Heart of Eden The News Magazine of the Benefice

February 2022

St. Lawrence, Appleby and St. John, Murton-cum-Hilton; St. James, Ormside; St. Peter, Great Asby;, St. Cuthbert, Dufton; St. Margaret & St. James, Long Marton; St. Cuthbert, Milburn; St. Columba, Warcop & St. Theobald, Musgrave; St. James, Temple Sowerby; St. Michael, Kirkby Thore & St. Edmund Newbiggin.

Also with additional information from Methodist Churches at The Sands, Appleby, Great Asby, Warcop and Dufton with Knock & The Roman Catholic Church of Our Lady of Appleby

But …we also bring information from the council, local voluntary organisations, clubs and associations, buses and trains, events at the villages of the Mid-Eden Valley, and we are partly supported by the firms whose advertisements follow the news items.

A sign of hope for 2022?

What's on this month in the Heart of Eden?

?What's on?? What's on?? What's on??

Electronic copy by email is preferred; email address heart-of-eden-editor@hotmail.co.uk - often we are quite busy and don't have time to reply. Pleaseidentify the content in the email subject line and in the name of each attachment. Written copy, please leave in letter tray marked 'Heart of Eden Editor'in St Lawrence's Church, on top of the book-shelf on your left as you go in. It will be emptied for the last time at noon on the 13th of the month. Whensending email copy, please include some identification (e.g. shoe shop, W.I.) in the subject, and not just "Heart of Eden" - everyone does that!

New or changed copy for already-arranged adverts should be sent to the editor as above. It would help if you could please send any payments for advertising in envelopes clearly marked 'Advertising Manager'. Prices on application for commercial advertisements Note to Advertisers. Only adverts which have been paid for in advance will be printed in this newsletter.We are very grateful for the very generous donations made by various groups and individuals towards the running costs of this Newsletter. We would welcome articles (and front cover photographs) for this magazine – relevant to the time of year, book reviews, travel articles, etc. Please send themto the editor.

Small Private advertisements. New 'Small Ads' Section: we will only accept adverts suitable for a Church Magazine, and adverts will cost £5 for upto 40 words. Please write your advert (in block capitals) on a piece of paper, with your address, and leave it in the Heart of Eden tray near the mainchurch door of St. Lawrence's. Put an envelope, with a £5 note in it, and marked 'HoE Small Ad' and something to identify the advertisement, in the safe. The safe is straight ahead of you as you enter the church.To be included in a particular edition of the newsletter, please do this before noon on the 13th as with other items" ***n.b. please make cheques payable to "PCC of Appleby"***

Newsletter Delivery *As on-line delivery of this newsletter is strictly by the editor's list of email addresses, and as a link from "A Church Near You" (https://www.achurchnearyou.com/church/12199/), if you or anyone wishes to read it, please get in touch with the editor for a copy, or follow the link.*

Church Registers August / September

Baptisms…*We welcome into the Lord's family:*

22nd August	Millie Richardson	St. Cuthbert, Dufton
19th September	Iona Amy Dorothea Cowper	St. Columba, Warcop
19th September	Aurora Evelyn Evans	St. Cuthbert, Milburn
24th October	Hollie Rebecca Sowerby	St. James, Ormside
7th November	Jackson Philip Bailes	St. John, Murton-cum-Hilton
7th November	Belle Maya Dowthwaite	St. Michael, Kirkby Thore
21st November	Erin Rose Anderson Young	St. Peter, Asby
11th December	Joshua Lee Sowerby	St. Margaret & James, Long Marton
30th January	Joel Lewis John Armstrong	St. Cuthbert, Milburn

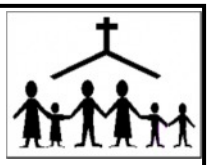
Weddings…*We congratulate:*

20th November	Jonathan Robinson & Rebecca Winder	Sands Methodist Church

Funerals…*May they rest in peace and rise in glory:*

28th October	John Richardson	St. Cuthbert, Dufton
11th November	Joyce Gibson	Eden Valley Crematorium
25th November	Marjorie Johnstone	St. Cuthbert, Dufton
7th January	Muriel Davis	St. Lawrence, Appleby

My apologies that some of this information has been delayed over the last few months. All I can say is that we live in "interesting times". Ed.



Church of England:

Rector: Rev. Dr. Clive Hicks ☎ 017683 62436

Associate Priest: Revd Peter Boyles (on sick leave)

Retired Priest: Rev. Roger Collinson ☎ 017683.52886

For (C of E) wedding bookings contact Joyce Keetley, Office Manager, email: applebymc@carlislediocese.org.uk

and for baptism bookings contact the Revd Peter Boyles email: peterboyles@hotmail.co.uk

Methodist Minister: Rev. Andrew Sterling: ☎ 017683 51244

Roman Catholic Parish Priest (Our Lady of Appleby)Church Fr. Peter Houghton ☎ 017683 51474

I am sure that all of us can remember the experience of being **guests** at a special gathering of friends and family. In our part of Cumbria families will still opt to have their younger children christened or baptised, and many will come as guests to these gatherings. Of course, the focus will be on the child – and sometimes they grab our attention because they fall asleep, scream, or wander around. It is important to feel welcome and at ease; often we find ourselves as spectators with front row seats.

Of course, less wished for, but so often moving and memorable we are guests at the end of someone's life. The Anglican clergy, locally, conducted more than fifty funeral services and interments in 2021, and we now also have a stunning new Crematorium in the Eden Valley to host such gatherings. Our minds wander across the years we have known the one who has passed away. Occasionally we are reluctantly there, because the relationship had cooled or we had grown distant. More often we quietly, and thankfully, reminisce.

Last year we welcomed so many more weddings back into our beautiful village churches and chapels – 20 or so in the Anglican churches, locally, and a similar number being prepared in 2022. Again, the guests will be made to feel welcome, like baptisms with special celebratory food and drink, and will dress smartly for the occasion out of respect for the bride and groom and their families. Just as at the baptisms, all of us gathered in church are also witnesses to the occasion. Some may be called out to sign a wedding document to reflect this important role. The Christian wedding is distinctive for the blessing of God throughout the service.

This past weekend those attending church thought about the guests at the wedding banquet in a place called Cana, in Galilee, in the Holy Land, and what they saw that day would have been mesmerising. To the shame of the family hosting, the supply of wine had fallen too quickly and supplies were running out. The wedding couple aren't mentioned in the account, we don't know their names, but we do know that Jesus was there with his mother, Mary, and close friends. There were huge stone jars nearby – six of them – and Jesus reluctantly instructed the servants to fill them with water. We don't know from where, but the total volume was up to 750 litres.

What happened next is beyond belief – it is a miracle – for those litres of water (wherever they came from, during the wedding banquet) became the finest wine. By todays bottled norms this is equivalent to 1,000 bottles of fine wine. The guests would likely not have been aware of what had happened behind the scenes, but they would have enjoyed the experience we can imagine. This altar frontal, gifted to Winchester Cathedral, and installed in 2021, captures the flow of water into wine, and the huge jars which held the volume.

I really do expect there to be moments like this at any of our special church services and events – where guests encounter special blessings and a sense of God's presence in the midst of the baptism, wedding or funeral. Indeed we are called to remember the person of Jesus even as we focus on a child, a couple, or a loved one, because his presence, still today, can change our perspective and appreciation of the special moments. I didn't meet Archbishop Desmond Tutu personally, but I was present when he joined the community at Mirfield in West Yorkshire, on retreat, around ten years ago, and joined a service which he led, including holy communion. His funeral service on 1st January 2022 was another of those occasions when it felt quite special and remarkable – touched by the presence of God. We celebrated his wonderful family relationships, the influence he exerted in the transition away from an apartheid society, and his relationship with God, in Jesus Christ.

I pray that each of us will have the opportunity, wherever we are **guests,** to notice the special moments and details, and perhaps, by God's grace, smile at a miracle or two in 2022.

Revd Clive Hicks

Rector

Heart of Eden Benefice

St. Lawrence, Appleby

Churchwardens: Jean Hutchison
Jo Ayres (☎52017)

Secretary: Jo Ayres

The Order of Compline.

On the 1st and 3rd Mondays of each month at 7pm. we have the ancient Monastic Service of Compline, which lasts about 30 to 35 minutes. Everyone is welcome to come to St Lawrence's and join us. we would be delighted to see and meet you.

Children's Society

Thank you to to all who braved the weather & came along to St Lawrence Church, Appleby for the Christingle Service on Christmas Eve in the churchyard.

We plan to continue our support for the Children's Society by making collecting boxes available, for those loose bits of change that don't look a lot but mount up over a year. There will be small envelopes on the table at the back of St Lawrences church where you can leave your phone number. Just pop the envelope in the yellow safe & our Box Coordinator will contact you & make arrangements to deliver or, for you to collect a box. The boxes will be collected in for the first time in February 2023.

St. Peter, Asby

Churchwarden: vacant

PCC lay chair: Peter Miller ☎51707

Secretary: Karen Royle
☎ 07966.371044

St. Cuthbert, Dufton

Churchwardens:
Mrs. Gillian Bryan ☎ 51414
Mrs. Pam Day

Secretary: Mrs. Louise Stewart

St. Michael, Kirkby Thore

Churchwarden:

Margaret Davidson ☎ 017683.61699

Church Warden and Secretary:

Maeve Moore ☎ 017683.62005

SS. Margaret & James, Long Marton

Churchwardens:

Mrs. Josie Cannon ☎ 017683.51386

(Acting) Mr. Lutaf Greenshaw
☎ 07802254982

St. Cuthbert, Milburn

Churchwardens:
Mrs. E. Godfrey ☎ 61007
Mr. Leigh Harding ☎ 0333.014.3944

Secretary: Christine Braithwaite

St. John, Murton cum Hilton

Churchwarden: Jean Hutchison)

Secretary: Jo Ayres ☎ 52017

St. Theobald, Musgrave

Contact: Joyce Keetley
keetleyjd@sky.com

St. Edmund, Newbiggin

Churchwardens:

Mrs. M P. Sawrey-Cookson ☎ 61574

Tim Whittaker

St. James the Less, Ormside

Churchwarden: Margaret Parry

Secretary: Richard Parry

both ☎51043

St. James , Temple Sowerby

Churchwardens:
Angela Cleasby ☎017683.61534
Robin Witchell ☎017683.61193

Secretary: Anne Farmer ☎017683.61770

St. Columba, Warcop

Contact: Joyce Keetley
keetleyjd@sky.com

Our Sister Churches

Methodist Church

Rev. Andrew Sterling ☎51244

General Enquiries Linda Taylor (53448)

Roman Catholic Church of Our Lady of Appleby,

Gartheads Road, Appleby

Fr. Peter Houghton (currently on leave)

Mass Sundays at 11am

…and last but not least
St. Anne's Hospital (Boroughgate Almshouses)

St Anne's Hospital (aka Lady Anne's Almshouses) is now open daily from 10 am to 5 pm. We are no longer a closed order! The Trustees ask that anyone wishing to look around the Chapel wears a mask… and the Tuesday morning services have now started - 9:15am, matins except first Tuesday of the month Holy Communion.

News from the Area

Age UK - Carlisle and Eden

For info.just ring Pat Mchugh on ☎07958.936694.

Heart of Westmorland Bereavement Support Group

For more information please contact: Kevin Robinson – 017683 51569 or Revd Sandy Pearl – 01931 714564

Cancer Information and Support in Eden

"Come for Coffee" drop-in sessions take place in the Bennett Room, Appleby Hub on the 1st and 3rd Mondays of each month (this month 7th and 21st) from 10am to noon (excluding bank holidays).Anyone affected by cancer is welcome (whether patients, relations or carers of any age). In addition to coffee and a chat, there is an optional gentle exercise class from 10.30 to 11.00 If you require any further information regarding the meetings please telephone Rosie on ☎017683 52263 or Jackie on ☎017683 52277.

Memory Club in Appleby

A group of volunteers from church and local charities are proposing to set up a Memory Club in Appleby. It will offer a chance for people with memory loss to attend a regular social event along with their carers.

There will be light refreshments (a drink and biscuits) and activities such as crafts, dominoes, quizzes and singing. Family carers will be able to join in with the activities, if they wish, or move to another room to relax or chat.

It is intended to hold meetings on 2nd & 4th Wednesday mornings of each month if interest is shown.

It is not absolutely certain that it will run, but if this is something you wish to attend, please contact one of the people below to find out.

For further information, please contact :-

Anne Crosby Tel. 017683 51219

Tim Parkin Tel. 017683 52640

Citizens Advice Carlisle and Eden Volunteers needed

Coronavirus has made life hard for many people. Citizens Advice Carlisle and Eden (CACE) is here to help. In the last year CACEhas provided free, confidential, independent advice and support on matters including employment, debt, benefits, housing, energy and consumer affairs to around 5,000 people.

Locally, we rely on a team of committed volunteers in a number of roles. To support our work we now want to recruit:

Trustees who ensure the organisation satisfies its legal and contractual obligations and help to shape its future direction; Are you able to devote some spare time, typically 5-8 hours a month, to help us make decisions about our work?

We need a range of skills, and your background is less important than your commitment to our aims and principles. You will need the ability to communicate well, work effectively as a team member and exercise sound judgement. A full induction will be provided.

In particular, Citizens Advice Carlisle & Eden is looking for a Treasurer to assist the Trustee Board with financial matters. Do you have a financial background? Would you like to put something back into your community?

For more information and a role description please contact Andy Setters, Chair of Trustee Board, on 07711 738 422 or email: asetters@aol.com

Digital Advisers: to work with clients by email and on the phone to provide advice across a wide range of issues. You will need to undertake a rigorous training programme, have good IT skills and commit to one day a week of volunteering

If you are interested in either role, full details and how to apply can be found at: http://www.ca-ce.org.uk/ or email volunteer-recruitment@ca-ce.org.uk with a daytime phone number so we can call you for a chat

…. or if you need to consult your MP…
these are the details:

Christian Hilton / Office of Dr Neil Hudson
MP / Penrith and The Border
☎01768 484114
or email: Mail: christianb.hilton@parliament.uk
or website: URL: www.neilhudson.org.uk

Eden Carers

Do you care? If so Eden Carers may be able to help you. We are a charity providing free support to unpaid Carers; throughout Eden, who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5 to 18 years). We provide statutory carers' assessments: information and signposting; 1 to 1 support; benefit information; newsletters, support groups including after school clubs for Young Carers; social events; training and activities. Contact us on 01768 890280 or enquiries@edencarers.co.uk Let us help you care.

Inner Wheel

We have two manual wheelchairs for temporary use by local people. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed.

My contact phone number is 017683 53324. Gillian Whiting, Secretary, Appleby Inner Wheel

Upper Eden Food Bank
'A church led, community fed project'

Please note that donations can be made at Appleby and Kirkby Stephen Co-Ops, and K.S. Spar shops during opening hours, also at the wheelie bins outside Sands Methodist Church on Appleby Sands from 10 to 10:30 Tuesdays and , 10 to 10:30 on Fridays

Once again, we have had a year of overwhelming generosity from people who live in this area and beyond, both with donations of food and of money, plus Christmas trees and vegetable boxes. This has meant that we have been able to take parcels to all those who have needed them because of the steady supplies that have been coming in. Those of us who volunteer at UEFB, as well as those who receive, are of course incredibly grateful for the fact that our shelves are well stocked, especially when we know from reports in the media that some food banks are struggling with low supplies.

We do thank you for your continued support, and list below some contact details, including our website which is the best place to look if you are wanting to know those items that are low in stock.

Upper Eden Food Bank will continue to be there for those who need it, and information can be found in the following ways:

Phone: 07596 690 902

Facebook: upperedenfoodbank

Web: www.upperedenfoodbank.org.uk

These may also be helpful:

Citizens Advice Carlisle & Eden:
03300 563 037, or Facebook

Local Links, Kirkby Stephen: Mon & Wed, 10 - 12, 1-3pm
017683 71775,

Cumbria County Council Community Support:
01228 221100

Tourist Information Centre

Presently located in the West Cloisters, and opening hours are Monday to Saturday, 10am to 2pm.

Or can be contacted on ☎017683.51177

Penrith and District Red Squirrel Group

Your native red squirrels need you! Become a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey or sickly red please ring Gary Murphy on 07974788434 Visit our website at www.penrithredsquirrels.org.uk to donate If you would like a talk for your club/group we can arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.

Town Council

Moot Hall

Work on the external and internal refurbishment of the Moot Hall, a centre-piece of the Heritage Action Zone project, is on schedule, and should be complete by Easter, when the scaffolding will be removed. The colour-wash of the rendering is expected to be the earliest that can be traced, harmonising with the High and Low Crosses.

Coffee Mornings

Government has announced the withdrawal of its Plan B Covid restrictions. The Town Council is therefore pleased to announce that Coffee Mornings in the Public Hall Supper Room will re-open for Coffee Mornings from the beginning of February.

Town Clerk

In November Karen Lowthrop gave notice to the Town Council of her intention to resign from the post of Town Clerk because she and her husband are moving away from Cumbria. The Council and the wider Appleby community are sorry that Karen is leaving: she has carried out her duties with dynamism, imagination, efficiency and good humour. There have been several impressive applications for the vacancy; following an interview process an appointment is expected to be announced in February.

New Councillor

At the January meeting of the Town Council, Cricket Kemp was co-opted by unanimous vote to fill a vacancy for Bongate Ward. Cricket, who grew up in Florida, USA, and has worked in Nigeria, has a wealth of experience in management and education. She has lived in Appleby for more than thirty years. Her late husband, the musician Ian Potts, served on Appleby Town Council with distinction until ill-health forced him to retire from public life.

Appleby Tree Art Festival

This event 'to create magical outdoor galleries in our communities', will take place from 3-24 April; it will be co-ordinated by local artist and author Karen Babayan, with financial support from Cumbria County Council. Its focus will be the riverside walk between the Town and Holme Farm bridges, but you can participate from any part of Appleby. Local businesses, school and residents are encouraged to get involved in the creation of tree art. For further information, please call the Tourist Information Centre in the Cloisters or ring 51177.

Appleby Library

County Libraries are again open to the public on a limited scale. Current opening hours of the Appleby branch are Monday and Friday, 1000-1230 and 1330-1600. The Library at Penrith is open on Monday, Tuesday, Wednesday, Thursday and Friday, 0930-1230 and 1430-1630.

Renovations of Various Sorts

If you live in an older house or work on older buildings, or if you're curious about the renovations at Appleby Moot Hall, then book your free place at two online talks in February.

These events are perfect for householders and construction professionals interested in maintaining or renovating older buildings, like those with solid stone or rubble-filled walls - particularly when it comes to making

them warmer, damp free and ready for extreme weather such as flooding.

Wed 23 Feb 6-7.30pm: Renovating 33a Chapel Street

Hear from the architect and builder who renovated this terraced home, which has flooded in the past, so that it's ready for rain in the future. You'll also hear from a specialist in building materials that are well suited to older buildings.

Thu 24 Feb 6-7.30pm: Renovating the Moot Hall

Find out about the challenges of protecting and improving this traditional community building. The experts behind the renovation will tell you about the condition of the building and the improvements needed, including energy efficiency, the kinds of materials being used, and how the project is going.

At both talks, you'll also be able to put your questions to the speakers.

The events are organised by Cumbria Action for Sustainability (CAfS), thanks to funding from the National Lottery and Historic England, as part of the Appleby Heritage Action Zone in association with Eden District Council.

To book your free place, visit cafs.org.uk/events or call Cold to Cosy Homes on 01768 216500

Bus Talk

From Friends of Eden Valley Public Transport, using information from Cumbria County Council

Please continue to support any requests from bus operators relating to protection from coronavirus.

563 Appleby to Penrith (Mon - Fri) service (Stagecoach)

The first departure of the 563, departing from Appleby at 9.51 to Penrith, goes via Brampton, Long Marton, Kirkby Thore Cherry Tree Garage and Temple Sowerby. The last departure of the 563 from Penrith at 13.30 and Bus Station at 13.40 follows the same route in reverse. The other 563 journeys follow the A66 with a detour to Temple Sowerby. All journeys start and finish at Appleby Scattergate.For details of the 563 timetable, go to www.cumbria.gov.uk/buses

(but see also the Council report above)

S6 Kirkby Stephen to Brough to Penrith (Tues) service

The S6 service, operated by Western Dales Bus, provides 3 return trips from Kirkby Stephen to Penrith calling at Brough and Warcop. It does not pick up passengers from Appleby Sands to Penrith on outward trips to Penrith nor drop off passengers in the same section of the route on return trips but can be accessed from the stop opposite the Royal Oak (Appleby) if there are seats free.For details of the S6 timetable go to www.cumbria.gov.uk/buses

Community Transport

Community Wheels on Fridays - The service into/out of Appleby serves residents of Dufton, Knock, Silverband, Milburn, Barrowmoor, Scattergate, Asby, Ormside, Warcop and Sandford for travel to Appleby, but now not Long Marton nor Brampton (due to the extension of the 563 bus service). Some users may also be able to use the 563 service from the road ends at Barrowmoor and Scattergate, however if you cannot reach the bus stops then you can still use the Community Wheels service. To join the Community Wheels scheme, please ring 01228 226430. For general information go to www.cumbria.gov.uk/communitywheels

If you would like to join the rota of drivers (with D1 on your licence or a medical which shows the same capabilities) please contact Katy Wood on 07788 396194.

The Voluntary Social Car Scheme covering Appleby, Bolton, Temple Sowerby and Milburn is operating - if you would like to use this service, including to get to a vaccination appointment, please contact Valerie Kendal Scheme Coordinator on 017683 53159.

For general information about Community Transport, go to www.cumbria.gov.uk/communitytransport

The Voluntary Social Car Scheme

covering Appleby, Bolton, Temple Sowerby and Milburn is operating - if you would like to use this service, including to get to a vaccination appointment, please contact Valerie Kendal Scheme Coordinator on 017683 53159.

For general information about Community Transport, go to www.cumbria.gov.uk/communitytransport

Appleby Clubs, etc.

Appleby-in-Westmorland Society

Local society returns with an evening of nostalgia

At the Appleby-in-Westmorland Society's first meeting since before the pandemic, those attending the familiar venue of the Public Hall Supper Room were invited to a feast of memories.

Long-time Society stalwart Chris Wilson introduced a selection of slides from the extensive collection in the archives, projected by fellow member Archie Spence. Invited by Chris to participate, the audience were far from reticent in reacting to what they were being shown. Drawings, prints and early photographs were almost without exception quickly identified, despite showing streets and buildings in different guise to that of the present day. In particular, Appleby's many pubs, typical of a market town but some now converted to private houses were noted.

In modern times, Boroughgate has been called one of the loveliest streets in England, its wide avenue of lime trees giving a fittingly stately approach to the Castle. In earlier centuries the lower end of the street was far less salubrious, with shambles either side responsible for some sounds and smells of a definitely unsocial character. In some early photographs a pump can be seen on the street, its water needed to wash away the blood from the slaughter which occurred regularly. No doubt the proliferation of pubs was in some part also due to the needs of the thirsty drovers who brought the beasts to their fate.

Water – in this case the waters of the River Eden – powered not one but three wheels at the Corn Mill, adding to the commercial activities of the town, whose many shops were much commented on by the audience, many of whom remembered relatives who had owned or served in them,

Interspersed with slides of older views were more modern ones from the era of colour photography, some of these showing the 1975 Jubilee celebrations when Appleby's streets were filled with stalls, run mainly by ladies in the dress of bygone days. Particularly noted were scenes of a team of Morris dancers who, having danced all the way down from the station and performed outside the Crown and Cushion availed themselves of its liquid offerings to an extent that made their progress back up to catch their train home somewhat more erratic.

The next meeting was scheduled for Thursday 18th November, when Richard Brockingtonwas to give his previously-postponed talk 'In Search of Appleby Street'. If this meeting took place, then it will reported in due course. Ed.

1st Appleby-in-Westmorland Scout Group are recruiting new members

Beavers (6-8yrs), Cubs (8-10.5yrs) & Scouts (10-14yrs)

We create stronger communities and inspire positive futures, by providing fun, friendship and adventure.

Join as a young person or volunteer and help young people gain skills to succeed.

Contact:

https://edenscouts.org.uk

1stappleby@edenscouts.org.uk

☎ 0845 094 6059

Highlights

Two shows next month to look forward to:

Here's What She Said to Me : Utopia Theatre

Meet 3 generations of proud African women as they connect across 2 continents, across time and space. Together, they share their joys , struggles, tragedies and broken dreams to find healing in the present. The show combines drama with music, poetry and movement to tell the moving story of daughters and mothers in the world of migrations and shifting identities, braving life with an undying hope, optimism and resilience.

"Breathtakingly ambitious Nigerian-Yorkshire family saga!" The Guardian

The Hub, Appleby

Saturday 5th March 7.30pm

Tickets : 017683 52902 / www.highlightsnorth.co.uk

Maddie Morris

Winner of BBC Radio 2's young folk award, Maddie Morris is an exciting folk musician whose powerful, insightful and poetic music uses stories past and present to evoke thought about contemporary issues. She combines traditional and contemporary styles to present an exciting evening's entertainment.

Dufton Village Hall

Saturday 12th March 7.30pm

Tickets : 017683 52902 / www.highlightsnorth.co.uk

ARC is run by volunteers and is a not-for-profit organisation. Remote Cinema is a scheme funded by the Big Lottery and offered to villages in Eden, by Eden Arts and Cine North. Follow us on our Facebook page: Appleby Remote Cinema Scheme

North West Arts

Difficult times indeed … but luckily we have been able to find a replacement for the 13th March concert after receiving backword from Jamal Aliyev. They are The Solway Saxophone Quartet: Justin Kent, Stephen Bagot, Jane Bagot and Melanie Thorne.

Having played for us in the Meraki Duo in October, Meera Maharaj is making a return with her Meliora Collective on 3rd April.

To learn more about our assembled programme, do visit our website at www.appleby-concerts.org.uk (or just Google Appleby Concerts) and also pay our NWA Facebook page a visit for a different angle - https://www.facebook.com/applebyconcerts/ As before, you can book tickets on-line for individual concerts and links are provided on our website.

Have a look at our programme on p.17

Appleby Hub Patchworkers

Monthly on Mondays 10-12 in the Bennett Room at Appleby Hub
£5 inc room hire, coffee tea & biscuits
14 Feb, 14 Mar, 4 April, 9 May, 13 June, 11 July
Bookings to
Jane.farkins@right2work.org.uk
www.theedenworkshop.co.uk

Appleby Rotary Club

Appleby Rotary Club is supporting Physionet, a UK| based humanitarian organisation dedicated to helping some of the most marginalised people in the world by supplying children and adults with disability equipment considered surplus or redundant in the UK. Physionet supplied almost 8000 items of physiotherapy, paediatric equipment, wheelchairs, mobility items and some hospital hardware that would have normally ended in landfill.

If you have any surplus/redundant equipment please contact us and we will arrange collection.

Alastair Bell - Appleby Rotary Club on atbell@btinternet.com or ☎07970597536 / 017683 51547

Veg Patch

Work with any one who has an interest in community gardening continues into the Spring. Every Tuesday 10am till 12 at the Heritage Centre. There will be demonstrations of grafting, so keep an eye on our Face Book page for exact times and dates

Villages

Asby

Wed	2nd	7:30pm	The Hollies	Asby Fellowship - Donald Marston
Tues	8th	**2pm**	Village Hall	Asby WI: 'Tales from a Firearms Officer' - Denise Peachy
Wed	16th	7:30pm	The Hollies	Asby Fellowship - Rev. Andrew Sterling

Dufton

Dufton Open Circle meets on the second Wednesday of each month at 7.30pm in Dufton Village Hall for a Speaker event and social gathering with brews and raffle. Come and join us for a good evening out. We also have outings and coach trips. Contact Ges Quarmby, Dufton Open Circle Co-ordinator, on Ges789@gmail.com, or ☎017683 52628.

Coffee mornings Tuesdays at 10:30

Yoga Wednesdays at 10am

Play group Fridays at 10:30

Visit duftonvillage.info/calendar/

Long Marton

Yoga classes on a regular basis now

Local History - Next meeting in the hall is Feb 16 @ 7.30pm. Talk/discussion with Shelagh Endres about local place names.

Craft and Chat - Thursdays at 7.30pm. Bring along a craft project of your own or come and learn a new one maybe! Crochet, knit, needle felting, embroidery etc.

Coffee mornings - Second Tuesday of the month from 10.00. Come and meet a few of your neighbours over a coffee and cake. Plenty of books to chose from too. Helpers are always encouraged to spread the load!

Carpet Bowls - alternate Tuesdays @ 2pm. Upstairs, happy, social and good fun. Feb 1, 15 & 29

Winter Warmer - provisionally, Fri 25th Feb @ 7.30pm. Pie, peas, quiz and raffle. Watch out for details.

We are always looking for new members for our small committee (who look after the general running of the hall and the social side too sometimes!)

Remember, to book the hall for any event you might be planning, no matter how small, contact - bookingslongmartonvi@ gmail.com

Have a look at the village web site and village hall Facebook page, respectively https://www.long-marton.co.uk/village%20hall.html and https://www.facebook.com/longmartonvillagehall/

Milburn

Village coffee mornings first Saturday of each month . Church coffee mornings third Saturday of each month, both 10:30 to noon (so far as I know. Ed.).

Ormside (in the village hall)

23rd Feb. 7:30pm Village Hall Meeting

Please follow govt. guidelines

Temple Sowerby

The majority of the Temple Sowerby Village Clubs and Activities have restarted. These include Garden Club, Coffee Morning, Ladies Lunch Club, a New Exercise Class and more. For details please check out the Village Website at https://templesowerby.org.uk/

Warcop - Parish Hall

Monday evenings, 6:30 - 8 pm table tennis club

2nd Saturdays (see "What's On") Coffee Morning in aid of Macmillan Cancer, 10am - noon. Donations of cakes and raffle prizes greatly appreciated

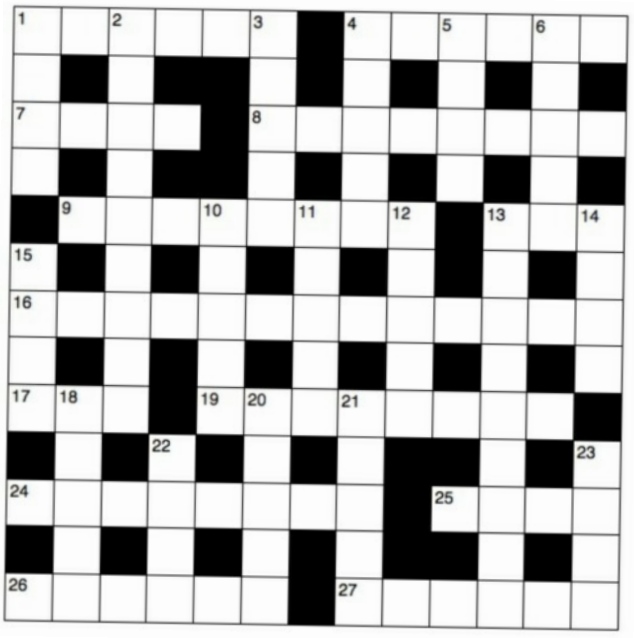
The monthly Soup and Pud: 1st Thursday, 11.30am - 1pm (see "What's On")

3rd Thursday 7:15pm: Remote Cinema (tba)To find out more and to express an interest, or to book Warcop Parish Hall, please contact our Booking Secretary Sue Fell on 017683 41259 or mobile 07741 464 921

To see what events we currently run, go to www.warcop.org.uk

February Crossword

(answers p.13)



Across

1 'If you love those who love you, what —- is that to you?' (Luke 6:32) (6)
4 'They threw the ship's - overboard' (Acts 27:19) (6)
7 The first murderer (Genesis 4:8) (4)
8 He was the head Levite in charge of the singing when the ark of God was brought back to Jerusalem (1 Chronicles 15:22) (8)
9 Samson was noted for this (Judges 16:6) (8)
13 Solicit money or food from passers by (Acts 3:2) (3)
16 What William Booth's Christian Mission became in 1878 (9,4)
17 Alliance of Religions and Conservation (1,1,1)
19 'I will praise your name for ever and ever. - - I will praise you' (Psalm 145:1-2) (5,3)
24 Simon had (anag.) (8)
25 Desperate (Deuteronomy 28:48) (4)
26 Elisha witnessed the boy he was seeking to resuscitate do this seven times before opening his eyes (2 Kings 4:35) (6)
27 The belly and thighs of the statue in Nebuchadnezzar's dream were made of this (Daniel 2:32) (6)

Down

1 'Before the - crows, you will disown me three times' (Matthew 26:75) (4)
2 Relating to the books of the Bible between Acts and Revelation (9)
3 'They have - the Lord out of the tomb, and we don't know where they have put him!' (John 20:2) (5)
4 Belief (5)
5 'Take the following fine spices: ... 250 shekels of fragrant - ' (Exodus 30:23) (4)
6 'Do not - Jerusalem, but wait for the gift' (Acts 1:4) (5)
10 A seer (anag.) (5)
11 'Even there your hand will - me' (Psalm 139:10) (5)
12 The wild variety was part of John the Baptist's diet (Mark 1:6) (5)
13 A non-Greek speaker who was looked down on by civilized people (Colossians 3:11) (9)
14 Famous 1950s musical whose characters included members of
16 Across, - and Dolls (4)
15 The province from which Paul wrote to the Corinthians (1 Corinthians 16:19) (4)
18 'He was standing in the gateway with a linen cord and a measuring - - his hand' (Ezekiel 40:3) (3,2)
20 'Today, if you hear his - , do not harden your hearts as you did in the rebellion' (Hebrews 3:15) (5)
21 The Jericho prostitute who hid two Israelite spies on the roof of her house (Hebrews 11:31) (5)
22 'And now these three remain: faith, - and love. But the greatest of these is love' (1 Corinthians 13:13) (4)
23 'God has numbered the days of your reign and brought it to an end' (Daniel 5:26) (4)

Tackling speeding in Eden - Our community speed watch needs you

Speeding is an issue often raised as a concern among our communities.

As a result, we are seeking to implement further community speed watch schemes throughout the Eden area. Would you be interested?

For further details please speak to your local Police Community Support Officer. In Appleby this is PCSO Sally Ewbank; in Appleby Rural this is PCSO Karen Dakin; in Kirkby Stephen and Kirkby Stephen Rural this is PCSO Janet Allinson.

Alternatively, you can contact scheme co-ordinator, PC 1707 Norman Black, directly by telephoning 101, ext 401707 - or emailing norman.black@cumbria.police.uk

Appleby TownPCSO 5406 Ewbank & PC 2542 Hall

There have been problems with anti-social behaviour - this is what we are doing

Town centre and play parks

What's the issue? During the Christmas holidays there was an increase in anti-social behaviour in the town centre and play parks.

What are we doing about it? We have been engaging with the young people in the town centre and educating them on their behaviour.

We are actively recording any incidents and intelligence and speaking with parents.

The town CCTV has been moved to monitor these areas and we will be actively on foot patrol at night time. Any appropriate policing action will be taken.

Drinking on playing field

What's the issue? We have received complaints regarding drinking of alcohol on St George Playing Field on Saturday afternoons while football games are on.

What are we doing about it? Appleby town is covered by a PSPO (public spaces protection order) which allows us to deal with a nuisance or problem behaviour in public spaces.

It is an offence to fail to cease drinking or surrender alcohol in these areas.

We are working alongside Appleby Football Club and Eden District Council to stop this behaviour.

We will be actively patrolling this area and engaging with supporters on Saturday afternoons.

Working with schools

This month we will be attending a professional meeting at Appleby Grammar School to support a family with ongoing problems in and out of school.

Attending these meetings help prevent any community issues and improve communication across different agencies.

Drop in and see us

We are out in the community all-year-round - and continue to do our monthly drop in session at Appleby Tourist Information Centre / Cloisters, from 10am until 12pm.

The next drop in will be on Wednesday February 9.

Education

We organised a guest speaker Amy Bray, a environmental campaigner, to do a talk to year seven pupils last month as part of our ongoing project in the community.

This was followed by a visit from the Cumbria Road Safety Partnership van and our Collision Reduction Officer to do a fun session with some Year 11 pupils.

Parking

Parking is often an issue that is dealt with by local authorities - but before the Christmas holidays we received complaints regarding vehicles parking on double yellow lines outside both the primary and secondary school in Appleby.

Parking here is not acceptable and the double yellow lines are here to keep your children safe. Please park sensibly.

Safety

Part of our role in the community is to be familiar faces to our schools - and during the festive season we helped Appleby Primary School staff walk students safely to St Lawrence's Church for their Christmas carol service and again the next day so the choir could sing for parents and residents in town.

Appleby Rural **PCSO 5206 Dakin & PC 2542 Hall**

Week of action in the community

We will be out speaking to residents in one our our villages follow concerns raised with us.

On Friday January 21 we will be conducting a Streetsafe operation on Linden Park, Temple Sowerby, where we go out to gather views.

There have been a number of issues raised by concerned residents and our aim is to have a clearer picture of the issues.

We will aim to update you next month with the results.

This will be followed by rural patrols in areas where we have had recent calls for service following suspicious vehicles and reports of possible poachers.

Suspicious activity - Lamping

We are always grateful for reports of suspicious vehicles in our area.

These reports are followed up and we value the information provided.

Occasionally, when vehicles reported as being suspicious are stopped and the people inside spoken to, they are lamping legitimately on land they have permission to be on.

Please try to make sure that you make police aware via 101 when and where you will be going lamping and what vehicle you will be using.

This can save time and help to reassure other member of the public who may call to report seeing lights.

Kirkby Stephen and Rural

PCSO 5169 Allinson & PC 5365 Threlkeld

Working together to tackle issues in the community

A lot of our work involves working with other agencies as issues can often be resolved best this way.

This week police officers and staff from Castles and Coasts will be conducting a Streetsafe in Briarcote.

This will involve us speaking to residents and gathering opinions.

There have been a number of reported incidents and this is to help resolve any ongoing issues through a joint partnership working.

We will aim to update you next month with the results.

Suspicious activity

We received a call regarding suspected poachers in the Bleatarn area on January 8 at about 9.30am.

Patrols searched the area - but it transpired they had left.

Please continue to report suspected poachers to the police. All information is valuable.

Rural thefts - we're stepping up patrols in response

Patrols have been increased in the Hartley area folllowing a series of thefts.

They happened during the early hours on December 23, with vehicles targeted. Personal items and lose change were taken.

A shed was also broken into and items removed. They were later recovered from beside the road in the village.

Please always keep your vehicles secure.

In other news

Have your say on maintaining the police service in Cumbria

The Police and Crime Commissioner has launched his annual public consultation, asking for views on his proposed increase in council tax.

The increase would be 65p per month, per household for a band B property. For a Band D property, this equates to £9.99 a year or 83p a month.

This request is one that is not made easily, however is one that is crucial in maintaining the police service we currently provide.

Please click here to access the survey and vote to have your say.

For more information please click here.

Former Assistant Chief Constable recognised for distinguished service in the New Year Honours list

Cumbria's former Assistant Chief Constable, Andrew Slattery, has been awarded the Queen's Police Medal in the New Year Honours list.

Mr Slattery, who retired last year, was recognised for his distinguished service following 30 years in policing.

During his police career he worked on many of the county's most significant incidents and investigations, including murder enquiries, organised crime operations and natural disasters.

He led the county's multi-agency emergency response to the pandemic during the final two years of his time with Cumbria Constabulary.

Mr Slattery said: "I'm delighted to receive this honour and I'm extremely grateful to everyone who supported me.

"However, this honour is not just about me; I've been privileged to work with a fantastic team of people throughout my policing career.

"I was fortunate and proud to work with dedicated and professional colleagues at Cumbria Constabulary and across public and private sector organisations through the Local Resilience Forum.

"From local policing in Keswick, through to leading major investigations and leading the multi-agency response, I had a varied and rewarding career in policing.

"At the heart of it, I've always gone back to the ethos of why I wanted to go into policing. I wanted to help people."

Cumbria Constabulary's Deputy Chief Constable, Mark Webster, said: "It is really pleasing that Andy's work has been recognised in this way, not only for his outstanding service over 30 years but also his incredible effort in helping to save lives during the pandemic.

"All of us at Cumbria Constabulary congratulate him on this honour. He has been an outstanding public servant and we wish him well for the future."asdf

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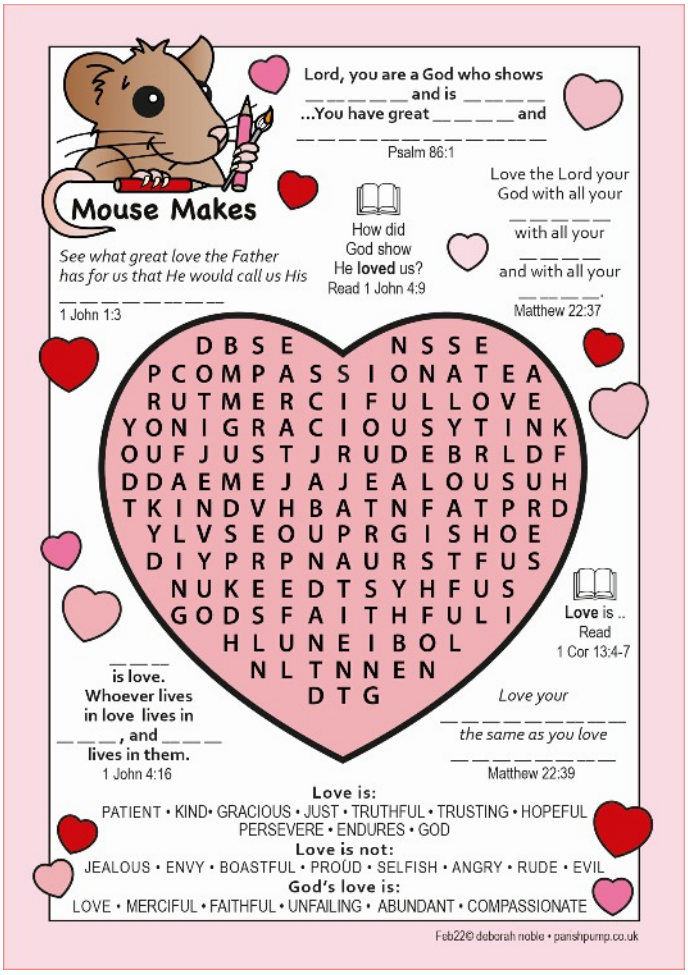


Five famous quotes from Desmond Tutu

The recent death of Archbishop Desmond Tutu was mourned around the world. Here are five of his more famous quotes, which show why he was so especially honoured for his justice and reconciliation work in South Africa.

“Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.”

“If you are neutral in situations of injustice, you have chosen the side of the oppressor. If an elephant has its foot on the tail of a mouse, and you say that you are neutral, the mouse will not appreciate your neutrality.”

“Don't raise your voice, improve your argument. Good sense does not always lie with the loudest shouters, nor can we say that a large, unruly crowd is always the best arbiter of what is right.”

“Forgiving is not forgetting; it’s actually remembering - remembering and not using your right to hit back. It’s a second chance for a new beginning. And the remembering part is particularly important. Especially if you don’t want to repeat what happened.”

“Differences are not intended to separate, to alienate. We are different precisely in order to realise our need of one another.”

Loved nonetheless

Here is a thought on a verse of Scripture from the encounter of Jesus with a man described as a 'rich, young ruler'.

This man was keen to follow Jesus, but when told he must share his wealth with the poor decided it was too much to ask, and he went away sorrowful. In this context we read that, "Jesus, looking at him loved him (Mark 10:21)."

This is a remarkable statement about Jesus, and the nature of divine love, a love that doesn't alter despite the ups and downs of our behaviour. It is constant and unchanging, truly without condition, and unshaken by the unpredictability of human response.

We might have expected to hear Jesus say, 'You foolish man' or 'You stupid boy', but there is no such rebuke, only love. Jesus might have been annoyed, disappointed, exasperated, alarmed, shocked . . but all we feel is His love for someone who has missed a great opportunity.

What a joy it is to know that Jesus loves us exactly as we are. When He looks at us, nothing is hidden from His gaze. He sees through all our pretence, all our subterfuge, all our attempts to put on a brave front. He knows who I am, completely. And yet He loves me unreservedly and without reservation. Amazing.

Why walk away from a love like that?

Supporting parishes who are resettling refugees

The Church of England is setting up a new group to support local churches who are resettling refugees in partnership with the Home Office.

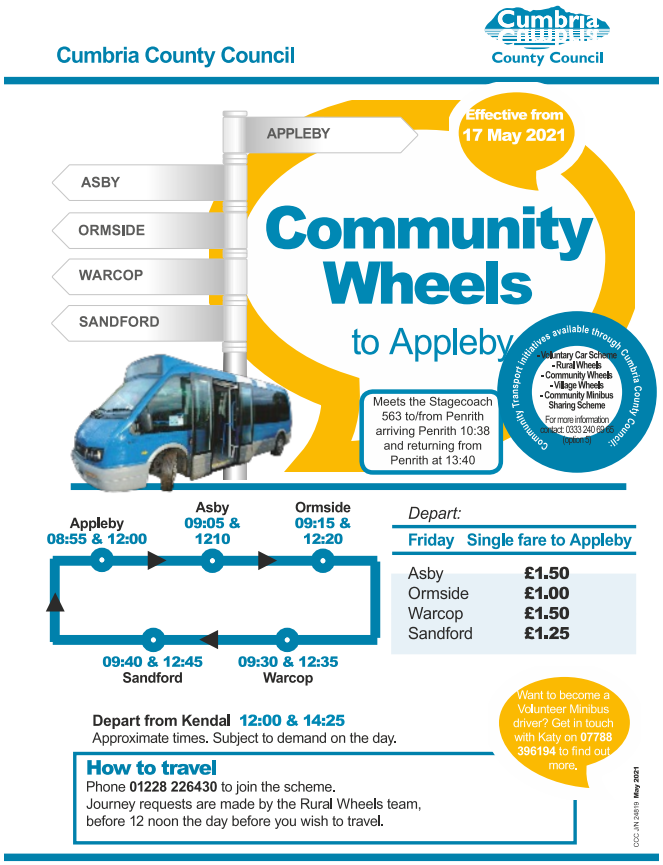
The initiative will support parishes and dioceses who have begun working closely with local authorities and other community partners, to provide practical resources for the resettlement of vulnerable refugees. Since 2015, dozens of parishes have taken part in community sponsorship and welcomed families from Syria, with at least 20 serving as lead sponsor.

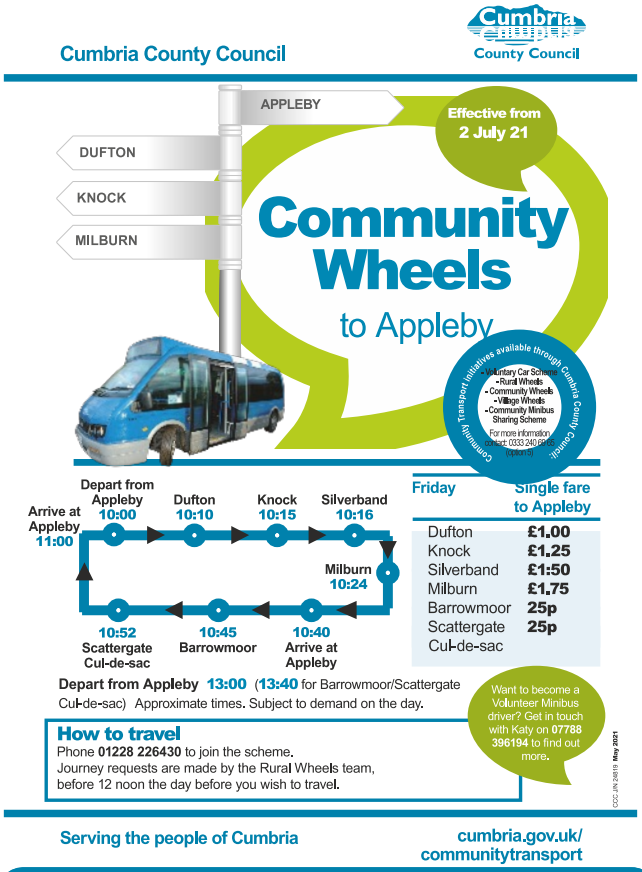
The Church's first National Representatives for Community Sponsorship, Domenica Pecoraro and Canon Gareth Jones, are looking forward to their new role, as they

"seek to make a difference in the lives of some of the world's most vulnerable people."

Domenica Pecoraro said: "My hope is to help as many people as possible find safety in the UK through Community Sponsorship, and at the same time, help our parishes, our agents of Love and Grace, to experience and be renewed by these encounters."

The recent events in Afghanistan have challenged the churches to increase their support for refugees.





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If yes, are you able to transfer to a seat? ☐ Yes ☐ No

If the wheelchair is powered, please provide make and model.

Emergency contact and telephone number

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Friday January 28th at 7.00pm

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Solemn Eucharist for The Feast of Candlemas

Wednesday February 2nd
7.30pm

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Rev'd Roger Collinson will Preach

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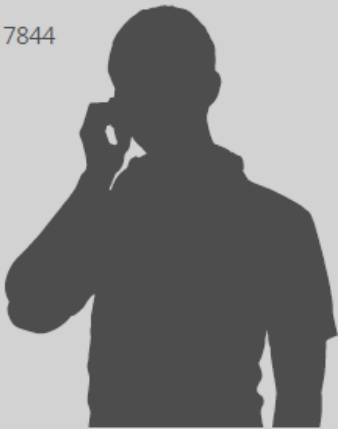

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We share a variety of hobbies and activities, which help us look after our wellbeing.
You may like to chat, but you don't have to say anything. Feel free to switch off your camera and just be part of the group anonymously if that helps.
Hosted by the local church, but open to people of all faiths and none. We start and end each session with a 5 - 10 minute meditation and prayer, which we find helps with wellbeing. You are most welcome to join in or to come after the prayer time and leave just before. We look forward to spending time with you.
Contact Kristy Pattimore kristy@pattimore.com

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www.appleby-concerts.org.uk

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Church Services for February 2022

Church of England

Appleby, St. Lawrence

Fridays Holy Communion at 10am

Sunday 6th	10:45	Holy Communion
Monday 7th	19:00	Compline
Sunday 13th	09:00	Holy Communion
Sunday 20th	10:45	M.P.(lay led)
Monday 21st	19:00	Compline
Sunday 27th	10:45	H.C. + baptism

Boroughgate, St. Anne's Hospital

Tuesdays at 09:15 Matins ,
except first Tuesday Holy Communion

Dufton, St. Cuthbert

Sunday 13th	15:00	Evening Prayer
Sunday 27th	15:00	Holy Communion

Great Asby, St. Peter

Sunday 6th	15:00	Holy Communion
Sunday 13th	11:00	United Service at baptists
Sunday 20th	15:00	Evening Prayer
Sunday 27th	11:00	Morning Prayer

Kirkby Thore, St. Michael

Sunday 13th	10:30	Morning Prayer
Sunday 20th	12:15	Baptism
Sunday 27th	10:30	Holy Communion

Long Marton, SS. Margaret & James

Sunday 6th	15:00	Evening Prayer
Sunday 20th	15:00	Holy Communion

Milburn, St. Cuthbert

Sunday 6th	10:30	Holy Communion
Sunday 20th	10:30	Holy Communion

Murton, St. John

Sunday 27th	18:30	Holy Communion

Musgrave, St. Theobald

Sunday 13th	10:00	Holy Communion
Sunday 27th	10:00	Holy Communion

Newbiggin, St. Edmund

Sunday 27th	16:00	Evensong

Ormside, St. James

Sunday 6th	10:00	Queen's Accession service with Morning Prayer
Sunday 13th	09:15	Holy Communion
Sunday 20th	10:00	DIY
Sunday 27th	15:00	Evening Prayer

Temple Sowerby, St. James

Sunday 20th	10:30	Holy Communion

Warcop, St. Columba

Sunday 6th	10:45	Holy Communion
Sunday 20th	10:45	H.C. + baptism

Methodist Church

All

Sunday 9th	18:30	Cnxn Svce at Appleby

The Sands, Appleby

Sunday 6th	10:30	Mr. Richard McGregor
Sunday 13th	10:30	Rev. Richard Crippen
Sunday 20th	10:30	Rev. Andrew Sterling
Sunday 27th	10:30	Revs. R. & G. Crippen

Dufton with Knock

Sunday 6th	10:45	Informal Service
Sunday 13th	10:45	

John & Sheila Bainbridge -**'Chapel Anniversary'**

Sunday 20th	10:30	Mrs. Joyce Worsfold
Sunday 27th	10:30	Rev. Andrew Sterling

Warcop

Sunday 6th	10:30	Rev. Jackie Betts
Sunday 13th	10:30	Mr. David Askew
Sunday 20th	10:30	Informal Service
Sunday 27th	**18:30**	Rev. Andrew Sterling

Church of Our Lady of Appleby

Mass every Sunday at 11:00, so far as known at time of going to press

H.C. = Holy Communion

M.P = Morning Prayer