely town by planting window boxes & hanging baskets and show how much pride we all have in our community. After the difficult year we have all been through we can let everyone know that Appleby is The Best Blooming Town.

Appleby Clubs, etc.

Bowling Club

Appleby Bowling Club is open for anyone wishing to come along and have a try at bowls. All you need is a flat pair of shoes, if you are interested please contact the club secretary Peter Metcalfe 01768352306 for more information.

Brownies

If you are interested in joining Brownies in Appleby, please contact Alison Taylor (Brown Owl) on 017683 61241

squidgums@hotmail.com

Lights…Camera…Appleby!

We look forward to bringing you Appleby Remote Cinema's autumn programme in September! By then we should have a sparkling new hearing loop in in place, fit for the size and scale of our impressive hall. In the interim, our team is supporting other exciting initiatives:

Twelfth Night Friday 9th July 7.30pm

Appleby Public Hall

A thunderous shipwreck… a brother lost at sea… an adventure begins… join Jupiter Creatives for their debut production!

Viola is searching for her brother. Duke Orsino is searching for love. Lady Olivia just wants to be left alone. In a place where trickery and tomfoolery are commonplace, things never quite go as planned, or do they?Jupiter Creatives brings you a raucous and joyful version of Shakespeare's classic comedy, complete with an original folk-rock score, performed live. Sword fights, songs and silliness abound from this company of rollicking Actor-Musicians who'll bring the tale of *Illyria* alive.

Jupiter Creatives is an emerging theatre company that take actor musicianship and stage combat to a whole new level in their unique, lively productions. Directed by Appleby Grammar School alumni Persia Babayan-Taylor,

these multi-talented young performers are graduates of Guildford School of Acting, one of the UK's foremost drama schools.

Social distancing and booking conditions: due to social distancing, we ask that you book as a maximum of 6 people (who are happy to sit together). Please bring and wear a mask, if restrictions still apply.

Pay bar and interval ice-cream from the Jersey Ice Cream Farm, Melkinthorpe.

Tickets: £10 adult, £5 U18. Family ticket £25 (2 adults+ 2U18) from Appleby Tourist Information Centre, or you can reserve your ticket and pay on the door, Tel: 07903858093.

Whistlestop Opera presents:

The Magic Flute

Saturday 17th July 6:30pm at Battlebarrow House Gardens, Battlebarrow, Appleby CA16 6XT

Appleby's first Picnic Opera, brought to us through Highlights Rural Touring!

Picnics, hampers, deckchairs, rugs and a bottle of bubbly are recommended for Appleby's first Opera... then settle down to be entertained by Mozart's The Magic Flute. This joyous, shortened version of this famous opera will leave you feeling uplifted and energised. With a cast of three professional singers and an accordionist from the renowned company of the internationally renowned Opera North, it will be performed in the beautiful gardens of Battlebarrow House against the backdrop of Appleby's historic Norman Castle keep.

Gates open at 5.30pm for a 6.30pm start. Tickets: £10 adult, £5 child.

Family ticket £25 available on request by phone (2adults & 2U18). To book - tel: 07903858093 or online: https://bit.ly/3oeA3gS

Synopsis: a noble quest to save the climate! Prince Tamino has fallen madly in love with the beautiful Pamina, daughter of the Queen of the Night. All appears well but look closer and you'll notice there's something strange afoot... to the confusion of bird-catcher Papageno, birds are disappearing and animals are no longer coming out to hear Tamino's music. The magical world of flutes and dancing bells is changing, and it's up to Tamino to do something before it's too late!

Suitable for all the family, this performance is sure to get everyone hooked on opera!

The production will be performed to socially-distanced audiences at this stunning outdoor venue. Please bring your own seats and dress for the weather, bringing waterproofs just in case. Disabled parking limited, please call 07903858093. All other parking at Appleby Grammar School coach park CA16 6XU please (5 minute walk to the venue).

Westmorland Dales Walks and Activities

Westmorland Walks

The Westmorland Dales Landscape Partnership Scheme team is leading a number of walks exploring Orton Scar's cultural and natural heritage as well as the fascinating geology, history and wildlife of Great Asby

14th July: Lammerside Loop Health and Heritage Walk

A short loop from the Tommy Road taking in part of Mallerstang's cultural and natural heritage, including Lammerside Castle.

17th July Great Asby Walks

A range of long and short walks from 2km to 8km running throughout the day exploring the village of Great Asby and further afield taking in its fabulous views, history, cultural heritage and wildlife.

Wednesday 28th July: Orton Scar Health and Heritage Walk

A short loop taking in part of Orton Scar's cultural and natural heritage. Aimed at health and wellbeing and getting out into the fresh air with a sprinkling of heritage.

Heritage Talks

It is also hosting a number of live ONLINE 'Heritage Talks' where you can join a live 30 minute talk via Zoom and get the opportunity to ask questions in a short Q&A session following the presentation.

7th July: Upland Birds of the Westmorland Dales

Tarja Wilson, a Land Management Adviser with the YDNPA, will talk about some of the upland birds to be found in the Westmorland Dales. She'll help you to identify them, and will describe their habitats, some of the threats they are under and what is being done to conserve them.

Villages

Asby

Tuesday 13th 7:30pm at High Plains, Drybeck
Asby WI Police Dog Training Demonstration by Simon Woodrow

Ormside

Tuesday 6th at 7:30pm Inaugural meeting of the Ormside Womens Group

Wednesdays 14th and 28th at 10:30 - noon coffee morning

Long Marton

Sunday 18th from 2 - 5pm

Welcome back with a CUPPA, CAKE AND CRACK to the Long Marton Village Institute! This initial event will be FREE to all parishioners, so come along to see old friends and make some new ones over a cuppa.

We are hopeful that this will be the start of many more gatherings - whatever COVID regulations are in place at the time will of course apply, so don't forget your face mask.

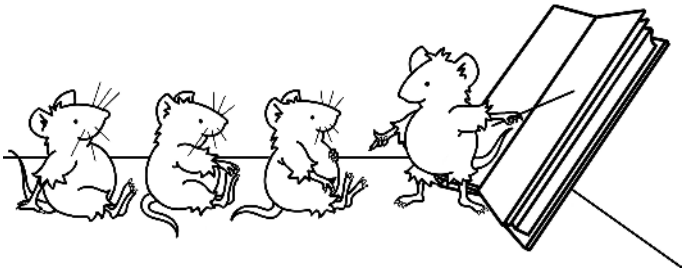
Temple Sowerby

Temple Sowerby Gardening Club
Please email templesowerbygardeners@gmail.com or ☎ 62969 to go on the mailing list as the club makes plans for garden visits and talks for summer and autumn 2021. Also see website page https://templesowerby.org.uk/gardeningclub/

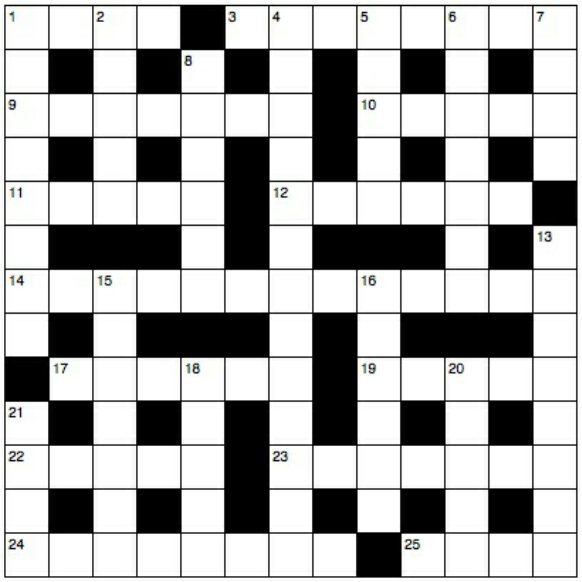
Many congratulations to Church House administrator James Brunskill who scooped a £13,750 jackpot when he appeared on the hit BBC quiz show Pointless.

James was playing alongside his brother Philip, having travelled down to Elstree Studios in Borehamwood last December for filming.

The episode aired last week and in fact the brothers managed to post *two* pointless answers in the final round after choosing the topic 'the year 2018'.



July Crossword



(solution page 15)

ACROSS

1 Sent out three times on a reconnaissance mission from Noah's ark (Genesis 8:8–12) (4)

3 'The vilest — who truly believes, that moment from Jesus a pardon receives' (8)

9 Described by the 19th-century MP Sir Wilfred Lawson as 'the Devil in solution' (7)

10 'Whoever — his life for my sake will find it' (Matthew 10:39) (5)

11 King of Gezer (Joshua 10:33) (5)

12 Gideon's home town (Judges 6:11) (6)

14 The area under the jurisdiction of a primate, for example, Canterbury, York (13)

17 To him God promised that David would be king (1 Chronicles 11:3) (6)

19 A descendant of Aaron who was not allowed to offer food to God (Leviticus 21:20) (5)

22 'If any of you — wisdom, he should ask God' (James 1:5) (5)

23 I gain me (anag.) (7)

24 Relating to the armed forces (1 Chronicles 5:18) (8)

25 Title given to 2 Down (abbrev.) (4)

DOWN

1 Greek coins (Acts 19:19) (8)

2 Church of England incumbent (5)

4 What Epaphroditus was to Paul (Philippians 2:25) (6-7)

5 Mother of David's sixth son (2 Samuel 3:5) (5)

6 'We are hard pressed on every side, but not crushed; perplexed, but not in — ' (2 Corinthians 4:8) (7)

7 It destroys treasures on earth (Matthew 6:19) (4)

8 It threatened Paul in Jerusalem (Acts 21:35) (3,3)

13 Well-known Reference Bible that espoused dispensationalism (8)

15 Where the choir sits in a parish church (7)

16 Real do (anag.) (6)

18 'Martha, Martha... you are worried and — about many things' (Luke 10:41) (5)

20 'One man considers one day more sacred than another; another man considers every day — ' (Romans 14:5) (5)

21 A place with twelve springs and 70 palm trees where the Israelites camped (Exodus 15:27) (4)

Church of England commits £1.25 million to enabling digital giving in parishes

The Church of England aims to enable contactless giving in half of all parishes over the next two years.

The first pilot scheme has been launched in more than 100 churches across the Diocese of Carlisle to help encourage contactless giving, making giving easier for congregations.

The pilot will help pave the way for a £1.25m investment from the Church of England which will see thousands more churches accept contactless and digital payments over the next two years. Consideration for connectivity in rural settings has been taken into account, with churches being offered one of two types of device, depending on each parish's context.

Two further pilots will take place in other dioceses later this year before the nation-wide roll out begins.

Grace Emmett, National Digital Giving Manager for the Church of England, explained: "Experience so far is that contactless donations are, on average, three times the value of cash donations."

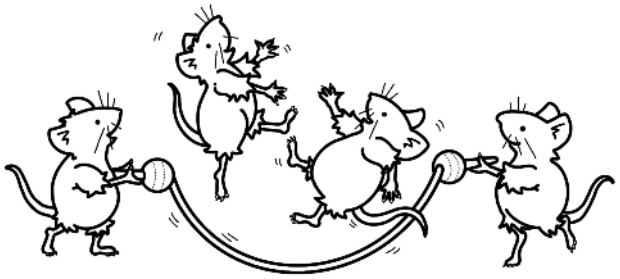
Twitter marks its 15th birthday

It was 15 years ago, on 15th July 2006, that Twitter, the American micro-blogging social network, was launched. The first tweet – or short message – had been sent internally in March that year and was recently sold for over £2 million.

The service was originally known as twttr (by analogy with the photo site flickr) because the domain name twitter.com was already in use. But this was eventually purchased. Jack Dorsey, the originator, said that the word twitter meant "a short burst of inconsequential information", which he regarded as perfect for what they were intending.

The messages – tweets – were originally limited to 140 characters, but the limit was doubled in late 2017. Audio and visual tweets have now been introduced, which are normally limited to 140 seconds. There are reckoned to be more than 330 million monthly active users, but the vast majority of tweets are sent by a small minority.

Many churches use Twitter to reach members who cannot attend, using #hashtags to link with them. The Church of England, not surprisingly, has provided guidance for this



India's Coronavirus Crisis: Urgent Support Needed

All We Can and the Methodist Church in Britain's joint Emergency Coronavirus Appeal are providing essential support to vulnerable communities in India.

The country, home to 1.3 billion people, is currently in the grips of a deadly wave of Covid-19. Hospitals are unable to cope with the ever-increasing number of cases, oxygen supplies are scarce, and the situation threatens to overwhelm the country's health systems.

Since April 2020, All We Can has supported more than two million people in the pandemic through the Emergency Coronavirus Appeal, and the work of its long-term partners. The Methodist family has also responded to the ongoing pandemic through grants given by the Methodist Church's World Mission Fund partner church Covid-19 responses.

If you can help, please go to the Emergency Coronavirus Appeal at https://www.allwecan.org.uk/coronavirus/

Pilgrimage routes to explore in the North

A 'Santiago of the North' has been launched, encouraging people to walk ancient pilgrimage routes to Durham dating back more than 1,000 years.

Around 30 churches in the dioceses of Durham and Newcastle are part of four revived pilgrimage routes starting from villages and towns in the region, re-creating the routes taken by pilgrims to Durham Cathedral.

'The Way of Learning, The Way of Life, The Way of Light and The Way of Love,' allows pilgrims to walk from 27 to 45 miles while exploring places of historical and religious significance.

Modern-day pilgrims can visit churches and historical monuments, museums and galleries on the route, including shrines and places associated with Saints Cuthbert, Bede, Hilda, Helen, Wilfrid, Oswald, Aidan and Godric.

Further pilgrimage routes *The Angels Way* (30 miles) and the *Way of the Sea* (62 miles) link Lindisfarne and Durham, the two most important pilgrimage centres in the region.

Northern Saints Trail Coordinator David Pott says: "There is a 21st-Century revival in pilgrimage – only 2,500 people walked the Camino to Santiago in 1985, but there were 347,538 pilgrims recorded in 2019."

"Pilgrimages are attracting people who are not necessarily of strong Christian faith but who want to explore more."

Why your dog may be in danger

Dog thefts across the UK soared last year. The problem is now so serious that the government is to set up a pet theft taskforce to fight the organised crime gangs involved.

The taskforce will include officials from the Environment Department (Defra), the Home Office, the Ministry of Justice and the police. There will also be input from animal welfare experts.

Priti Patel, the Home Secretary, said: "Having callous thieves steal a much-loved pet is heart-breaking for families, and is a cruel crime." Stealing a pet is already a criminal offence, with the offender facing up to seven years in prison.

The police strongly advise pet owners never to leave their pet unattended in public, to vary their walking routines, and to take basic security steps at home, such as checking locks on doors and garden gates.

Extract from Police Report rom PCSO 5406 Ewbank Appleby Horse Fair Art Project

Pupils at Appleby Primary School have been thrilled to develop their creative talents as part of an exciting project celebrating cultural heritage and the town's long association with the Gypsy and Traveller community.

Children from Years 4, 5 and 6 worked with local artist Karen Babayan in collaboration with PCSO 5406 Ewbank and volunteer Shirley Simpson on a project commissioned by Cumbria Police in Appleby.

To ensure the safety of horses, fair-goers and visitors, the town of Appleby is transformed with extensive crowd barriers to protect pedestrians during the fair.

When visitors attend the New Fair this August they will be treated to a series of striking panels over 16 meters in length, produced by pupils at Appleby Primary School alongside Karen and her creative team.

Pupils learned about the history of the fair, Gypsy and Traveller traditions as well as the work of the Multi Agency Strategic Co-ordination Group who organise the annual event.

This learning inspired the children's mural, which has been created in relief print and collage.

The image is a stylised representation of the event in the town, incorporating the images of bow top caravans, sulkies and bathing horses synonymous with the fair.

The piece will be enlarged and printed by Ast Signs of Penrith to create a large statement piece to be displayed on Bongate, opposite the Royal Oak Inn, throughout the fair.

Karen Babayan, who worked with the Appleby pupils said: "Creating this important work for the town took thorough planning, meticulous preparation and three days of intensive workshops where each and every pupil contributed. The result is stunning.

"I am indebted to my creative team, who worked incredibly hard to support the children in creating a beautiful piece of work.

"We are also grateful to Appleby Town Council and Westmorland Arts Trust (Cumbria Community Foundation) for their financial support of this project. The panels will last a number of years, installed during each New Fair for our community and visitors to enjoy."

Zoom Wellbeing Cafe

Where it's OK not to be OK

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Welcome to our Online Wellbeing Café

Tuesday from 1.30 - 3.00pm & Friday 10.00 - 11.30am

(Come and go as you please)

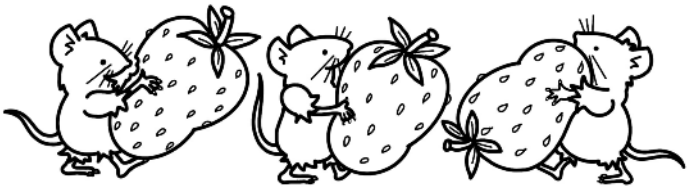
We share a variety of hobbies and activities, which help us look after our wellbeing.

You may like to chat, but you don't have to say anything. Feel free to switch off your camera and just be part of the group anonymously if that helps.

Hosted by the local church, but open to people of all faiths and none. We start and end each session with a 5 - 10 minute meditation and prayer, which we find helps with wellbeing. You are most welcome to join in or to come after the prayer time and leave just before. We look forward to spending time with you.

Contact Kristy Pattimore kristy@pattimore.com

Tel. 07480 935119 for details of how to join the Zoom



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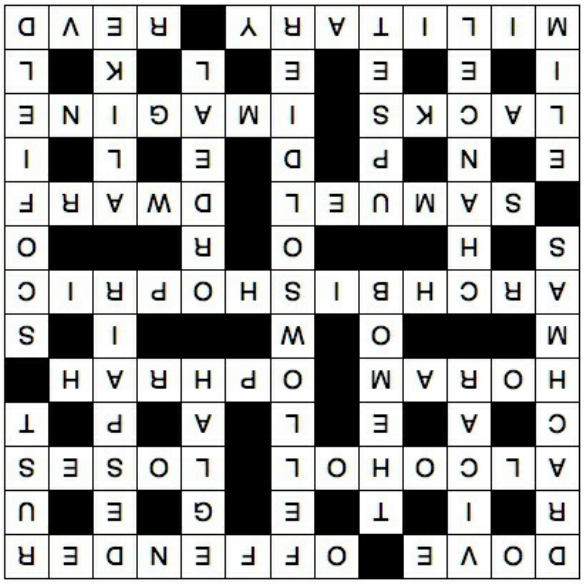

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Church of England Heart of Eden Benefice Services for July

	Appleby	Murton	Asby	Ormside	Warcop / Musgrave	Long Marton	Dufton	Milburn	Temple Sowerby	Kirkby Thore
Sunday 4th Trinity 5	10:45 HC		11.00 Lychgate Service		10:30 Churches Together – Outdoor	15.00 EP		10.30 HC		
Sunday 11th Trinity 6	10:45 HC		11:00 United At St Peter's (Lychgate)	9.15 HC	10.00 HC Musgrave		15.00 Evening Prayer			10.30 MP
Sunday 18th Trinity 7	10:45 Mp Lay Led	18.30 Evensong	11:00 Anniversary At Baptist TBC	10.00 DIY Service	10:45 HC Warcop	15.00 HC		10.30 HC	10.30 HC	
Sunday 25th Trinity 8	10:45 HC		11:00 Mp TBC	18.00 EP	10.00 HC Musgrave		15.00 St John Boste Memorial Compline			10.30 HC TBC

N.B. Holy Communion 10am each Wednesday at Appleby

Newbiggin opens in August, God willing.