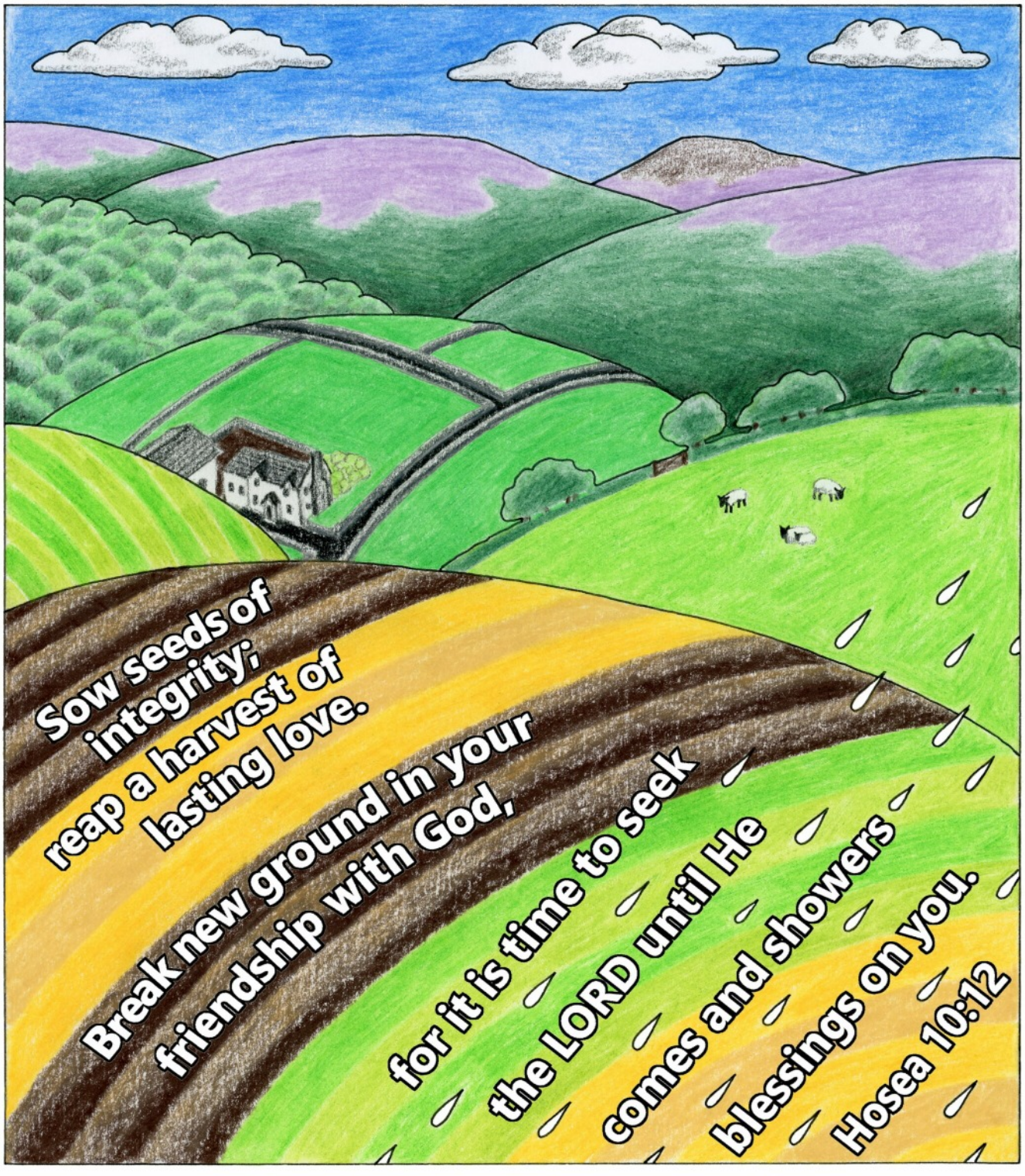
Heart of Eden The News Magazine of the Benefice

October 2021

St. Lawrence, Appleby and St. John, Murton-cum-Hilton; St. James, Ormside; St. Peter, Great Asby;, St. Cuthbert, Dufton; St. Margaret & St. James, Long Marton; St. Cuthbert, Milburn; St. Columba, Warcop & St. Theobald, Musgrave; St. James, Temple Sowerby; St. Michael, Kirkby Thore & St. Edmund Newbiggin.

Also with additional information from Methodist Churches at The Sands, Appleby, Great Asby, Warcop and Dufton with Knock & The Roman Catholic Church of Our Lady of Appleby

We also bring information from the council, local voluntary organisations, clubs and associations, buses and trains, events at the villages of the Mid-Eden Valley, and we are partly supported by the firms whose advertisements follow the news items.



What's on this month in the Heart of Eden?

?What's on?? What's on?? What's on??

Church Registers August / September

Baptisms…*We welcome into the Lord's family:*

1st August	Danny Nelson	St. Lawrence, Appleby
15th August	Freddie Ellwood	St. Columba, Warcop
22nd August	Millie Richardson	St. Cuthbert, Dufton

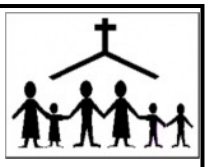
Weddings…*We congratulate:*

21st August	Daniel Thomas Atkinson & Rachael Kirsty Walker	Sands Methodist Church
4th September	Jack Hall & Marina Idle	St. John, Murton
25th September	Chris Barden & Claire Hunter	St. Michael, Kirkby Thore
25th September	Martyn Henderson & Hannah Christine Bell	Sands Methodist Church

Funerals…*May they rest in peace and rise in glory:*

16th September	Lorna Graham	Sands Methodist Church
18th September	Ruby Bellas	SS. Margaret & James, Long Marton
21st September	Dorothy Norman	Sands Methodist Church
23rd September	Dirk Coward	St. Cuthbert, Dufton
24th September	Terry Armitage	St. John, Murton
27th September	Jonathan Barker	St. Lawrence, Appleby

The editor would like to apologise in advance for any errors or omissions in the above list. This is due to the fact that the team secretary is currently unwell



Church of England:

Rector: Rev. Dr. Clive Hicks ☎ 017683 62436

Associate Priest: Revd Peter Boyles (on sick leave)

Retired Priest: Rev. Roger Collinson ☎ 017683.52886

For (C of E) wedding bookings contact Joyce Keetley, Office Manager, email: applebymc@carlislediocese.org.uk and for baptism bookings contact the Revd Peter Boyles email: peterboyles@hotmail.co.uk

Methodist Minister: Rev. Andrew Sterling: ☎ 017683 51244

Roman Catholic Parish Priest (Our Lady of Appleby)Church Fr. Peter Houghton ☎ 017683 51474

Newsletter Delivery

As on-line delivery of this newsletter is strictly by the editor's list of email addresses, and as a link from "A Church Near You" (https://www.achurchnearyou.com/church/12199/), if you or anyone wishes to read it, please get in touch with the editor for a copy, or follow the link.

News from the Churches

There are so many ways in which people connect with our churches.

Christenings and Baptisms have brought, and will bring, a number of local families, and others with a strong local and church connection, together in our Benefice – at Warcop, Dufton, Appleby, Milburn, Ormside, Murton and Temple Sowerby.

It has been very rewarding for our clergy to take wedding services in recent months, too, at Appleby, Musgrave, Dufton, Warcop, Long Marton, Murton, Kirby Thore and Temple Sowerby. There have been some amazing floral decorations in our churches, with archways of flowers at the door or inside. Local churches have offered a very warm welcome.

We are reflecting big themes in Cumbria in our services and actions – special attention to care of the environment, on Climate Sunday, and the completion of Ecochurch audits, with action plans for a number of our churches. Anything from rewilding parts of our churchyards, to the use of energy efficient bulbs, and a focus on recycling. St Lawrence, Appleby, is to be one of a number of regional and national centres where we seek to promote Health and Healing – a Healthy Healing Hub – offering healing prayer on a more regular basis during and beyond church services.

This has also been an important season to gather momentum again, back into normal patterns, including fundraising – whether it be open gardens, teas, celebrating work in our churches, displays, refreshments, it has been very powerful to see how our church communities reach out to enable others to have stronger social connections. The Heart of Eden editor,

Richard, also completed the Great North Run, to raise well over £1,000 for St James's, Ormside.

It is wonderful to be engaging with our schools again, with a recent act of Collective Worship the first with clergy in our Temple Sowerby CofE school for well over a year. The theme that morning was the "hope" which our church buildings can offer – spaces to think and pray, places to admire works of art (as at Coventry Cathedral), and join with others for concerts, for services and social contact.

St Lawrence, Appleby, opened its doors for visitors during the Horse Fair, and saw a large number of visitors over that weekend. Special mention here of returning traveller families who for several generations have seen their young ones christened – once again, we were busy serving them, and reaching out with real interest and friendship. They were certainly most appreciative.

This is also a season for us to engage in the public consultation around the route for the A66 dual carriageway. I'd urge everyone to try to find out what the impact will be in their part of the Eden Valley. There are points that need strong local support – (i) for serious consideration of an alternative route, proposed by the Parish Council, for the Brough leg past Appleby; (ii) for consideration of a junction for Long Marton and Bolton, giving improved east-west links; (iii) for the impact of alternative routes past Kirkby Thore. Wherever you live, you should find out more and make your voice heard!

And as we enter October, this is also when move into some of the most iconic services and village/town/church-focused activity of the year – for Harvest, for Remembrance, and then Advent and Christmas. We will see many opportunities for welcome and hospitality across the Eden area, and I hope an upwelling of hope, gratitude and joy in the possibilities we share together.

God bless us all.

Clive

St. Lawrence, Appleby

Churchwardens: Jean Hutchison
Jo Ayres (☎52017)

Secretary: Jo Ayres

The Order of Compline.

After many months of not being able to have Compline at St Lawrence's we are delighted to announce that we can resume service from the beginning of October on the 1st and 3rd Mondays of the month at 7pm. The Order of Compline is a quiet and prayerful time, based on an ancient Monastic Service, and lasts about 30 to 35 minutes.

On 4th October we will remember St Francis of Assisi.

On 18th October we will remember St Luke the Evangelist.

Everyone is welcome to come to St Lawrence's and join us. we would be delighted to see and meet you.

St. Peter, Asby

Churchwarden: vacant

PCC lay chair: Peter Miller ☎51707

Secretary: Karen Royle
☎ 07966.371044

St. Cuthbert, Dufton

Churchwardens:
Mrs. Gillian Bryan ☎ 51414
Mrs. Pam Day

Secretary: Mrs. Louise Stewart

St. Michael, Kirkby Thore

Churchwarden:
Margaret Davidson ☎ 017683.61699

Church Warden and Secretary:
Maeve Moore ☎ 017683.62005

SS. Margaret & James, Long Marton

Churchwardens:
Mrs. Josie Cannon ☎ 017683.51386

(Acting) Mr. Lutaf Greenshaw
☎ 07802254982

St. Cuthbert, Milburn

Churchwardens:
Mrs. E. Godfrey ☎ 61007
Mr. Leigh Harding ☎ 0333.014.3944

Secretary: Christine Braithwaite

St. John, Murton cum Hilton

Churchwarden: Jean Hutchison)

Secretary: Jo Ayres ☎ 52017

St. Theobald, Musgrave

Churchwarden: Hannah Fox
Hannah.Fox17@outlook.com

St. Edmund, Newbiggin

Churchwardens:
Mrs. M P. Sawrey-Cookson ☎ 61574
Tim Whittaker

St. James the Less, Ormside

Churchwarden: Margaret Parry

Secretary: Richard Parry

both ☎51043

Further to our secretary's Great North Run tour of Tyneside, and appeal on https://www.justgiving.com/crowdfunding/ormsidechurch, the response has been enormous, so thank you to everyone who has contributed.

St. James , Temple Sowerby

Churchwardens:
Anne Farmer, Angela Cleasby

Secretary: Helen Morgan

St. Columba, Warcop

Churchwarden: Joyce Keetley
keetleyjd@sky.com

Our Sister Churches

Methodist Church

Rev. Andrew Sterling ☎51244

General Enquiries Linda Taylor (53448)

Roman Catholic Church of Our Lady of Appleby,

Gartheads Road, Appleby

Fr. Peter Houghton ☎51474

Mass Sundays at 11am

…and last but not least
St. Anne's Hospital (Boroughgate Almshouses)

St Anne's Hospital (aka Lady Anne's Almshouses) is now open daily from 10 am to 5 pm. We are no longer a closed order! The Trustees ask that anyone wishing to look around the Chapel wears a mask… and the Tuesday morning services have now started - 9:15am, matins except first Tuesday of the month Holy Communion.

News from the Area

Age UK - Carlisle and Eden

For information just ring Pat Mchugh on 07958936694.

Heart of Westmorland Bereavement Support Group

For more information please contact: Kevin Robinson – 017683 51569 or Revd Sandy Pearl – 01931 714564

Cancer Information and Support in Eden

"Come for Coffee" drop-in sessions take place in the Bennett Room, Appleby Hub on the 1st and 3rd Mondays of each month (this month 4th and 18th) from 10am to noon (excluding bank holidays). Anyone affected by cancer is welcome (whether patients, relations or carers of any age). In addition to coffee and a chat, there is an optional gentle exercise class from 10.30 to 11.00 If you require any further information regarding the meetings please telephone Rosie on ☎017683 52263 or Jackie on ☎017683 52277.

Citizens Advice Carlisle and Eden

Volunteers needed

Coronavirus has made life hard for many people. Citizens Advice Carlisle and Eden (CACE) is here to help. In the last year CACE has provided free, confidential, independent advice and support on matters including employment, debt, benefits, housing, energy and consumer affairs to around 5,000 people.

Locally, we rely on a team of committed volunteers in a number of roles. To support our work we now want to recruit:

Trustees who ensure the organisation satisfies its legal and contractual obligations and help to shape its future direction; Are you able to devote some spare time, typically 5-8 hours a month, to help us make decisions about our work?

We need a range of skills, and your background is less important than your commitment to our aims and principles. You will need the ability to communicate well, work effectively as a team member and exercise sound judgement. A full induction will be provided.

Digital Advisers: to work with clients by email and on the phone to provide advice across a wide range of issues. You will need to undertake a rigorous training programme, have good IT skills and commit to one day a week of volunteering

If you are interested in either role, full details and how to apply can be found at: http://www.ca-ce.org.uk/ or email volunteer-recruitment@ca-ce.org.uk with a daytime phone number so we can call you for a chat

…. or if you need to consult your MP…
these are the details:
Christian Hilton / Office of Dr Neil Hudson
MP / Penrith and The Border
01768 484114
or email: Mail: christianb.hilton@parliament.uk
or website: URL: www.neilhudson.org.uk

Eden Carers

Do you care? If so Eden Carers may be able to help you. We are a charity providing free support to unpaid Carers; throughout Eden, who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5 to 18 years). We provide statutory carers' assessments: information and signposting; 1 to 1 support; benefit information; newsletters, support groups including after school clubs for Young Carers; social events; training and activities. Contact us on 01768 890280 or enquiries@edencarers.co.uk Let us help you care.

Inner Wheel

We have two manual wheelchairs for temporary use by local people. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed.

My contact phone number is 017683 53324. Gillian Whiting, Secretary, Appleby Inner Wheel

Upper Eden Food Bank

With the situation as it is, Citizens Advice are now asking that if you know of anyone, or you yourself are now finding you can't afford food, you can call 0808 2082138 for free (open Mon to Fri 9am to 5pm). If needed, they would issue a reference number. This would all be treated in strict confidence of course.

All details can be found on the UEFB website…. upperedenfoodbank.org.uk or by calling 07596 690902

Other UEFB contacts:

website URL: www.ksaandtcircuit.org.uk

Facebook upperedenfoodbank

Email upperedenfoodbank@gmail.com

☎07596 690 902

Tourist Information Centre

Presently located in the West Cloisters, and opening hours are Monday to Saturday, 10am to 3pm.

Or can be contacted on ☎017683.51177

Penrith and District Red Squirrel Group

Your native red squirrels need you! Become a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey or sickly red please ring Gary Murphy on 07974788434 Visit our website at www.penrithredsquirrels.org.uk to donate If you would like a talk for your club/group we can arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.

Coffee Mornings

Appleby Public Hall, Supper Room Saturdays - 9 am to noon

Date	in aid of
16th	Warcop and Sandford WI

Also, on the 9th from 10 till 4 in the main hall:
Northern Crafts Market

Town Council

Moot Hall

The Moot Hall is now under scaffolding and plastic sheets for renovation work likely to last for several months. 20th Century cement rendering which sealed in damp and caused serious decay is being removed, exposing the original sandstone structure. How the building will ultimately be finished is yet to be determined. Historic England, who have provided some 80 per cent of the funding, have the principal say. Other financial contributors include Appleby Town Council, Eden District Council and the Norben charity. While this work is ongoing the western branch of Boroughgate between the Post Office and the Crown & Cushion will be closed to traffic. Litter bins located on the walls of the Moot Hall are now inaccessible, but a replacement on the island south of the building is planned.

Public Hall Events

The evening of opera highlights staged in the main hall by Cumbria Opera Group was well attended and enthusiastically received. Remote Cinema is also set to resume showing films and serving food; and Saturday Coffee Mornings are again being held in the Supper Room, as are monthly meetings of the Appleby-in-Westmorland Society. All are enhanced by the refurbishment of the first and ground floor kitchens during lockdown. Wi-fi connectivity in the Hall has also improved, thanks to the help of Cumbria CC.

Post-Fair Meeting

This was held in the Public Hall on 2 September. Social distancing requirements limited attendance by members of the public to 100 on a first-come-first-served basis, as advertised on social media. The Town Council regrets the disappointment of people who arrived too late to be admitted, because all places were taken.

Highways

Work to make Pembroke Street in Appleby one-way was carried out at the end of August. Contrary to what I then thought last there was more to be done on the by-pass; that is on-going. The A66 Northern Trans-Pennine Project consultation was officially launched on 24 September. Documents are accessible online at highwaysengland.co.uk/A66-NTP. Information can also be obtained at drop-in sessions held at Appleby Hub on 9 October (1500-2000), 10 October (1000-1600) and 11 October (0800-1400).

Remembrance Day

Appleby's Remembrance Day parade is planned for Sunday 16 November, with a civic service at St Lawrence's Church at 11 am. The corresponding ceremony in Penrith will be at 2 pm (parade) and 2.30 pm (service.

Bus Talk

From Friends of Eden Valley Public Transport, using information from Cumbria County Council

Please continue to support any requests from bus operators relating to protection from coronavirus.

563 Appleby to Penrith (Mon - Fri) service (Stagecoach)

The improved 563 timetable introduced on 4th January by Stagecoach continues, including the service running throughout school holidays. From Monday to Friday, the first departure of the 563, departing from Appleby at 9.51 to Penrith, now goes via Brampton, Long Marton, Kirkby Thore Cherry Tree Garage and Temple Sowerby. The last departure of the 563 from Penrith at 13.30 and Bus Station at 13.40 follows the same route in reverse. The other 563 journeys follow the A66 route with a detour to Temple Sowerby as previously. All journeys now start and finish at Appleby Scattergate.For details of the 563 timetable, go to www.cumbria.gov.uk/buses

S6 Kirkby Stephen to Brough to Penrith (Tues) service

The S6 service, operated by Western Dales Bus started on Tuesday 13 April. This service provides 3 return trips from Kirkby Stephen to Penrith calling at Brough and Warcop; it will not pick up passengers from Appleby Sands to Penrith on outward trips to Penrith or drop off passengers in the same section of the route on return trips. For details of the S6 timetable go to www.cumbria.gov.uk/buses

Community Wheels on Fridays – Back in full swing

Cumbria County Council are welcoming back service users of Community Wheels for residents of Dufton, Knock, Silverband, Milburn, Barrowmoor, Scattergate, Asby, Ormside, Warcop and Sandford to travel to Appleby. We are still encouraging use of face masks and good hygiene measures, also giving space where possible.

There have been some changes due to the extended bus service of the 563. We no longer serve Long Marton or Brampton. Some users may also be able to use the bus service from the road ends of Scattergate and Barrowmoor, however if you cannot reach the bus stops, then you can still use Community Wheels.

We also wish to thank the Appleby HUB for allowing us to use their minibus.

To join the scheme, please ring 01228 226430.

If you would like to join the rota of drivers (with D1 on your licence or a medical which shows the same capabilities), please contact Katy on 07788 396194.

For more information please visit www.cumbria.gov.uk/communitywheels

The Voluntary Social Car Scheme covering Appleby, Bolton, Temple Sowerby and Milburn is operating - if you would like to use this service, including to get to a Covid 19 vaccination appointment, please contact Valerie Kendal Scheme Coordinator on 017683 53159. For general information about Community Transport, phone Cumbria County Council on 01228 226428 or go to www.cumbria.gov.uk/communitytransport

Appleby Edibles

The Licence from Eden District Council for allotments and a community garden at the Heritage Centre is now confirmed and skip gone, so the designing and improvement of the space continues apace.

We are still open 10am-12 on Tuesdays for casual socially distanced drop in, or other times by arrangement.

Contact Lucy 07710405357, , or applebyedibles1@gmail.com

Appleby Clubs, etc.

Bowling Club

The outdoor season has finished, and now we start to play short mat, come along and have a go, contact the club secretary 017683 52306 for more details

1st Appleby-in-Westmorland Scout Group are recruiting new members

Beavers (6-8yrs), Cubs (8-10.5yrs) & Scouts (10-14yrs)

We create stronger communities and inspire positive futures, by providing fun, friendship and adventure.

Join as a young person or volunteer and help young people gain skills to succeed.

Contact:

https://edenscouts.org.uk

1stappleby@edenscouts.org.uk

☎ 0845 094 6059

Appleby Gardeners

21st October details tba

Lights…Camera…Appleby!

Supernova (15)

Saturday 9th October, 7.00pm in Appleby Public Hall

Veteran actors Colin Firth and Stanley Tucci

dazzle in this elegant and restrained drama about love and mortality. Look out for familiar landscapes as this one has been filmed all over the Lakes District! SYNOPSIS: Sam and Tusker are traveling across England in their old campervan visiting friends, family and places from their past. Since Tusker was diagnosed with young-onset dementia two years ago their lives have had to change. Directed by Harry Macqueen.

We will be serving a classic Cumberland sausage & mash with a red cabbage side and gravy from Appleby's Low Howgill Butchers & Deli. Vegetarian sausage will also be served. Tickets £11 for food and film, film only tickets, £4. Please book all tickets in advance.

Doors open 6pm, food served 6.15-6.30pm. Film screening at 7pm. Pay bar, raffle and interval ice-cream from the Jersey Ice Cream Farm, Melkinthorpe.

All tickets from Appleby Tourist Information Centre or the Courtyard Gallery, Appleby. For further information please tel: 07903 858093 or email: courtyardgallery@btconnect.com

Covid info: We will still do all we can to keep you safe. If you wish to sit in a 'bubbled' group, please book your tickets together. Food and drinks will be served at tables to avoid queueing. Although it is no longer obligatory, our volunteers will still be wearing masks. Please bring yours if you feel safer in doing so. We will aim to keep to social distancing advice and hand sanitiser will be readily available.

Make Appleby Remote Cinema (ARC) night your regular monthly social. All profits support further film and cultural events for Appleby.

ARC is run by volunteers and is a not-for-profit organisation. Remote Cinema is a scheme funded by the Big Lottery and offered to villages in Eden, by Eden Arts and Cine North. Follow us on our Facebook page: Appleby Remote Cinema Scheme

North West Arts

After the total concert programme disruption first by floods and then by dint of COVID's appearance in our world, it gives us great pleasure to announce our 2021-22 season's programme of six concerts (see attachment), which we dearly hope to welcome you back with.

It has been a desperate time for the musicians in our midst, many of whom have seen their income completely disappear and the majority were beyond the scope of the furlough payments made to the majority of the UK workforce. Some of the individual tales of their experiences are quite harrowing and I don't think anyone could have foreseen the arrival, or consequences, of such a pandemic as COVID. So it is a privilege to be able to bring some of them back to live stage performances and we look forwards to putting real live audiences in front of them too. I went to my first live concert las month as part of the Lake District Summer Music Festival and the buzz in the air was almost palpable and the musicians thrilled to be on stage again after such a long lay-off. We are staying abreast of COVID guidelines and shall format the hall to allow spacing between chairs and are lucky that the hall's very high ceiling allows safe air movement.

To learn more about our assembled programme, do visit our website at www.appleby-concerts.org.uk (or just Google Appleby Concerts) and also pay our NWA Facebook page a visit for a different angle - https://www.facebook.com/applebyconcerts/ As before, you can book tickets on-line for individual concerts and links are provided on our website.

Looking forward to welcoming you back on 10th October

Westmorland Dales Walks and Activities

WESTMORLAND DALES

HERITAGE FUND

Dementia Friendly Walks For All

Would you like to join our Dementia Friendly Walks For All in the Westmorland Dales or do you know someone who would like to take part or even volunteer. Please spread the word! These easy guided walks will enable people to discover the beautiful landscape of the Westmorland Dales with a friendly group of volunteers. The walks are likely to take place on Tuesday mornings from 10:30 am. The walks may be 1-2 miles long around the quiet villages of Maulds Meaburn, Orton, Great Asby, Shap and other locations. They will give walkers the opportunity to take in a little of the areas cultural heritage and get closer to wildlife. We hope these walks will provide opportunities for people living with dementia and their carers to get outdoors and enjoy nature, socialise and improve health and well-being.

If these walks are well received, we will provide guided walks across the area offering a gentle strollers group and a striders group for those wishing to explore further. We are hoping to deliver these walks from a local church, cafe or village hall with access to disabled toilets and somewhere to sit.

Further information can be found on our events page on the website: www.thewestmorlanddales.org.uk or please contact Nicola Estill: nicola-estill@fld.org.uk or ☎07814.305748 to register your interest in these events. We'll provide more details of about dates for walks once we have a better idea of the level of interest.

These projects are part of the Westmorland Dales Landscape Partnership scheme funded by the National Lottery Heritage Fund.

Villages

Asby

Tues	12th	7:30pm	Asby Village Hall: Asby WI: Meeting open to non-members: 'Life in the Arctic':Vivienne Tregidga, Village Hall.
Tues	19th	7:30pm	The Hollies: Asby MU: 'The story of a collection': Pat Bevan
Wed.	20th	8:30am	Asby WI Village Outing by coach to Chester, just £15. Open to all. To book contact Helen Cooper 52534 asap.

Dufton

Dufton Open Circle meets on the second Wednesday of each month at 7.30pm in Dufton Village Hall for a Speaker event and social gathering with brews and raffle. 1/2 year

Membership is £5 till December 2021 and £2 for guests on the night. Come and join us for a good evening out. We also have outings and coach trips. Contact Ges Quarmby, Dufton Open Circle Co-ordinator, on Ges789@gmail.com, or ☎017683 52628.

Dufton Village Hall Saturday 23rd October 7.30pm

Liz Cotton : 100% Cotton A Highlights promotion :

The story of a secret, rude songwriter!

Tender, honest and exquisitely naughty, Liz Cotton strums a life's worth of songs, anxieties, humour and love into a slyly provocative hour. A stunning guitarist, singer and songwriter!

"Jake Thackray meets Victoria Wood... delightfully comedic songs!" Fringe Review

"Expertly crafted... highly enjoyable and brimming with warm humour." Deadline News

Tickets: ☎017683 52902 / www.highlightsnorth.co.uk

Long Marton

Yoga classes on a regular basis now

Coffee mornings 2nd Tuesday of each month from 10am to noon - low key for now

Carpet Bowling dates to be arranged

Have a look at the village web site and village hall Facebook page.

Times, they are a-changing….

Wednesday 20th 7:30pm Long Marton Local History Group Topic to be arranged

Friday 29th 7:30pm Spooktacular in the hall ….fancy dress encouraged, details to be confirmed but booking is imperative! Watch this space!! Contact Nicola on ☎62301.

Ormside

Thursday evenings 6 to 7:30		Yoga
details from Polly on ☎07543.522711		
Tuesday 5th	7:30pm	Ormside Girls
Wednesdays 13th and 27th	10:30 - 12	Coffee morning
Wednesday 20th	7:30pm	Craft Night

Temple Sowerby

The majority of the Temple Sowerby Village Clubs and Activities have restarted. These include Garden Club, Coffee Morning, Ladies Lunch Club, a New Exercise Class and more. For details please check out the Village Website at https://templesowerby.org.uk/

Warcop

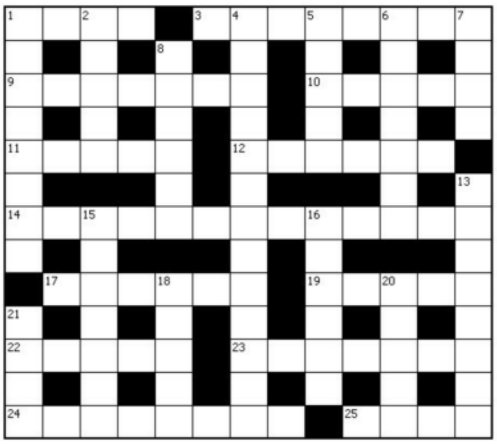
Second Saturday (this month the 9th) The regular monthly Coffee Morning in aid of Macmillan Cancer, 10am - noon. Donations of cakes and raffle prizes greatly appreciated

Thursday 7th October: The monthly Soup and Pud, 11.30am - 1pm

3rd Thursday (this month the 21st) 7:15pm: Remote Cinema

October Crossword

(solution page 11)



Across

1 'Those who were standing near Paul said, "You — to insult God's high priest?"' (Acts 23:4) (4)
3 They were assigned to guard the tree of life (Genesis 3:24) (8)
9 'Elkanah son of Jeroham, the son of Elihu, the — of — , the son of Zuph, an Ephraimite' (1 Samuel 1:1) (3,4)
10 Surrender (Joshua 24:23) (5)
11 Where American livestock can be reared (5)
12 Listen (anag.) (6)
14 Alternative name for Kiriath Jearim (2 Samuel 6:2) (6,2,5)
17 He founded Westminster Abbey, — the Confessor (6)
19 Hebrew word for the place of the dead (5)
22 Allies of Persia in the fifth century BC (Esther 1:3) (5)
23 Where John Wesley was forced to preach a lot (4,3)
24 Rebellion against God; abandonment of religious belief (8)
25 Note (anag.) (4)

Down

1 Give an account of (Mark 4:30) (8)
2 'I — — the path of your commands, for you have set my heart free' (Psalm 119:32) (3,2)
4 'He took the ephod, the other — — and the carved image' (Judges 18:20) (9,4)
5 'You are a chosen people, a — priesthood' (1 Peter 2:9) (5)
6 The meek, the merciful and the mourners are all this (Matthew 5:4–5, 7) (7)
7 Musical Instrument Digital Interface (1,1,1,1)
8 He was the son of Nun (Deuteronomy 34:9) (6)
13 'Let the little — come to me' (Matthew 19:14) (8)
15 'About three thousand were — — their number that day' (Acts 2:41) (5,2)
16 In John's vision, the wall of the new Jerusalem was made of this (Revelation 21:18) (6)
18 'Our citizenship is in heaven. And we eagerly — a Saviour from there, the Lord Jesus Christ' (Philippians 3:20) (5)
20 'Glorify the Lord with me: let us — his name together' (Psalm 34:3) (5)
21 Young Men's Christian Association (1,1,1,1)

St James the Least of All

When the film makers come to church

The Rectory

St James the Least of All

My dear Nephew Darren

It has all been excitement and activity here this last week, with a period drama being filmed using our church. It was remarkable how many people felt the need to drop in to church to collect magazines, check the reading rota or arrange flowers, just happening to stumble over the film stars en route. If only they were filming every week, then our brasses would be permanently gleaming, woodwork smothered in beeswax and the notice board kept in a state of perpetual tidiness.

Our Ladies Guild was thrilled to be asked to take part in a crowd scene. I saw little point in the wardrobe department taking hours fitting them out with Victorian dresses, as the result was little different from normal. The only awkward moment came after filming, when Mrs Simms was told she could now remove her bustle. She told the girl she already had.

The producer thanked me for taking the trouble of going round church before they arrived, removing all those modern conveniences that would not have been there in the nineteenth century. I hadn't the heart to tell him that nothing was any different from normal.

Lord Marchmount was thoroughly miffed that they were not also using his castle for filming, even though the producer explained with exemplary patience that they needed a nineteenth century setting, not one which looked as if the cast had just returned from the Crusades. His revenge, getting the farm staff to spread slurry in all the surrounding fields throughout filming, has apparently meant that film stars now have a clause in their contracts protecting them from rural life. The issue of whether the outbreak of salmonella poisoning in the cast had anything to do with the catering caravan being liberally coated is to be settled in the courts.

When all was finished, I thought it only right to invite the film crew and actors to the vicarage for sherry. When the producer left, I was delighted to be told he had just discovered the perfect home for filming his next project – which is about Elizabethan poverty.

Your loving uncle,
Eustace

Persecution of Christians set to rise in Afghanistan

As the Taliban tighten their grip on Afghanistan, Release International has warned that attacks on Christians are likely to rise across the region.

One church leader in Afghanistan said Christians were living in great fear. Some who worked for the government now face reprisals, and any identified as Christians could be killed. Christians risk betrayal, even from their own family members.

A Christian contact of one Release International partner describes the situation as 'dire.' Says 'Micah': "Our brothers and sisters in Christ are telling us how afraid they are. In the areas that the Taliban now control girls are not allowed to go to school and women are not allowed to leave their homes without a male companion."

The church in Afghanistan already faced sharp persecution, even before the Taliban advance. That church is invisible and must operate underground in this land where Muslims who change their faith are breaking the law and considered to have betrayed their communities.

To be exposed as a Christian is to risk being charged with apostasy, which is punishable by death or imprisonment. There have also been honour killings of Christians by their families.

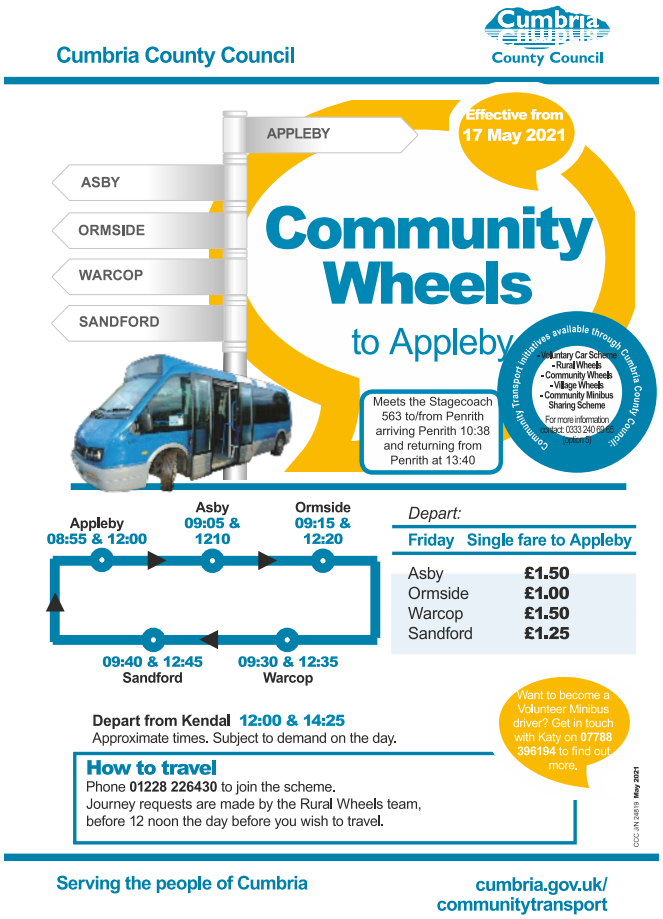
One of the communities worst affected by the Taliban is the Shia Hazara minority, which has been especially responsive to the Christian message.

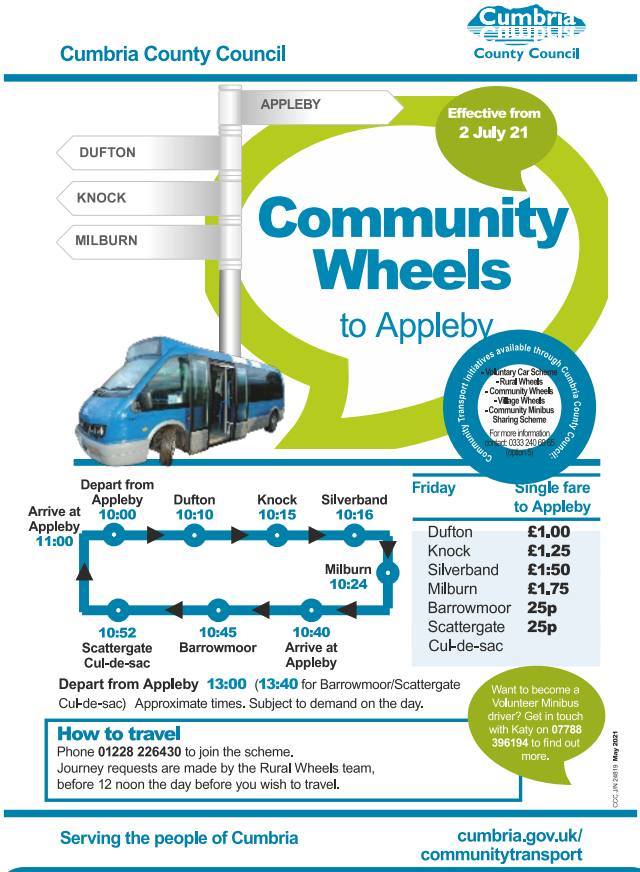
In May 2021, the Taliban bombed the Sayed Ul-Shuhada High School in Kabul, killing at least 85, mainly schoolgirls. The previous year the Taliban staged a shooting at a maternity clinic, killing women, children, and babies.

It was the Pakistan Taliban who shot 15-year-old Malala Yousafzai for going to school and telling the world about it in a blog.

Thousands of Afghans, including Christians, are now seeking refuge in neighbouring Pakistan. But the Taliban are growing in influence there, too. Before the Afghan president fled, he accused Pakistan of permitting thousands of jihadi fighters to cross its border to support the Taliban.

Through its international network of missions, Release International is active in some 25 countries around the world, supporting pastors, Christian prisoners and their families.





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S	O	N	T	O	H	U	■	Y	I	E	L	D
C	■	I	■	S	■	S	■	A	■	S	■	I
R	A	N	C	H	■	E	N	L	I	S	T	■
I	■	■	■	U	■	H	■	■	■	E	■	C
B	A	A	L	A	H	O	F	J	U	D	A	H
E	■	D	■	■	■	L	■	A	■	■	■	I
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Y	■	E	■	W	■	G	■	P	■	X	■	D
M	E	D	I	A	■	O	P	E	N	A	I	R
C	■	T	■	I	■	D	■	R	■	L	■	E
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If the wheelchair is powered, please provide make and model.

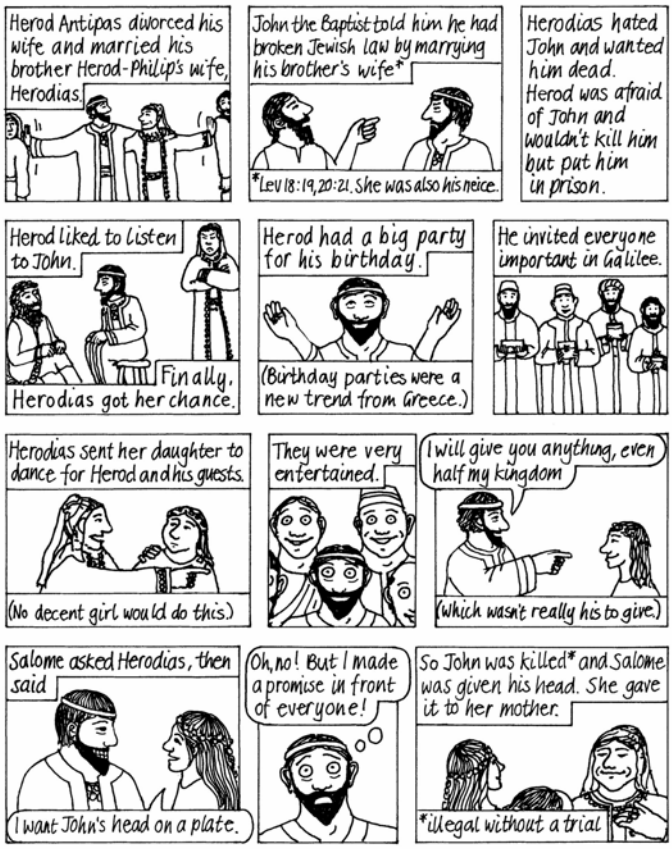
Emergency contact and telephone number

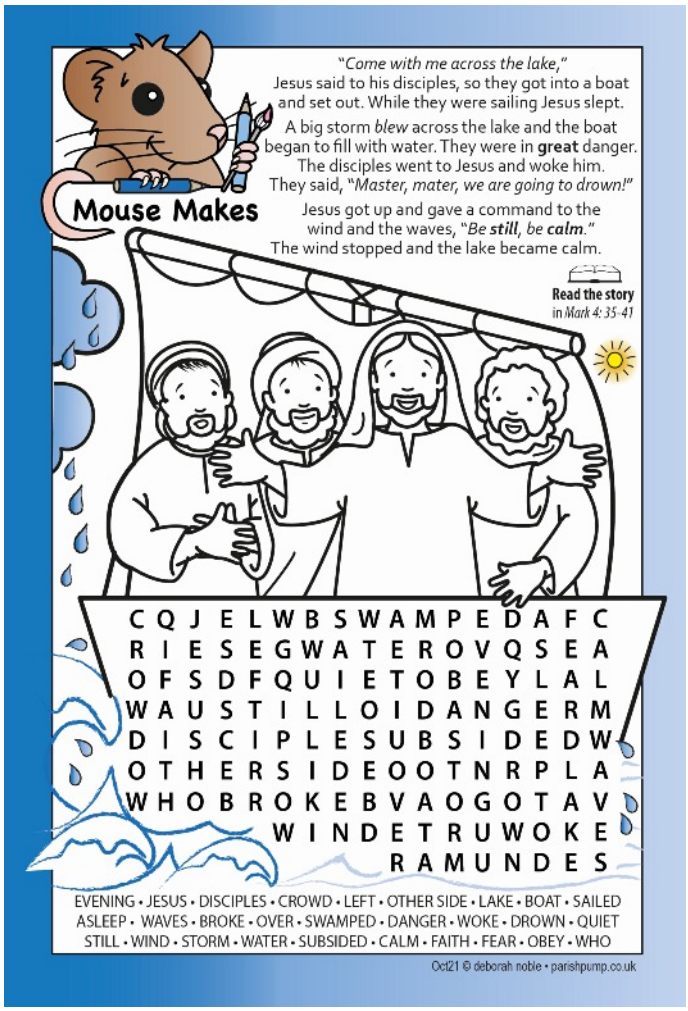
Bible Bite

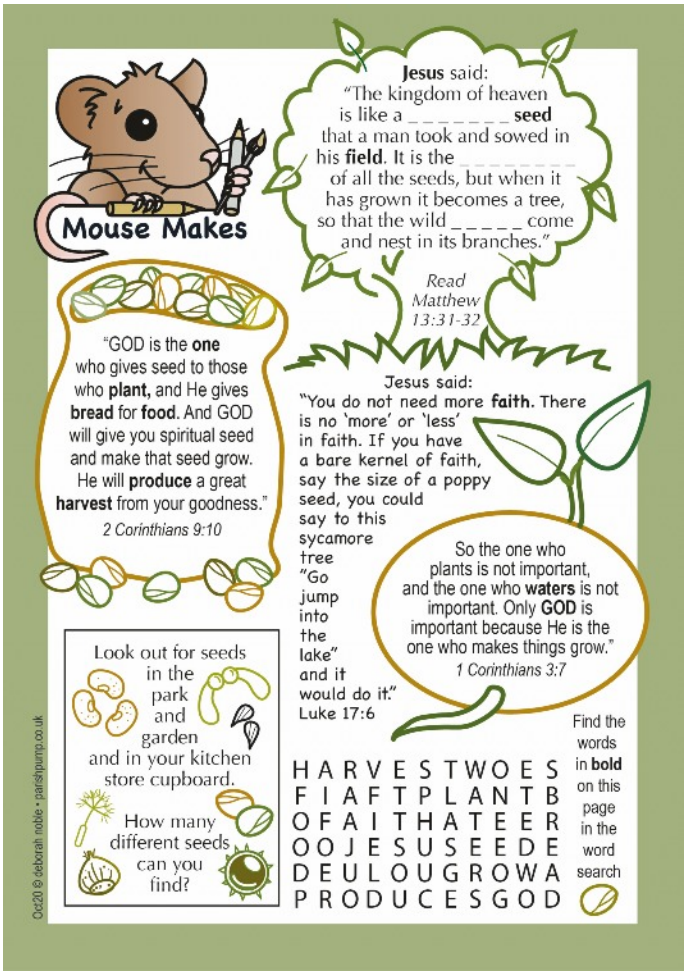
A short story from the Bible

It can be read in the Bible in Mark 6:17-28, Matthew 14:1-11

After Herod Antipator died, the Romans allowed his son Herod Antipas to rule Galilee and Peraea. He was hated by the Jews







Zebra crossings - saving lives for 70 years

Seventy years ago, on 31st October 1951, zebra crossings were introduced officially in the UK. The first one was in Slough, Berkshire.

The crossings had been trialled over two years at 1000 experimental sites, but in 1951 the black and white striped pedestrian crossings were approved, with their flashing Belisha beacons, and all drivers were required by law to stop as soon as a pedestrian set foot on them.

The crossings were the brainchild of Yorkshireman and traffic engineer George 'Dr Zebra' Charlesworth, a physicist who had worked on the Barnes Wallis-designed bouncing bomb during the war. His zebra crossings were certainly responsible for saving many lives.

The Belisha beacons, an integral part of the crossing but used since 1934, were introduced by Leslie Hore-Belisha, who served as Minister of Transport at the time.

Zebra crossings were adopted throughout the world, from continental Europe to North America, Singapore and Australia. They have now been superseded to some extent in the UK by pelican crossings, which are controlled by lights. These were introduced in 1969. While zebras were named because of their appearance, a pelican crossing (originally pelicon) is so named as a contraction of the phrase 'pedestrian light controlled'.

Anthony Ashley-Cooper, 7th Earl of Shaftesbury - the Poor Man's Earl

Think of Piccadilly Circus, and that small statue of the angel poised with bow and arrow. Most people think it stands for Eros. It does not. It stands for Anteros, his brother, the god of selfless love. It is a memorial to the greatest Christian Victorian philanthropist, politician and social reformer of his generation - Lord Shaftesbury.

Anthony Ashley Cooper, the 7th Earl of Shaftesbury (1801 - 1885) was a devout Christian who spent his life fighting to help ease the plight of lunatics, chimney sweeps, children in factories, women and children in the mines, opium addicts, and children without any education.

His own early life was loveless and bleak - his parents formal and frightening, his early schooldays a 'horror' of 'cruelty and starvation'. The only love came from the family's housekeeper, Maria Millis. A biographer wrote: 'She provided for Ashley a model of Christian love that would form the basis for much of his later social activism and philanthropic work.' The reality and homely practicality of her Christian love were a beacon for the young Ashley. She told him Bible stories, she taught him a prayer.

After Christ Church Oxford, where he proved an outstanding scholar, Ashley turned to politics. In 1826, aged 25, he was elected as Tory MP for Woodstock. He was eager to serve on parliamentary committees that got things done; his great life's work had begun.

Lunatics: In 1827 lunatics were kept chained naked in straw, forced to sleep in their excrement. They were washed in freezing cold water, with one towel for 160 people and no soap. There was gross over-crowding and inedible food: asylums were places to die in.

Shaftesbury's maiden speech in Parliament was in support of a Bill to improve conditions. He wrote: 'By God's blessing, my first effort has been for the advance of human happiness.'

It took years: from 1827 to 1884 he fought for a succession of Lunacy Acts, writing later of 'the years of toil and care that, under God, I have bestowed on this melancholy and awful question.'

Child Labour and Factory Reform. Again, reform took years. Shaftesbury fighting for the Ten Hours Act from 1833, 1842, 1844, 1846 and 1847 - when it finally got through Parliament. No child under the age of 9 should work in the cotton or woollen industries below the age of 9, and no one under 18 must work more than ten hours a day.

Miners. In 1842 he fought to outlaw the employment of women and children in coal mines.

Climbing boys. Thousands of young boys were dying in terrible pain - scorched, blinded and suffocated by soot, or with cancer of the scrotum. Ashley fought for Bills in 1840, 1851, 1853, 1855, 1864 until finally the Chimney Sweepers Act 1875 closed the practise down.

Education reform: 1844 Ashley became president of the Ragged School Union that promoted education for poor children. He wrote that if it were to fail, 'I should die of a broken heart'.

Religion. Lord Shaftesbury was a devout Christian who became a leading figure in 19th century evangelical Anglicanism. He was President of British and Foreign Bible Society for nearly 30 years. He was very sympathetic to the Jews, and advocated their return to the Holy Land.

Lord Shaftesbury's funeral service at Westminster Abbey on the morning of 8th October 1885 drew thousands of people. The streets along the route were thronged with the poor: costermongers, flower-girls, boot-blacks, crossing sweepers, factory hands and many more. They waited for hours just to see his coffin go by. He was dearly loved by them as the 'Poor Man's Earl'. One biographer wrote: 'No man has in fact ever done more to lessen the extent of human misery, or to add to the sum total of human happiness.'

The great preacher Charles Spurgeon called him 'the best man of the age'. He 'lived for the oppressed', he was a 'moral anchor in a drifting generation', 'friend of every living thing', 'he had a 'fervent love to God, and hearty love to man.'

Donatus - and the danger of exploring an unfamiliar church

When you are out and about on the road far from home, ever feel tempted to pop in and explore an unfamiliar church? If so, think of Donatus as your patron saint - and beware. You don't know what you may be letting yourself in for....

In 829 Donatus, an Irish monk, had completed a prayerful pilgrimage to Rome, and thought his adventures were over. Now there only remained the long road home to Ireland. He had got as far as the beautiful little town of Fiesole, which sits high above Florence in Tuscany, when he saw a lot of people milling about the cathedral. Curious, he decided to look in.... as he entered the cathedral, the bells rang, the lamps were lit and wham! Without any diocesan paperwork at all, he was acclaimed to be the new bishop the people had been praying for.

Donatus was very surprised, but accepted that this turn of events must be God's will for his life. So he became bishop, in a time when bishops did even more dangerous things than they do nowadays. Instead of verbal forays into the national press, Donatus was given the job of leading Pope Louis the Pious' troops against the Saracens.

Safely back in Fiesole, Donatus settled down as a scholar and teacher of his new flock. But he never forgot his native Ireland, and so did the 9th century equivalent of 'twinning' his diocese, for he opened a little hospice where any Irish pilgrims passing through Tuscany could stay in safety. He died in 876, and 12 centuries later, his relics lie in the present cathedral of Fiesole.

All Hallows Eve - or Holy Evening

Modern Halloween celebrations have their roots with the Celtic peoples of pre-Christian times.

In those long-ago days, on the last night of October, the Celts celebrated the Festival of Samhain, or 'Summer's End'. The priests, or Druids, performed ceremonies to thank and honour the sun. For there was a very dark side to all this: Samhain also signalled the onset of winter, a time when it was feared that unfriendly ghosts, nature-spirits, and witches roamed the earth, creating mischief. So the Druid priests lit great bonfires and performed magic rites to ward off or appease these dark supernatural powers.

Then the Romans arrived, and brought their Harvest Festival which honoured the Goddess Pomona with gifts of apples and nuts. The two festivals slowly merged.

When Christianity arrived still later, it began to replace the Roman and Druid religions. 1st November - All Saints' Day - was dedicated to all Christian Martyrs and Saints who had died. It was called 'All Hallows' Day'. The evening before became an evening of prayer and preparation and was called 'All Hallows' Eve', The Holy Evening, later shortened to 'Halloween'.

For many centuries, however, fear of the supernatural remained strong. During the Middle Ages, animal costumes and frightening masks were worn to ward off the evil spirits of darkness on Halloween. Magic words and charms were used to keep away bad luck, and everybody believed that witches ride about on broomsticks. Fortune telling was popular, and predicting the future by the use of nuts and apples was so popular that Halloween is still sometimes known as Nutcrack Night or Snap-Apple Night.

Today, Christians have learned to turn to prayer instead of charms to overcome the powers of darkness. And the deeper, true meaning of All Hallows' Eve, should not be forgotten. As Christians, we all draw closer to Christ when we remember and give thanks for our loved ones and for others who have gone before us through the gates of death.

Dracula isn't here!

A church in North Yorkshire has been trying to convince eager tourists that the vampire's grave is NOT in their churchyard.

Recently the church leaders at the Church of St Mary the Virgin, Whitby, even put up a poster in the entrance door which reads: "Please do not ask staff where Dracula's grave is as there isn't one. Thank you."

Whitby inspired Bram Stoker to write his novel, Dracula, in 1897. And it seems that Stoker first came across the name 'Dracula' in Whitby's library. It was another name for the blood-thirsty Romanian ruler, 'Vlad the Impaler'.

St Mary the Virgin stands beside Whitby Abbey, and has a churchyard. This prompts many tourists to ask for the exact location of Dracula's grave, even though of course Dracula never existed.

The grave that can be found, however, is that of a man named Swales, who is also mentioned in the book.

'Spread over us the tabernacle of your peace, O God'

For nine days at the end of September Jewish families will have gathered to celebrate the festival of Tabernacles. It is always a happy season as adults and children alike join for their Harvest feast. Many churches will be having their own Harvest Thanksgivings at the beginning of this month. We know this was a custom

revived by Parson Hawker in the Victorian period, but its roots lie in that Jewish feast which Jesus Himself knew and celebrated.

Each family erects a tabernacle or tent in the garden or back yard. They will have their meals and spend time there, relaxing with one another. The roof of each tabernacle might have branches of trees covering it, hung with fruits and fragrant flowers. The children decorate the tent with drawings and pictures.

Because it is only a temporary building for that time of the year, and because the roof is fragile, it is a reminder of the journeying of the Israelites in the wilderness when their safety rested on the goodness of God. It was God who watched over the people then. It is God who watches over them now and watches over the earth, so that it is fruitful, providing food for their health and happiness.

This feast is the subject of this month's picture by Simeon Solomon. He was a Jewish artist, born in London in 1840 into a family of artists. He made his own reputation through meeting the Pre-Raphaelites and the poet, Swinburne. Solomon was a colourful character of that period, whose life sadly ended in poverty and alcoholism. But this wood engraving was made early on in his life in 1866. It is part of a series illustrating Jewish customs, which Solomon provided for 'Leisure Hour.'

We see an elderly person on the left making his way into the tent, and at the other side a mother leading her children. The walls outside are adorned with palm branches and inside the tent a feast of fruits and food await them. The young boy seems hesitant, wondering what he will find and clinging to the hand of his mother. But all is well, for inside other members of the family are there to welcome them.

Solomon conveys the domesticity of this feast, and the young boy outside reminds us that Jesus Himself would have celebrated this feast with Mary and Joseph. They would also have gone up to Jerusalem to join the thousands of pilgrims there, as Jesus was to do later in His adult ministry. Each pilgrim would carry a branch of myrtle, palm and willow in one hand and a citrus fruit in the other, symbols of the fruits of the promised land. The air would be full of hosannas and praises to God.

Like the Jewish families at the Feast of Tabernacles, we shall gather for our Harvest Thanksgivings. Like them, we shall thank God for His faithful goodness in the past. Like them, we shall look ahead to the coming of God's kingdom, where God who feeds us now in food and drink will nourish us eternally. Like them, we shall proclaim, 'O taste and see how gracious the Lord is: blessed is the one who trusts in Him.'

Sorry, Lord, I just couldn't make it

The bells ring out on Sunday morn,
O did you hear their call?
They call the faithful ones to prayer
To Church they summon all.

But Lord, I cannot come today,
I live a busy life,
Still, when there's something special on
I'll try and send the wife.

It poured with rain last Sunday
An inch or two, I bet.
You surely can't expect me then -
I'd get my new suit wet.

Today the sky is blue and clear,
but the car's as black as ink.
And if I do not clean it soon,
What will the neighbours think?

You know I do my bit, dear Lord
I have a golden rule,
I sometimes send my kids along
To be at Sunday school.

But I really couldn't come as well,
There's grass to mow, and beds to weed
Shelves to fix, a dog to walk, and
Sunday newspapers to read.

And now this day has ended, Lord
How fast the weekends go!
I ask for faith and strength this week
For I feel (spiritually) quite low.

Inflame, O Lord, my feeble faith
My lamp burns rather dim,
For God depends on me, of course,
And I depend on Him.
Author unknown

After his induction, Harry met the leaders of the other denominations

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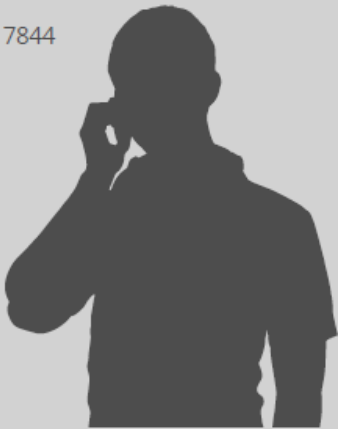

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Church Services for October 2021

Church of England

All

Sunday **31st** **10:45 (All Saints)**

Benefice Service Theme Follow Daily

Appleby, St. Lawrence

Fridays Holy Communion at 10am

Sunday 3rd	10:45	Harvest Service
Monday 4th	19:00	Compline
Sunday 10th	10:45	Holy Communion
Sunday 17th	10:45	Matins lay led
Monday 18th	19:00	Compline
Sunday 24th	10:45	Holy Communion
Sunday 31st	15:00	(All Saints) Faithful Departed

Boroughgate, St. Anne's Hospital

Tuesdays at 09:15 Matins except first Tuesday Holy Communion

Dufton, St. Cuthbert

Sunday 10th	15:00	Compline
Sunday 24th	15:00	Holy Communion

Great Asby, St. Peter

Sunday 3rd	18:30	Holy Communion
Sunday 10th	11:00	United Harvest Service + Lunch
Sunday 17th	18:30	Evening Prayer
Sunday 24th	11:00	Matins
Sunday 31st	11:00	United Service

Kirkby Thore, St. Michael

Sunday 10th	10:30	Matins
Sunday 24th	10:30	Holy Communion

Long Marton, SS. Margaret & James

Sunday 3rd	15:00	Evening Prayer
Sunday 17th	15:00	Holy Communion

Milburn, St. Cuthbert

Sunday 3rd	10:30	Holy Communion
Sunday 17th	10:30	Holy Communion

Murton, St. John

Sunday 17th	18:30	Songs of Praise for Harvest

Musgrave, St. Theobald

Sunday 10th	10:30	Harvest
Sunday 24th	10:00	Holy Communion

Newbiggin, St. Edmund

Sunday 3rd	09:00	Holy Communion
Sunday 24th	18:30	Evensong

Ormside, St. James

Sunday 3rd	09:15	Mattins (lay led)
Sunday 10th	09:15	Holy Communion
Sunday 17th	10:00	DIY Harvest service
Sunday 24th	18:00	Evening Prayer

Temple Sowerby, St. James

Sunday 17th	10:30	Holy Communion

Warcop, St. Columba

Sunday 3rd	10:45	Holy Communion
Sunday 17th	10:45	Matins

Methodist Church

All

Sunday 10th	18:30	Cnxn Svce with Kirkby Stephen

The Sands, Appleby

Sunday 3rd	10:30	A Sterling (Holy Communion)
Sunday 10th	10:30	K Speck
Sunday 17th	10:30	R McGregor
Sunday 24th	10:30	A Sterling
Sunday 31st	10:30	G Crippen

Dufton with Knock

Sunday 3rd	10:45	M Harris
Sunday 10th	10:45	LA
Sunday 17th	10:45	J Worsfold
Sunday 24th	10:45	T Dent
Sunday 31st	10:45	A Sterling

Warcop

Sunday 3rd	10:30	J Worsfold
Sunday 10th	10:30	Harvest (TBC)
Sunday 17th	10:30	A Sterling (Holy Communion)
Sunday 24th	18:30	LA
Sunday 31st	18:30	A Sterling

Church of Our Lady of Appleby

Mass every Sunday at 11:00