Heart of Eden The News Magazine of the Benefice

August 2021

St. Lawrence, Appleby and St. John, Murton-cum-Hilton; St. James, Ormside; St. Peter, Great Asby;, St. Cuthbert, Dufton; St. Margaret & St. James, Long Marton; St. Cuthbert, Milburn; St. Columba, Warcop & St. Theobald, Musgrave; St. James, Temple Sowerby; St. Michael, Kirkby Thore & St. Edmund Newbiggin.

Also with additional information from Methodist Churches at The Sands, Appleby, Great Asby, Warcop and Dufton with Knock & The Roman Catholic Church of Our Lady of Appleby

We also bring information from the council, local voluntary organisations, clubs and associations, buses and trains, events at the villages of the Mid-Eden Valley, and we are partly supported by the firms whose advertisements follow the news items.

What you won't see at Appleby fair!

What's on this month in the Heart of Eden?

What's on?? What's on?? What's on?? What's on?? What's on?? What's on?? What's on?? What's on??What's on?? What's on?? What's on?? What's on?? What's on?? What's on?? What's on??

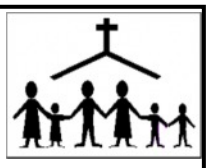
Church Registers June/July

Wedding…*We congratulate:*

10th July	Joseph Norris & Julia Crossley	Musgrave
24th July	Dave Cash & Helen Dalton	Appleby
31st July	Alex Varty & Alice Robson	Dufton

Funerals…*May they rest in peace and rise in glory:*

28th June	John Balmer	Ormside
1st July	Harold Pearson	Temple Sowerby
2nd July	Ena Pigney	Appleby
9th July	Carrol Docherty	Appleby
19th July	Brian Waites	Appleby
20th July	Peter Allan	Dufton



Church of England:

Rector: Rev. Dr. Clive Hicks ☎ 017683 62436

Associate Priest: Revd Peter Boyles ☎ 017683 54161

Retired Priest: Rev. Roger Collinson ☎ 017683.52886

For (C of E) wedding bookings contact Joyce Keetley, Office Manager, email: applebymc@carlislediocese.org.uk

and for baptism bookings contact the Revd Peter Boyles email: peterboyles@hotmail.co.uk

Methodist Minister: Rev. Andrew Sterling: ☎ 017683 51244

Roman Catholic Parish Priest (Our Lady of Appleby)Church Fr. Peter Houghton ☎ 017683 51474

Newsletter Delivery

As on-line delivery of this newsletter is strictly by the editor's list of email addresses, and as a link from "A Church Near You" (https://www.achurchnearyou.com/church/12199/), if you or anyone wishes to read it, please get in touch with the editor for a copy, or follow the link.

Covid Guidance Latest

Bishop James has written to all clergy today with an update about Covid guidance as England prepares to move to step 4 of the Government's roadmap for the easing of restrictions.

In his letter Bishop James points clergy to the Government document Covid-19 Response: Summer 2021 which provides general details about the lifting of the remaining Covid legal restrictions in England as from Monday 19 July.

Detailed guidance for places of worship is expected early next week and the Church of England's guidance will be updated at the earliest opportunity.

Bishop James also signposts clergy to new Coronavirus (COVID-19): Wedding and civil partnership ceremonies, receptions and celebrations: guidance from Step 4, which refers to the wearing of masks and singing.

He writes: "It would appear that much of the decision-making around such issues will now fall at a local level. As you prepare to work around the further lifting of restrictions may I ask that you continue to consider the views of all those attending your church buildings - particularly bearing in mind the surge in infection rates which we are again currently experiencing - and that thought is given to the continued wearing of masks and all sensible precautions are taken around singing."

Christian Aid

I was pleased to see in the June edition of the Newsletter that it had been noticed that there has been no Christian Aid Week collection in either 2020 or 2021. It has become expected over the past twenty-five years that it would take place. But such events only happen if someone organises them. And on a number of occasions I have put out an appeal for someone to help. And it's important that it's someone who is perfectly at home with the Internet. More and more, Christian Aid's business, its appeals, its campaign materials and so on is done on-line. This old man is past acquiring these skills. But, what I do have is a wealth of local knowledge: the various 'rounds' in our viallages, that dwindling number of volunteers, how to distribute the materials for the door-to-door collections, etc. Our area covers Appleby, Colby, Ormside, Great Asby, Hilton, Murton, Crackenthorpe, Temple Sowerby, Long Marton, Milburn, Dufton and Newbiggin - it's a big patch. Now if someone feels they can and wants to be responsible for helping to get Christian Aid on the move again, please get in touch with me (via telephone or letter-box!)

Roger Collinson,,1, Caesar's View, Appleby CA16 6SH

☎ 017683.52886

Christian Aid launches emergency Global Hunger Appeal

Christian Aid has launched an emergency appeal, warning that more than 30 million people in 20 countries are “teetering on the brink of famine”.

The Covid health pandemic, climate crisis, and continued conflict has exacerbated hunger and food insecurity in 20 countries. Countries like South Sudan, Ethiopia, Burkina Faso, Nigeria (in the North East) and Afghanistan are particularly affected.

In South Sudan, 60% of the population are struggling to get enough food to eat, and 82% are living in extreme poverty. According to the Integrated Food Security Phase Classification, six of the country’s counties are already categorised as being in IPC Phase 5 Catastrophe - which means people face starvation, death, destitution and debilitating levels of acute malnutrition. 34 states are in the emergency acute food insecurity phase as people experience very high acute malnutrition and excess deaths. The most food insecure states are Jonglei, Unity, Upper Nile, Lakes, Warrap and Northern Bahr el Ghazal. 7.2 million people are now affected during this lean season, expected to be the worst on record.

James Wani, Christian Aid’s South Sudan Country Director, based in Juba, said: “Floods, drought, conflict and Covid-19 have joined forces to deliver devastation and fuel the food crisis in South Sudan - the combined result is the destruction of crops, livelihoods, houses and dwellings, while roads have become impassable, markets have stopped, supply chains have been crippled, and food prices have soared.”

St. Lawrence, Appleby

Churchwardens: Jean Hutchison
Jo Ayres (☎52017)
Secretary: Jo Ayres

St. Peter, Asby

Churchwarden: Mrs. P. Bevan
☎ 53433

Secretary: Karen Royle
☎ 07966.371044

St. Cuthbert, Dufton

Churchwardens:
Mrs. Gillian Bryan ☎ 51414
Mrs. Pam Day

Secretary: Mrs. Louise Stewart

St. Michael, Kirkby Thore

Churchwardens:
Margaret Davidson ☎ 017683.61699
Maeve Moore ☎ 017683.62005

Secretary:
Liz Higginbottom ☎ 017683.62910

SS. Margaret & James, Long Marton

Churchwardens:
Mrs. Josie Cannon ☎ 017683.51386
(Acting) Mr. Lutaf Greenshaw
☎ 07802254982

St. Cuthbert, Milburn

Churchwardens:
Mrs. E. Godfrey ☎ 61007
Mr. Leigh Harding ☎ 0333.014.3944

Secretary: Christine Braithwaite

St. John, Murton cum Hilton

Churchwarden: Jean Hutchison)

Secretary: Jo Ayres ☎ 52017

St. Edmund, Newbiggin

Churchwardens:
Mrs. M P. Sawrey-Cookson ☎ 61574
Tim Whittaker

St. James the Less, Ormside

Churchwarden: Margaret Parry

Secretary: Richard Parry

both ☎51043

St. James , Temple Sowerby

Churchwardens:
Anne Farmer, Angela Cleasby

Secretary: Helen Morgan

St. Theobald, Musgrave

Churchwarden: Hannah Fox
Hannah.Fox17@outlook.com

St. Columba, Warcop

Churchwarden: Joyce Keetley
keetleyjd@sky.com

Our Sister Churches

Methodist Church

Rev. Andrew Sterling ☎51244

General Enquiries Linda Taylor (53448)

Roman Catholic Church of Our Lady of Appleby,

Gartheads Road, Appleby

Fr. Peter Houghton ☎51474

Mass Sundays at 11am

…and last but not least

St. Anne’s Hospital (Boroughgate Almshouses)
Closed until further notice

News from the Area

Age UK - Carlisle and Eden

For information just ring Pat Mchugh on 07958936694.

Heart of Westmorland Bereavement Support Group

For more information please contact: Kevin Robinson – 017683 51569 or Revd Sandy Pearl – 01931 714564

Cancer Information and Support in Eden

Regrettably, in view of the Coronavirus/lockdown situation, meetings are currently cancelled, but if anyone needs support and advice, they are available from Rosie on ☎ 017683 52263

Citizens Advice Carlisle & Eden

Citizens Advice Carlisle & Eden needs YOU! The Citizens Advice service is looking for volunteers to train to be advice workers in the Eden area.

Citizens Advice Carlisle and Eden ask volunteers to give a regular one day a week over an extended period of time. We need volunteers to train as Advisers and also as Advice Assistants and Business Support roles. Whilst specific qualifications or experience are not required, to train for the role volunteers need to be good at listening, have a good manner when talking to people, be open minded and non-judgmental and enjoy helping people. It is also necessary to have competent skills in using a computer. All volunteers are given free training appropriate to their role which might include how to assess people's needs, either face-to-face or over the phone, and identify the most appropriate course of action. Volunteer Expenses are paid.

If you are interested in volunteering, please send an email to volunteer-recruitment@ca-ce.org.uk with a daytime telephone number, or visit our website www.ca-ce.org.uk and complete the form or call 03300 563037 to leave your details. Alternatively you can call in to our office at 2 Sandgate, Penrith.

… or if you need to consult your MP…
these are the details:

Christian Hilton / Office of Dr Neil Hudson
MP / Penrith and The Border
01768 484114
or email: Mail: christianb.hilton@parliament.uk
or website: URL: www.neilhudson.org.uk

Eden Carers

Do you care? If so Eden Carers may be able to help you. We are a charity providing free support to unpaid Carers; throughout Eden, who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5 to 18 years). We provide statutory carers' assessments: information and signposting; 1 to 1 support; benefit information; newsletters, support groups including after school clubs for Young Carers; social events; training and activities. Contact us on 01768 890280 or enquiries@edencarers.co.uk Let us help you care.

Inner Wheel

We have two manual wheelchairs for temporary use by local people. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed.

My contact phone number is 017683 53324. Gillian Whiting, Secretary, Appleby Inner Wheel

Upper Eden Food Bank

With the situation as it is, Citizens Advice are now asking that if you know of anyone, or you yourself are now finding you can't afford food, you can call 0808 2082138 for free (open Mon to Fri 9am to 5pm). If needed, they would issue a reference number. This would all be treated in strict confidence of course.

All details can be found on the UEFB website…. upperedenfoodbank.org.uk or by calling 07596 690902

Other UEFB contacts:

website URL: www.ksaandtcircuit.org.uk
Facebook upperedenfoodbank
Email upperedenfoodbank@gmail.com
☎07596 690 902

Tourist Information Centre

Presently located in the West Cloisters, and opening hours are Monday to Saturday, 10am to 3pm.

Or can be contacted on ☎017683.51177

Penrith and District Red Squirrel Group

Your native red squirrels need you! Become a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey or sickly red please ring Gary Murphy on 07974788434 Visit our website at www.penrithredsquirrels.org.uk to donate If you would like a talk for your club/group we can arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.

Coffee Mornings

Appleby Public Hall, Supper Room Saturdays - 9 am to noon

Date	**in aid of**
7th	Royal British Legion, Women's Section
21st	Appleby Friends of Guiding

Also, on the 21st from 10 till 4 in the main hall:
Northern Crafts Market

Town Council

Moot Hall Repairs
Work on the Moot Hall is expected to begin in late August. This will entail scaffolding on the building and the closure to traffic of the branch of Boroughgate between the Post Office and the Crown & Cushion. Pedestrian access is not expected to be affected.

Highways
Work to make Pembroke Street one-way east to west is planned for the week commencing 23 August, provided there are no emergencies such as the sudden appearance of a sink-hole in Bridge Street on 14 July. Highways engineers were quickly on the scene, and once they had authority to close the road were able to repair the problem within 24 hours.

Appleby Fair
The government having stuck to its 'roadmap', laws in England restricting social gatherings ceased operation on 19 July. The Multi-Agency Strategic Co-ordinating Group's advice that people gathering for Appleby Fair should do so between August 12 and 15 is therefore unchanged. A public meeting to preview Fair arrangements was scheduled for the evening of 22 July at Appleby Public Hall.

Parliamentary Constituency Boundaries
The boundaries of constituencies electing an MP are regularlyly adjusted by the Boundary Commission to reflect local population changes. However, an unfulfilled government plan to reduce the number of MPs from 650 to 600 has meant that there have been no changes for over ten years: many of the 650 seats now have too many or too few voters. The Boundary Commission has now done an extensive revision exercise with a view to implementation in 2023. Its proposals, which are out for consultation, can be found by searching for 'Boundary Commission for England 2023 Initial Proposals'. Appleby would no longer be in Penrith & Border, but in Westmorland & Eden, with Kendal and Penrith in the same constituency for the first time in eight centuries of Parliament. If you have a view you can easily fill in and submit the online form, but must do so by 2nd August.

Bus Talk

From Friends of Eden Valley Public Transport, using information from Cumbria County Council

At the time of writing, Government guidance relating to protection from coronavirus on public transport is likely to change from 19 July.

Please continue to support any requests from bus operators relating to protection from coronavirus.

563 Appleby to Penrith (Mon - Fri) service (Stagecoach)

The improved 563 timetable introduced on 4th January by Stagecoach continues, including the service running throughout school holidays. From Monday to Friday, the first departure of the 563, departing from Appleby at 9.51 to Penrith, now goes via Brampton, Long Marton, Kirkby Thore Cherry Tree Garage and Temple Sowerby. The last departure of the 563 from Penrith at 13.30 and Bus Station at 13.40 follows the same route in reverse. The other 563 journeys follow the A66 route with a detour to Temple Sowerby as previously. All journeys now start and finish at Appleby Scattergate.

For details of the 563 timetable, go to www.cumbria.gov.uk/buses

S6 Kirkby Stephen to Brough to Penrith (Tues) service

The S6 service, operated by Western Dales Bus started on Tuesday 13 April. This service provides 3 return trips from Kirkby Stephen to Penrith calling at Brough and Warcop; it will not pick up passengers from Appleby Sands to Penrith on outward trips to Penrith or drop off passengers in the same section of the route on return trips. For details of the S6 timetable go to www.cumbria.gov.uk/buses

Community Transport

The Community Wheels service into/out of Appleby on Fridays is operating, including connecting with the 563 bus to Penrith as normal, although capacity on the Community Wheels minibus is limited due to social distancing requirements. To join the Community Wheels scheme or book a journey on the minibus, phone Cumbria County Council on 01228 226428. The Voluntary Social Car Scheme covering Appleby, Bolton, Temple Sowerby and Milburn is operating - if you would like to use this service, including to get to a Covid 19 vaccination appointment, please contact Valerie Kendal Scheme Coordinator on 017683 53159. For general information about Community Transport, phone Cumbria County Council on 01228 226428 or go to www.cumbria.gov.uk/communitytransport

Police Report

PCSO 5406 Ewbank & PC 2542 Hall

Antisocial driving

Our officers are continuing to tackle antisocial driving in the Appleby area.

Following a report of a number of vehicles witnessed speeding in the town centre, our PCSO was quick to respond and speak the drivers of the vehicles involved. Intelligence is being shared across the Eden area to continue to tackle such incidents.

Regular evening patrols are also conducted to ensure the safety of all road users.

School updates

On Monday 28th June, Appleby Primary School reported criminal damage to a wooden play house on the playing field. The CCTV was viewed, and the local PCSO was able to identify the offender and this has been dealt with

accordingly. The school have a policy, and due to Covid their grounds are shut after school hours. We would ask everyone to please be respectful and help keep everyone safe.

Following reports of young people on the roof at Appleby Grammar School, patrols will be carried out regularly around school premises during the evenings and summer holidays.

PCSO 5406 has been engaging with our community cohesion group. This is a meeting with Appleby Primary School and Appleby Grammar School and allows us to discuss any relevant concerns. This is really important and we have booked another catch-up meeting for early September. During this meeting it has been an exciting time to plan ahead to get things arranged for the new school year. We have arranged to do talks already on welcoming the year sevens, road safety and antisocial driving.

Joint emergency services work

Eden Officers took part in a multi-agency exercise in June near Warcop for a re-railing of a train. Thanks to Cumbria Fire and Rescue for organising and inviting us all. These multi-agency events are vital for us to coordinate responses to major incidents. Well done to all involved.

Appleby Edibles

The Licence from Eden District Council for allotments and a community garden at the Heritage Centre is now confirmed and skip gone, so the designing and improvement of the space continues apace.

We are still open 10am-12 on Tuesdays for casual socially distanced drop in, or other times by arrangement.

Contact Lucy 07710405357, , or applebyedibles1@gmail.com

Appleby Clubs, etc.

Bowling Club

Appleby Bowling Club is open for anyone wishing to come along and have a try at bowls. All you need is a flat pair of shoes, if you are interested please contact the club secretary Peter Metcalfe 01768352306 for more information.

Brownies

If you are interested in joining Brownies

in Appleby, please contact Alison

Taylor (Brown Owl) on 017683 61241

squidgums@hotmail.com

1st Appleby-in-Westmorland Scout Group are recruiting new members

Beavers (6-8yrs), Cubs (8-10.5yrs) & Scouts (10-14yrs)

We create stronger communities and inspire positive futures, by providing fun, friendship and adventure.

Join as a young person or volunteer and help young people gain skills to succeed.

Contact:

https://edenscouts.org.uk

1stappleby@edenscouts.org.uk

☎ 0845 094 6059

Lights…Camera…Appleby!

We look forward to bringing you Appleby Remote Cinema's autumn programme in September! By then we should have a sparkling new hearing loop in in place, fit for the size and scale of our impressive hall. In the interim, our team is supporting other exciting initiatives:

Westmorland Dales Walks and Activities

WESTMORLAND DALES

HERITAGE FUND

Westmorland Walks

The Westmorland Dales Landscape Partnership Scheme team is leading a number of walks exploring Orton Scar's cultural and natural heritage as well as the fascinating geology, history and wildlife of Great Asby

4th August: Round House to Long House

An archaeological survey over the last 20 years has revealed a rich and complex pattern of settlement on Little Asby Common that dates back to the Bronze Age. The webinar will present the results of past archaeological work and will outline the proposed community excavations of some of the more significant sites to be undertaken later this year.

1st September: Digging the Past

An overview of the forthcoming Digging the Past Westmorland Dales Landscape Partnership project getting volunteers supported by professional archaeologists to excavate up to thirty small test pits around the village of Ravenstonedale in Cumbria.

The walks and talks are popular so you'll need to reserve your place/s early via the events section of the Westmorland Dales Scheme website: www.thewestmorlanddales.org.uk

Young Explorers Capture the Sound of the Westmorland Dales

Children from Crosby Ravensworth, Great Asby, Orton, Shap, Tebay and Kirkby Stephen Primary Schools have been working with Cumbrian sound artist, Dan Fox, to record pieces of music made entirely from natural sounds collected on a 'sound walk' around their villages.

The collection of short compositions include the sounds of flowing and bubbling streams, birdsong and echoes, the rush of the wind through the trees, the knocking of branches, the vibrations from the twanging of a fence and the voices of children taking part.

The 'Sound Explorer' project is one of many forming the Westmorland Dales Landscape Partnership Scheme, which has been funded by a grant from the National Lottery Heritage Fund with the aim to engage people in revealing, conserving, enjoying and sustaining the hidden heritage of the Westmorland Dales.

Class 2 pupils from Great Asby Primary School said:

"We learnt everything and anything can make sound. We were surprised at how quiet the garden ponds were and found twanging the metal fence really cool. Also, who knew that grass can talk!"

During this unique group experience, Dan used industry standard, battery-powered location sound recording equipment linked via a wireless transmitter to each child wearing wireless headphones. Different types of microphones were utilised to enable the group to listen to different aspects of the landscape. The sounds range from close-up sounds using hydrophones and contact microphones to a wider sonic image with boom microphones and a parabolic dish. The children's favourite sounds were recorded during the walk, edited and mixed back in the classroom to create unique and immersive sound compositions.

The project closed with an online conference between all six of the schools involved, where the children got the opportunity to introduce and share their musical creations with each other. Dan Fox was on hand to explain how the sounds in each piece were collected and how the children discovered the diversity of sounds.

All of the sound creations are available to listen to online via the news section of the Westmorland Dales Landscape Partnership Scheme website at: www.thewestmorlanddales.org.uk

Cumbria's summer activity programme launches

With the school term about to end, Children and young people will be spoilt for choice of things to do this summer with Cumbria's Summer Holiday Activity Programme.

200 different activities are on offer from more than 60 organisations through the school holidays. From football camps and rock climbing to zoo visits and circus skills, the range of activities on offer is huge.

Funded by the Government's Holiday Activity and Food Programme all the activities are free for families whose children receive benefits-related free school meals. Over half of the activities also have paid-for places available to all children and young people. Around a third have additional free places available for children in particular circumstances, eligibility depends on the organisation running the activity.

Some activities are for single days, others offer a multi-week programme. All activities must be booked in advance.

Cumbrian families are being encouraged to visit www.cumbria.gov.uk/holidays to see the activities on offer and book.

Councillor Deborah Earl, Cabinet Member for Communities and Public Health, said:

"With the disruption caused by covid it has been a really tough year for the county's children and young people and we know it's often been toughest on those in low income families. This fantastic activity programme, with things going on all across the county, means there are now loads of free fun things for them to get involved with during the summer weeks - and more than half the activities are available to any child, not just those that receive free school meals.

"I'd also like to thank all the different organisations that have got involved in this programme, from big national companies to small community organisations, it's been great to see what fantastic range of activities the county can lay on. Places are filling up fast so book now to avoid disappointment."

Cath Clarke from Cumbria Youth Alliance said:

"I'm thrilled that we've been able to put together this fantastic programme for local families. The additional funding this year means there are activities to choose from in all the county's six districts. All the activities are searchable online, so it's easy to see if there are things that would suit your child. I'm really looking forward to hearing the feedback from children and young people once the activities start at the end of term."

The Cumbria Holiday Activity Programme is funded by the Department for Education's Holiday Activities and Food Programme 2021 and administered by Cumbria County Council working with Cumbria Youth Alliance.

Villages

Whether or not our government is correct in throwing all caution to the winds (whilst recommending that we go carefully) your editor assumes that life will now be very slowly and carefully moving back to something recognisable as normal, and therefore there would be intimations again of coming events.

Asby

Tuesday 17th August 3.00 pm Asby WI,

Dallison House, Asby; Afternoon tea in the garden

Ormside

Tuesday 3rd at 7:30pm	Ormside Girls
Wednesdays 11th and 25th 10:30 - 12	Coffee morning
Wednesday 18th at 7:30pm	Craft Night

The Famous Ormside Teas

10:30 to 4:30

August 21st to 22nd at Osmond Green

August 28th to 30th at Bromley Green Cottage

Long Marton

On Sunday 28th **something** will happen to welcome you back to the village institute, but what it will be is undecided. Keep watching the notice board!

Temple Sowerby

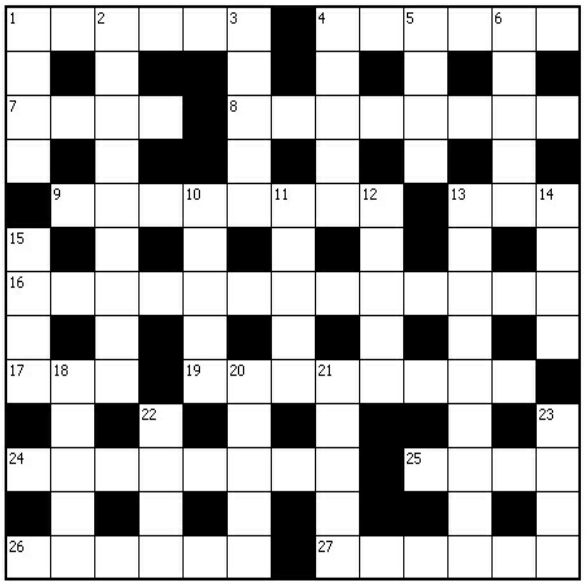
Temple Sowerby Gardening Club

Please email templesowerbygardeners@gmail.com or ☎ 62969 to go on the mailing list as the club makes plans for garden visits and talks for summer and autumn 2021. Also see website page https://templesowerby.org.uk/gardeningclub/

Yet another of the vicar's money-raising wheezes, I see

August Crossword

(solution page 15)



Across

1 Of Moses (6)
4 'You have been weighed on the — and found wanting' (Daniel 5:27) (6)
7 Where Jesus performed the first of his miraculous signs (John 2:11) (4)
8 Roman emperor who ordered all the Jews to leave Rome (Acts 18:2) (8)
9 Member of a conservative Jewish party in the Sanhedrin which believed there was no resurrection (Acts 23:8) (8)
13 South London Mission (1,1,1)
16 Sure of one's own ability (2 Corinthians 11:17) (4-9)
17 'At this the man's face fell. He went away — , because he had great wealth' (Mark 10:22) (3)
19 Airs used (anag.) (8)
24 'The Lord is my — , I shall not be in want' (Psalm 23:1) (8)
25 'He has sent me to — up the broken-hearted' (Isaiah 61:1) (4)
26 At or towards the rear of a ship (6)
27 Cross-carrying evangelist and world traveller, — Blessitt (6)

Down

1 Ridicule (Luke 18:32) (4)
2 Encased in strapped-on light shoes (Song of Songs 7:1) (9)
3 Cambridge Inter-Collegiate Christian Union (1,1,1,1,1)
4 'Father, give me my — of your estate' (Luke 15:12) (5)
5 Assistant (4)
6 On a par (John 5:18) (5)
10 Credo (anag.) (5)
11 Beaten with a rod (5)
12 The fourth of Job's 'comforters', who deferred making his contribution because of his junior status (Job 32:6) (5)
13 Chosen as a temple attendant, he was described by Ezra as 'a capable man' (Ezra 8:18) (9)
14 'Do not store up for yourselves treasures on earth, where — and rust destroy' (Matthew 6:19) (4)
15 Employs (4)
18 Associated with penitence for sins, along with sackcloth (Matthew 11:21) (5)
20 Association of South-East Asian Nations (1,1,1,1,1)
21 Sub-continent to which Baptist missionary pioneer William Carey devoted his life (5)
22 Recess at east end of a church (4)
23 One of the nine sons of Beriah (1 Chronicles 8:15) (4)

You can see a copy of this painting at: http://www.spanisharts.com/history/barroco/imagenes/ribera/ribera_suenojacobo.html

'The Lord is in this place'

In the 3rd century a Chinese philosopher, Chang Tsu, had a very vivid dream. He dreamed he was a butterfly, happily flying here and there. When he awoke, he thought to himself, 'Did Chang Tsu dream that he was a butterfly, or did the butterfly dream that it was Chang Tsu?' Dreams are often like that: crucial experiences which cause us to ponder and wonder about their meaning. The prophet Joel suggested that it was old men who dream dreams, while young people see visions. But dreams invade and colour our sleeping hours, whatever age we are.

In the Bible dreams are vital events. Think of Joseph in the Old Testament dreaming of his superiority among his brothers, the dreams of the cup bearer and baker at Pharoah's court, Daniel interpreting Nebuchadnezzar's dreams, and Joseph's dreams in the Gospels that were so crucial for the safety of the Holy Family. This month in our paintings we focus on 'Jacob's Dream' by Ribera.

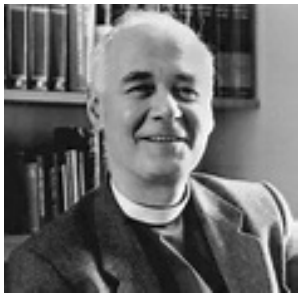
Jusepe de Ribera was a Spanish artist, whose most productive years were spent in Naples, where he died in 1652. This painting from 1639 is based on Genesis 28. After depriving his brother Esau of his birthright, Jacob is sent to Laban. At Bethel he rested and in his sleep received the vision of God's angels on the ladder to heaven with God's reassuring words of promise and blessing. When he awoke, Jacob set up an altar at Bethel, which he declared was the house of God and the gate of heaven.

To baroque artists, this scene in Genesis was seen as a prefiguration of the coming of Jesus, and in John's Gospel Jesus Himself told Nathanael that he would see the angels ascending and descending upon the Son of Man. For Ribera the subject of Jacob's dream is treated with great tenderness as Jacob sleeps beneath the luminous expanse of sky, which occupies a major part of the canvas. Not for him the depiction of winged messengers; no, the light of heaven falls down upon the sleeping figure, casting shadows on the ground. The angels, ethereal and insubstantial, are contained in the glory of light. The tree at the other side looks like a fallen cross, and Jacob almost like a sleeping disciple in Gethsemane. But here, he is in deep repose as his face is lit up with the golden glow of the heavenly messengers.

For Jacob, the dream is the golden assurance of God's blessing. As his saga continues in Genesis, he marries Laban's daughters, wrestles with the divine stranger, is given the name Israel, and his 12 sons become the ancestors of the 12 tribes of God's people. So, the blessing of the dream is worked out in his life and the life of Israel.

Dreams can come to give visions of the way life should be. Like Jacob, or perhaps like Martin Luther King and his prophetic words in 1963. In this month of August many of us will go on holiday to enjoy rest and recreation. As we end the days with sleep, we pray that like the Psalmist we will lie down in perfect peace and safety and know the refreshment Jacob found at Bethel: a repose which will restore our souls and bodies to bring life and vision wherever we may be.

Physicist and Priest: John Polkinghorne (1930-2021)



At the age of 48 the Cambridge Professor John Polkinghorne decided he'd done his bit for physics and that it was time for a different sort of adventure. Resigning his academic position, he trained for ordination in the Church of England. In an interview 40 years later he said, "It's one thing to go to church on Sundays but to give up a professorship and train for something else – that was a bit more than a gesture…I think a lot of people realised I was a religious person but they didn't expect me to take it quite that seriously…People were saying to me, 'Oh John what are you up to?' They mostly weren't thinking so much about my becoming a clergyman but just the fact that I was a Christian." (From Test of Faith, Paternoster, 2009)

John saw his work in science as a Christian vocation, and felt a responsibility to use his talents in that area. Once ordained he found himself thoroughly engaged in the conversation about science and religion. One of his main messages was that "I'm not a vegetarian butcher. There is a cousinly relationship between thinking about theology and thinking about science."

When asked for a Bible passage to appear at the end of his 2009 interview John chose Colossians 1:15–20: 'He is the image of the invisible God, the first-born over all creation. For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. He is before all things, and in him all things hold together. And he is the head of the body, the church; he is the beginning and the first-born from among the dead, so that in everything he might have the supremacy. For God was pleased to have all his fullness dwell in him, and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.'

John's explanation for his choice speaks volumes to anyone interested in the science-faith dialogue. *"I value this passage because it speaks of the cosmic significance of Christ, the One in whom all things hold together and who redeems all things (notice, not just all people) by the blood of his cross. Here meet my deepest religious beliefs and my strongest scientific concerns."*

All in the month of AUGUST

It was:

250 years ago, on 15th August 1771, that Sir Walter Scott, Scottish historical novelist, poet, and playwright was born. His best-known works include *Ivanhoe* and *Rob Roy*.

Also 250 years ago, on 7th August 1771, that the first recorded ascent of Ben Nevis was made. Scottish botanist James Robertson ascended Ben Nevis, the highest mountain in the British Isles. Nowadays, 100,000 people per year make the ascent.

125 years ago, on 17th August 1896, that the death of the first person killed in a motor accident in the UK took place. Bridget Driscoll was crossing a road in the grounds of London's Crystal Palace when she was hit by a car giving demonstration rides. By way of contrast, Brake.org.uk report that nowadays, an average of five people a day die on UK roads.

90 years ago, on 19th August 1931, that the Yangtze River and Huai River floods peaked

in China. It was one of the worst natural disasters of the 20th century; up to four million people died, and the floods lasted from July to November.

80 years ago, on 15th August 1941, that the German spy Josef Jakobs became the last person to be executed at the Tower of London. (He had parachuted into Britain during WWII.)

75 years ago, on 16th August 1946, that the Great Calcutta Killings took place in Kolkata India. Muslim and Hindu mobs rioted across the city following the Muslim League's demand for the creation of Pakistan. More than 4,000 people were killed and 100,000 left homeless. The riot sparked further religious violence in other provinces, leading to the Partition of India in August 1947.

60 years ago, on 13th August 1961, that East Germany sealed off the border between East and West Berlin to prevent the exodus of refugees to the West. Initially barbed wire fences were erected; construction of the Berlin Wall began on 15th August. The border reopened in 1989.

50 years ago, on 9th August 1971, that Northern Ireland introduced internment, the power to detain suspected terrorists indefinitely without trial.

40 years ago, on 25th August 1981, that the US space probe Voyager 2 reached Saturn and sent back images and data. It travelled to Uranus (1986) and Neptune (1989) before reaching interstellar space in 2018. 43 years after launching, it is more than 11.8 billion miles from earth, but remains operational.

30 years ago, on 6th August 1991, that the first website (info.cern.ch) went live. The web's inventor, Tim Berners Lee, also posted a description of the World Wide Web project on the alt.hypertext newsgroup, and provided a link to download the first web browser, which could only run on NeXT workstations.

Also 30 years ago, from 19th to 21st August 1991, that there was an attempted coup in the Soviet Union when hard-line members of the Communist Party tried to seize control from President Mikhail Gorbachev. The coup failed after three days and eventually led to the collapse of communism and the disintegration of the Soviet Union. On 29th August the Supreme Soviet suspended all Communist Party activities.

25 years ago, on 23rd August 1996, that Saudi Arabian-born terrorist Osama bin Laden issued a fatwa entitled *A Declaration of War Against the Americans Occupying the Land of the Two Holy Places*. Few people knew who he was at the time, and it received little attention.

Also 25 years ago, on 28th August 1996, that Prince Charles and Princess Diana were divorced after 15 years of marriage. No longer a 'Royal Highness', Princess Diana was now called Diana, Princess of Wales.

20 years ago, on 6th August 2001, that US President George W Bush received a daily briefing that warned Osama bin Laden was determined to strike in the USA. (This was six weeks before the 9/11 terrorist attacks.)

10 years ago, 21st-29th August 2011 that Hurricane Irene hit the Caribbean and made landfall in North Carolina. 49 people were killed and over $14 billion worth of damage was caused.

Queen's Platinum Jubilee – a celebration of faith & service – save the date!

A four-day Bank Holiday from 2nd to 5th June 2022 will mark the Queen's Platinum Jubilee. This is being called "an amazing opportunity" to bring our communities together for the celebrations, which end on Pentecost Sunday.

HOPE Together, the Church of England, the Methodist Church, Biblica and other key partners are currently planning for the Queen's Platinum Jubilee, with a specially commissioned souvenir book to give away; a new anthem for communities and churches to sing; a '70 Acts of Service' community challenge to adapt to use together with churches and other organisations, and lots of resources for children and schools.

Rachel Jordan-Wolf, HOPE's executive director said, "Churches are in an ideal place to bring communities together for national celebrations. We have the tables, chairs, crockery and PA systems – and we love making cakes!

"It is so appropriate that the nation and Commonwealth should be celebrating the Queen's Platinum Jubilee on the same weekend as Pentecost, the day when the church celebrates the gift of God's Holy Spirit."

The anointing of God's Holy Spirit was central to the Coronation and, in preparation for the day, The Queen prayed: 'Come, Holy Spirit, and daily increase in all of us, and in me, thy humble servant, thy manifold gifts of grace; the spirit of wisdom and understanding; the spirit of counsel and strength; the spirit of knowledge and true godliness, and fill us, O Lord, with the Spirit of thy holy fear, now and forever. Amen.'

Find out more at hopetogether.org.uk/jubilee

An anecdote from Dr. Pauline Coulthwaite, who retired just 25 years ago from general practice in Appleby

Morning Prayer with the Dean.

During 'lock-down', I went to the best morning service I have ever attended. It is produced and presented by Dean Robert of Canterbury Cathedral each morning. The service takes place in The Deanery Garden, and the Dean is usually attended by cats, pigs, hens, turkeys and other birds; and always in varying areas of the magnificent garden. The Dean's theology has helped me understand the Bible in a much deeper way.

The service is broadcast on-line on the Cathedral web site, and his 'Garden Congregations' extend to millions world wide, and is to continue when we are 'unlocked'.

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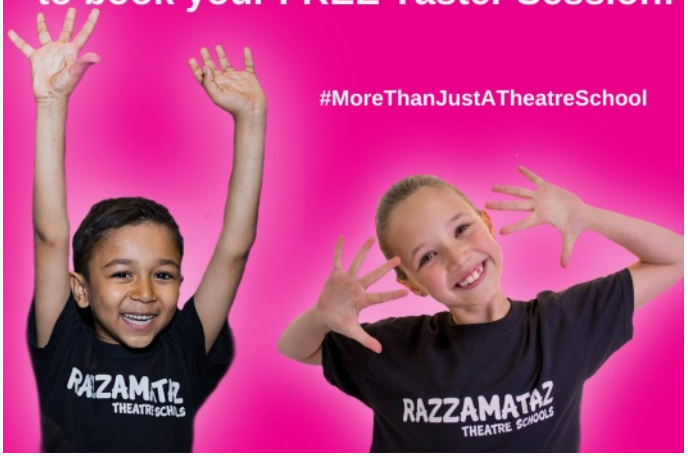

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Tuesday from 1.30 - 3.00pm & Friday 10.00 - 11.30am

(Come and go as you please)

We share a variety of hobbies and activities, which help us look after our wellbeing.

You may like to chat, but you don't have to say anything. Feel free to switch off your camera and just be part of the group anonymously if that helps.

Hosted by the local church, but open to people of all faiths and none. We start and end each session with a 5 - 10 minute meditation and prayer, which we find helps with wellbeing. You are most welcome to join in or to come after the prayer time and leave just before. We look forward to spending time with you.

Contact Kristy Pattimore kristy@pattimore.com

Tel. 07480 935119 for details of how to join the Zoom

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~~16th June Ingleton~~
~~7th July Arrow Sterling~~
to be advised

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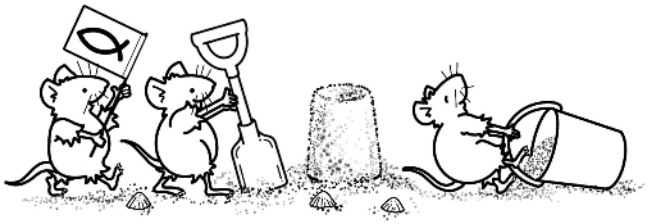

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Sun.1st Trinity 9	10:45 HC			10:45 HC Warcop	15.00 EP		10.30 HC			9.00 HC	18.30 HC
Sat.7th				12.00 A Orr Memorial							
Sun.8th Trinity 10	10:45 HC		9.15 HC	10.00 HC Musgrave		15.00 Compline			10.30 MP		11:00 United at Baptists
Sun.15th Trinity 11	10:45 MP lay led	18.30 Evensong	10.00 DIY service	10:45 HC Warcop, followed by baptism			10.30 HC	10.30 MP			18.30 EP
Sun.22nd Trinity 12	10:45 HC		18.00 EP	10.00 HC Musgrave		15.00 HC			10.30 HC		15.00 Service in a Wood
Sun.29th Trinity 13	10.45 Benefice Service to celebrate Creation Sunday Treading Gently at St Lawrences										11:00 United Service

Note: Appleby Horse Fair scheduled for weekend of 14/15 August 2021 – for travel considerations