St. Lawrence, Appleby and St. John, Murton-cum-Hilton; St. James, Ormside; St. Peter, Great Asby; St. Cuthbert, Dufton; St. Margaret & St. James, Long Marton; St. Cuthbert, Milburn; St. Columba, Warcop & St. Theobald, Musgrave; St. James, Temple Sowerby; St. Michael, Kirkby Thore & St. Edmund Newbiggin. .Also with additional information from Methodist Churches at The Sands, Appleby; Great Asby; Warcop; and Dufton with Knock; & The Roman Catholic Church of Our Lady of Appleby. **But** we also bring information from the council, local voluntary organisations, clubs and associations, buses and trains, events at the villages of the Mid-Eden Valley, and we are partly supported by the advertisements which follow the news items.

Heart of Eden
December-January 2024-5
The News Magazine of the Benefice

What's on in December in the Heart of Eden?

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Date	Time	Place	Event
1st	6 pm	Sands Methodist Church	(The event formerly known as) Filling Station
3rd	2:30pm	St. Lawrence, Appleby	Healing Service in Lady Chapel
3rd	7 pm	Brampton Village Hall	Book Club
3rd	10am	Temple Sowerby Victory Hall	Coffee Morning
4th	6:30pm	Appleby Public Hall	Fair Hill Meeting (see Council rpt.)
4th	7:30pm	The Hollies, Asby	Asby Fellowship – Pat Bevan
4th	6:30pm	The New Inn, Brampton	Brampton Ladies Christmas Dinner
5th	11:30 – 1 pm	Warcop Parish Hall	Soup and Pud
7th	9:30 – 11:30	Public Hall Supper Room	Coffee Morning in aid of Remote Cinema
7th	10:30 – noon	Milburn Village Hall	Village coffee morning
7th	7:30pm	Public Hall	Hospice at Home Concert
8th	4:15pm	Sands Methodist Church	Messy Church
8th	5 pm	Sands Methodist Church	Café Carols
8th	7pm	Public Hall	Lights, Camera, Appleby – The Holdovers
9th	2 – 4pm	Public Hall Supper Room	Evergreens
9th	7:30pm	Ormside Village Hall	Country Dancing
10th	7 pm	St. Lawrence, Appleby	Time of Hope
10th	2:30pm	St. James, Temple Sowerby	Rainbow Café
11th	10:30am	Public Hall Supper Room	The Arts Society – Christmas Winter Snow Scenes
11th	10:30	Sands Methodist Church	Memory Club
11th	7 pm	Brampton Village Hall	Eden Valley Woodturners
11th	10:30 – 12	Ormside Village Hall	Coffee Morning
12th	7:30pm	Public Hall Supper Room	Appleby Archaeological Group –Medieval Castle at Lowther
12th .	6:30pm	Brampton Village Hall	Table Tennis
12th	7:30pm	Warcop Parish Hall	Film – The Holdovers
12th	Noon	The 3 Greyhounds, Asby	Asby **Lunchers**
13th	6:30 pm	Knock Mission Room	Mince Pies and Carols + Appleby Band
14th	9:30 – 11:30	Public Hall Supper Room	Coffee Morning in aid of the Wednesday Club
14th	10:30 – noon	Colby Village Hall	Coffee morning with raffle
14th	10:30 – noon	Long Marton Village Hall	Coffee, toasted teacakes, etc., etc.
14th	10 – 11:30am	Warcop Parish Hall	Coffee Morning
15th	5:30pm	St. Lawrence, Appleby	Town Carol Service
16th	7:30pm	Colby Village Hall	Carol Concert in aid of Hospice @ Home
17th	7:30pm	Ormside Village Hall	Craft Evening
17th	10am	Temple Sowerby Victory Hall	Coffee Morning
18th	7 pm	Sands Methodist Church	Christmas Memories
18th	7:30pm	Asby Baptist Chapel	Carols by Candlelight
18th	7 pm	Brampton Village Hall	Christmas Village Social
19th	7:30 pm	Ormside Village Hall	Village Dominoes
20th	1:45pm	St. Peter's, Asby	Asby School Christingle
21st	9:30 – 11:30	Public Hall Supper Room	Coffee Morning in aid of Mayor of Appleby
21st	10:30 – noon	Milburn Village Hall	Church coffee morning
21st	6 pm	Ormside Cross Tree/ Village Hall	Village Carols
22nd	6:30pm	Asby Bus Shelter Green	Village Carols
22nd	7:30pm	Warcop Parish Hall	Bingo
23rd		Appleby Leisure Centre	Christmas Fun Day
23rd		Appleby Hub	Holiday Activity & Food
23rd??	2 – 4pm	Public Hall Supper Room	Evergreens
23rd	7:30pm	Ormside Village Hall	Country Dancing
24th		Appleby Hub	Holiday Activity & Food
24th	5:30pm	St. Lawrence, Appleby	Christingle Service

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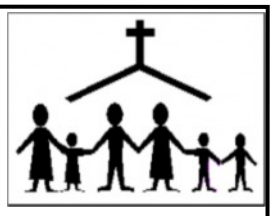
Church of England:



Rectors: Rev. Fran Parkinson (☎07547791315) & Rev. Andrew Burrell (☎07778683820)

For (C of E) baptism or wedding bookings contact Joyce Keetley, Office Manager, email: applebymc@carlislediocese.org.uk See also article later in newsletter

Methodist Minister: Rev. Andrew Sterling: ☎ 017683 51244

Roman Catholic Priest (Our Lady of Appleby) Fr. J. Winstanley ☎ 01768 862273

What's on in January in the Heart of Eden?

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NOW MORE THAN EVER . . . it's that season again!

Here we are in the middle of November and already the Christmas advertisements are beginning to air! Sainsbury's was one of the first to launch on November 1st with their "fizz-whizzing Christmas" ad starring the BFG, followed by other big brands including Morrisons, M&S, and Boots. To add to the drama both Waitrose and John Lewis have included some clever marketing with their two-parters. Who hasn't wondered 'whodunnit' in the Waitrose mystery 'Sweet Suspicion'?!! Part two to be released in a few weeks apparently! ☺

And while we have the traditional sprinkling of magic, fairy-tale characters and heart-warming music to entice us to buy, there is a real return to the true Spirit of Christmas. Messages like "give joy", "shine bright", and "spread kindness" are now filling our TV screens in abundance!

This year, it seems, the message is a simple but effective one – let's give of ourselves too. Perhaps it's because we are so acutely aware of the weary world all around us, or a reflection of the unease we all feel in these tough economic times. In 2024 we have been challenged again by the effects of our changing climate and we have watched as the world changes in the light of another war.

Perhaps what we need more than presents, as the Christmas ads remind us, **is to be present.** Because now, more than ever, we need each other. We need to begin again to see and affirm the beauty of the image of God within each one of us, especially those who may feel forgotten or lonely, or those for whom Christmas is anything but a season of love, joy, peace and hope. We need to believe again in the miracle of Christmas and help to lift each other out of our despair by the promise of light, by the gift of a kind word, a listening ear or the generosity of our time.

This Christmas, we need also to remember again that because of the God who came to be present with us in the person of Jesus Christ, our Immanuel, we are not forgotten. And whatever challenges we may face, now or in 2025, we can know that we are never alone. Our hope and prayer for you in this season is that now, more than ever, in reaching out with the gift of love to each other, you may know the God of love who yearns to reach out to you.

With every blessing for Christmas and 2025,

Your vicars, Fran and Andrew.

We would love to see you at our Christmas services - see listings at the back or you can search for them on a new Carols in Cumbria website. https://godforall.org.uk/events/

St. Lawrence, Appleby with St. John, Murton cum Hilton

Churchwarden and Secretary: Jo Ayres (☎52017)

The "Time of Hope" event, on 10th December, is to be a simple hour long time where people can drop in and just find some peace. During this time there will be readings and some quiet music/meditations. The idea is to give people a moment to encounter God rather than performing the tasks of Christmas

Holocaust Memorial Day 2025

For a number of years St Lawrence's Church has observed Holocaust Memorial Day, which takes place on January 27th. This being the date when, in 1945, Auschwitz-Birkenau was liberated, 2025 will be the 80th anniversary of that event, and we will be marking this significant date (which will, no doubt, receive much publicity on the TV), with our annual service in St Lawrence's at 7.00pm. Our service, fully registered with the Holocaust Memorial Day Trust, will be a time of Prayer and Reflection, which will aim to look forward, in spite of the current instability of world politics, to a better future. Candles will be lit, music will be played by Sheila Morbey (violin) and Geoff Gordon (piano), and St Lawrence's Choir will help to lead the service. Everyone, whether you are a church-goer or not, is invited to join us for what we hope will be a meaningful occasion.

Looking farther ahead, Appleby Deanery will hold its annual Eucharist for the Feast of Candlemas in St Lawrence's Church, Appleby, on Sunday February 2nd at 6.30pm. Rev. Andrew Burrell will preside and Rev. Fran Parkinson will preach. Candlemas marks the end of the church Christmas Season and St. Lawrence's will have a candle display to reflect this.Everyone is welcome to join us for this special Solemn Eucharist. There will be some splendid music, and on this occasion, incense will be used during the service.

St. Peter, Asby

Churchwarden:vacant

PCC lay chair: Peter Miller ☎51707

Secretary: Karen Royle ☎ 07966.371044

St. Cuthbert, Dufton

Churchwardens:
Mrs. Gillian Bryan ☎51414
Mrs. Pam Day

Secretary: Mrs. Louise Stewart

St. Michael, Kirkby Thore

Churchwarden:

Margaret Davidson ☎017683.61699

Church Warden and Secretary:

Maeve Moore ☎017683.62005

SS. Margaret & James, Long Marton

Churchwarden:

Mr. Lutaf Greenshaw ☎07802254982

St. Cuthbert, Milburn

Churchwarden:

Mr. Leigh Harding ☎ 0333.014.3944

Secretary: Christine Braithwaite

St. Theobald, Musgrave & St. Columba, Warcop

Churchwarden Mark Blackett-Ord mblackett-ord@5sblaw.com

St. Edmund, Newbiggin

Churchwardens:

Mrs. M P. Sawrey-Cookson ☎017683.61574
Tim Whittaker

St. James the Less, Ormside

Churchwarden: Margaret Parry

Secretary: Richard Parry

both ☎017683.51043

St. James, Temple Sowerby

Churchwardens:
Angela Cleasby ☎07947379412
Laura Crackanthorpe ☎07470403623
Secretary:
Anne Farmer ☎017683.61770

Rainbow Cafe is held on the second Tuesday of every month (10th December) in Temple Sowerby Church at 2.30 to 4.30 pm

Our Sister Churches

Methodist Church:

Minister: Rev. Andrew Sterling.
email andrew.sterling@methodist.org.uk ☎017683.51244

Dufton with Knock Methodist Church

Secretary: Mrs. Avril Swinbank
email dacreandavril@gmail.com or ☎017683.53102

Sands Methodist Church

General Enquiries Alastair Kirkpatrick on
email am.kirkpatrick@yahoo.com
or ☎017683.51184

Christmas at Sands Methodist Church

On December 8th at 4.15pm we shall be holding a Messy Church session followed at 5pm by 'Café Carols', with all donations going to the 'Jigsaw' Appeal at Eden Valley Hospice. Do come along for a family-friendly foretaste of Christmas, with some eats, some fun - oh yes - and some carols!

December 18th at 7pm Christmas Memories - A service for remembering at Christmas. A gentle service of reflection and remembering: the times - and people - who made Christmas special for us in the past and with whom we can no longer share it in person. With an opportunity to commemorate those treasured memories.

Christmas Day 10.30am Christmas Family Service - As usual….. Everyone Welcome!

Warcop Methodist Church

Secretary: Mrs. Glenda Burton on
email cotehouse@aol.com
or ☎017683.98067

Roman Catholic Church of Our Lady of Appleby, (Parish of St. John Boste)

Gartheads Road, Appleby

Fr. John Winstanley ☎ 01768 862273

St. Anne's Hospital (aka Lady Anne's Almshouses)

Every Tuesday morning throughout the year (except August) there is a short morning service (matins) at 9 am in the lovely little Chapel in the courtyard where all visitors are very welcome to join us. Holy Communion is on the first Tuesday of the month. Other services occasionally, see back page.

Tours of St Anne's Hospital

For a donation to our Garden Fund, groups or individuals can have a look round a cottage, a talk in the courtyard and Chapel and a tour of our gardens.

To book, contact Valerie Kendall ☎017683 53159; email: vkendall@live.co.uk or 7, St Anne's Hospital, Boroughgate, Appleby-in-Westmorland, CA16 6XQ

News from the Area

Cancer Information and Support in Eden

Rosie on ☎017683 52263 and Jackie on ☎017683 52277 regret to say that the "Come for Coffee" drop-in sessions in the Appleby Library are being discontinued.

Upper Eden Food Bank
'A church led, community fed project'

Donations can be made at Appleby and Kirkby Stephen Co-Ops, and K.S. Spar shops during opening hours, also at the wheelie bins outside Sands Methodist Church on Appleby Sands from 11 to 11:30 on Tuesdays and 10 to 10:30 on Fridays

Additionally, should you know of any person or family in need of the food bank, please do get in touch, contact details below:

☎ : 07596 690 902

: upperedenfood

Web: www.upperedenfoodbank.org.uk

These may also be helpful:
Citizens Advice Carlisle & Eden:
03300 563 037, or Facebook
Local Links, Kirkby Stephen: Mon & Wed, 10 - 12, 1-3pm
017683 71775,
Cumbria County Council Community Support:
01228 221100

Filling Station

Lots of things have changed here, but it's a bit of a stop press announcement. Basically in future it will meet at Sands Methodist church at 6pm on the first Sunday of the month (1st December, 5th January) - its name is not yet decided!

Renew Wellbeing Café

Where it's ok to be not OK. An intentionally calm, shared space Free of charge All Welcome, everyone values Open to people of all faiths and none Each session starts and ends with a 5 - 10 minute meditation and prayer, which we find helps wellbeing. You're welcome to join in or come after the prayer time and leave just before. We look forward to spending time with you. If you fancy it, bring a craft or hobby to do! But this isn't essential, sitting, chatting and listening is just as good. Our main priority is to look after our wellbeing, so do what is most comfortable for you. Come and go as you please. **Now removed to the Public Hall Supper room**. Includes lunch time. Every Friday 9:30 am to 2 pm. Contact Kristy Pattimore krist@pattimore.com ☎07480.935119

Wellbeing Wednesdays

The Welcome Inn!

Every Tuesday afternoon, from 1pm to 3pm, in St Lawrence's Church, Appleby as a place of companionship and healing with an opportunity for prayer and connection.

We also have a private and confidential space available in our Lady Chapel if you would like to talk or pray with one of our team. Once a month – on the first Tuesday at 2.30pm (3rd December, 7th January) - we also hold a special 'service for healing' which is an opportunity to receive prayer and anointing, for you or for someone you love. All are very welcome! We look forward to seeing you.

As a church we believe that healing is not just about people being well; it is about human flourishing and that, whatever the state of our body, mind and spirit, all people are beloved of God.

For further information, or for prayer requests, you can email us on welcomeinnhhh@gmail.com

Citizens Advice Carlisle and Eden Volunteers needed

Citizens Advice Carlisle and Eden (CACE) is here to help local people with any problems they may be experiencing. In the last year CACE has provided free, confidential, independent advice and support on matters including employment, debt, benefits, housing, energy and consumer affairs to around 5,000 people.

Locally, we rely on a team of committed volunteers in a number of roles. To support our work we now want to recruit:

Digital Advisors: to work with clients by email and on the phone to provide advice across a wide range of issues.

Energy Advisers: to work with clients on the phone to give information and advice on dealing with problems people are having with their energy suppliers and bills

No special experience is required but volunteers should be good communicators and non-judgemental, be prepared to undertake a rigorous training programme, have good IT skills and able to commit to one day a week of volunteering.

If you are interested full details and how to apply can be found at: http://www.ca-ce.org.uk/ or email volunteer-recruitment@ca-ce.org.uk with a daytime phone number so we can call you for a chat

Inner Wheel

We have two manual wheelchairs for temporary use by local people. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed.

Contact Stan Rooke on ☎017683 52864.

Appleby Smarter.

The Appleby Smarter group meets once a week (Monday afternoon) for a couple of hours to help keep our lovely town looking nice.

We would like to thank Appleby Town Council and Age Concern Appleby for their support of our group.

- Think you might like to join us?
- Get out and about?
- Become a bit more active?
- Make some new friends?
- Start volunteering?

- then here is your opportunity!

Ring Mike for a chat on ☎0775 182 4982

or email applebysmarter@gmail.com

Tourist Information Centre

N.B. Opening hours until spring:

10 - 2 Monday to Saturday

We have a lot of visitors who would like to join in with local events, so if you send the TIC a poster we will advertise your event on Facebook and put it out on our A-board.

Anyone wishing to confirm a coffee morning at The Supper rooms, Market Hall, Appleby for 2024 Please get in touch with Alison Taylor at Appleby TIC ☎017683 51177 ext. 2 or tic@applebytown.org.uk.

We have lots of local books, and locally made craft items by Eden artisans. Come in and browse! Opening Hours are currently Monday - Saturday 10am till 2pm.

Website: www.visitappleby.co.uk Twitter/X: @applebytown

Facebook: Appleby Tourist Information Centre

Appleby Library

Opening hours now:

Monday, Wednesday and Friday, 9am to 12:30, 1:30 to 5pm **and** Saturdays 10am to 1pm

And don't forget the new library app. Try googling https://www.westmorlandandfurness.gov.uk/news/2024/new-app-library-members-cumbria

Penrith and District Red Squirrel Group

Your native red squirrels need you! Become a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey or sickly red please ring Gary Murphy on ☎07974788434

Visit our website at www.penrithredsquirrels.org.uk to donate. If you would like a talk for your club/group we can arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.

Public Hall Coffee Mornings

Appleby Public Hall, Supper Room Saturdays - 9:30am to 11:30am

Date	in aid of
7th	Remote Cinema
14th	The Wednesday Club (Formerly Inner Wheel)
21st	Mayor of Appleby-in-Westmorland
4th (Jan.)	Rotary Club of Appleby

Appleby-in-Westmorland Town Council

Appleby Recycling Centres

The glass recycling bins at the Heritage Centre have been removed and more glass bins have been installed at the Primary School.

Westmorland & Furness are currently carrying out a consultation on their waste and recycling services. The online survey can be accessed at https://www.surveymonkey.com/r/WFwastesurvey

Parking & Road Closures

Broad Close car park will be fully closed from Tuesday, 26th November. Work has started on the re-surfacing of the new temporary car park at Edenside, and it is anticipated this will be ready by 20th December. Alternative parking is available at Appleby Castle.

Work on the new outfall into the River Eden has been completed and work is now progressing on the construction of the new pumping station in Broad Close car park.

Holiday Activities and Food Programme

With funding from government, Westmorland & Furness Council is promoting activities and meals for school age children, free to those receiving benefits-related free school meals, otherwise paid for. There will be Christmas Fun Days at Appleby Leisure Centre on 23 Dec and 3 Jan and four days of Holiday Activity and Food at the Hub on 23 Dec, 24 Dec (remote), 2 and 6 Jan. Many other activities in Penrith. Places can be booked online at www.westmorlandandfurness.gov.uk/holidays

Warm Spots

This winter Westmorland & Furness are once again supporting the provision of warm Spots. Warm Spots in Appleby can be found as follows:

Appleby Leisure Centre - Chatter Matters

Wednesdays - 11.15am-1.15pm (£2 pp)

"Hot drinks, soup and roll

"Health and wellbeing advice and health checks

"Table games

"Boccia and New Age Curling

"Water workout session 11:30am-12pm

Contact details: betterhealth.eden@gll.org or 077433 62383

Appleby Public Hall - Renew Wellbeing

Fridays - 9.30am-2pm

This is a welcoming space that is open for everyone.

"Hot soup and drinks

"Free wifi and charging

"Accessible toilets

Contact Details: 07740 224324

Appleby Library

Mondays, Wednesdays and Fridays - 9am-12.30pm, 1.30-5pm

Saturdays - 10am-1pm

"Free public Wi-Fi and 2 hours free use per day on public PCs

"Space to study, read and chat

"Browsing and borrowing of stock with a free requests service

Extraordinary Parish Meeting

Following a request received from residents via the Appleby Fair Communities Group, Appleby Council will be holding an Extraordinary Parish Meeting at 6.30pm on Wednesday, 4th December in the Public Hall to discuss the use of Fair Hill during Appleby Horse Fair. This meeting is open to all electors of Appleby.

Mayor's Coffee Morning

The Mayor's coffee morning will take place at 9.30am on Saturday, 21st December in the Public Hall Supper Room. Proceeds in aid of Eden Animal Rescue. We hop to see you there!

Appleby Councillor Drop-in Surgery

The next Councillor drop-in surgery will be on Saturday, 11th January 2025 from 11am to 12pm. The surgeries are open to all residents and business owners in Appleby and are an opportunity to engage directly with local Council representatives to discuss matters relating to the Parish.

Appleby Horse Fair Councillor Drop-in Sessions

Come and speak to your locally elected Westmorland & Furness Councillors, Cllr Andy Connell and Cllr Graham Simpkins regarding any concerns relating to Appleby Horse Fair. The next session will take place on Wednesday, 22nd January 2025 at Appleby Library from 10-11am. This is a drop-in session and no pre-booking is required.

Appleby Edibles

Come and grow with us!

Who are we?

An inclusive group of gardening and nature enthusiasts who like to grow fruit and veg, socialise, and share skills in pleasant surroundings. Our members are of all ages and abilities, and we are happy to welcome members with health challenges. We enjoy a strong sense of connection with the environment.

Where are we?

At the far end of the former Appleby Heritage Centre site (near the railway station). There is free parking adjacent to the garden.

When are we open?

Please come and visit us Tuesdays and Saturdays 10-12. When you join Appleby Edibles you come up and garden whenever you like.

Enquiries to Karen West (Chair) 07974 759136, Annie Weir (Secretary) 07919 542143, or email us at applebyedibles@hotmail.com

Community Transport

(Supported by Westmorland and Furness Council)

Community Wheels service

This service continues to operate on Fridays into/out of Appleby - to join the Community Wheels scheme, please call 01228 226430.

Voluntary Social Car Scheme

This Scheme offers transport for a small charge to anyone in the community of Appleby and District who needs it (under 18s must be accompanied). To use this service please contact Valerie Kendall, Scheme Co-ordinator, on ☎017683 53159. **N.B. You may have to leave a message. If you do, be sure to leave your telephone number or other way of contacting you!**

Appleby Clubs, etc.

Appleby in Westmorland Society

No meeting in December, but on Sunday 19th January at 1:30pm in the Public Hall Supper Room, there will be a lecture titled: "Medieval Cumbria"

Appleby Archaeological Group

At 7:30pm in the Public Hall Supper Room:

Thursday 12th December , titled: "Exploring the Medieval Castle at Lowther";

Thursday 9th January title not known at this time

The Arts Society, Appleby

10:30am in the Public Hall Supper Room

On Wednesday 11th December, titled: "Christmas Winter Snow Scenes in Art" by Stella Grace Lyons;

and on Wednesday 8th January, titled "Skin Deep", by Amanda Herries, about 18th Century cosmetics, if you have the stomach for it!

Appleby Evergreens

Evergreens in the Public Hall Supper Room from 2 - 4 pm (generally on alternate Mondays), i.e. 9th and 23rd December, 6th and 20th January, though I am not certain about the 23rd December - might be worth checking

Appleby Rainbows, Brownies and Guides

Our team at Appleby Friends of Guiding and our leaders make everything run really smoothly. However, we are in need of more volunteers to help with our thriving units. We particularly need volunteers for Rainbows on Thursday 5:00 - 6:15pm and Brownies Wednesday from 5:00 - 6:15pm. We are looking for people who could help either on a weekly basis or regularly on a rota basis. You may be 18-20 and looking for some experience of working with children to help with your future career, or have a daughter at one of the groups and could be involved, we would welcome any younger/older siblings to join you, or a grandparent or trainee grandparent who has time and a wealth of experience to offer. If you feel you are able to support our units or want to come along and find out more, please contact me directly at kath1nunn@gmail.com *Kathryn Nunn*

Chair Appleby Friends of Guiding

1st Westmorland Scout group

We're still recruiting:

Beavers (6-8yrs)	alternate Thursdays
Shap Beavers	Tuesdays
Morland Cubs (8-10½ yrs)	alternate Thursdays
& Scouts (10-14yrs)	times on application.

We create stronger communities and inspire positive futures, by providing fun, friendship and adventure. Join as a young person or volunteer and help young people gain skills to succeed.

Contact: ☎/WhatsApp 0333 339 3710, or https://edenscouts.org.uk

1stwestmorland@edenscouts.org.uk

Appleby Hub Patchworkers

Hub cafe in Appleby 10-12 on Thursdays - free and everyone is welcome. If anyone has any queries please contact jane.farkins@right2work.org.uk

Lights…Camera…Appleby

The Holdovers (15)

Sunday 8th December 2024

This intelligent and heartwarming film is deservedly a new Christmas classic. A New England prep school is forced to remain open during the Christmas break and Paul Giamatti is on top form as an embittered teacher who has to babysit the handful of students with nowhere to go. He learns a hard lesson in empathy when he forms an unlikely bond with a damaged, brainy troublemaker and the school's head cook, played by Da'Vine Joy Randolf, winner of the Best Supporting Actress in the 2024 Academy Awards for her role.

We will be serving a delicious Holdovers themed Xmas meal of glazed ham with cranberry sauce, mashed potatoes and green beans cooked by James Brighurst, formerly of Angelo's Italian Restaurant. Vegetarian option available. Please book food tickets well in advance to avoid disappointment.

The Taste of Things (15)

Saturday 18th January 2025

It's 1885 and the famous chef Dodin Bouffant (Benoît Magimel) and Eugénie (Juliette Binoche) have been cooking and at times, romantic partners for 20 years. The film explores their tender bond and the delicious dishes they create to impress the world's most illustrious chefs. Based on a 1924 novel by Marcel Rouff, this film is a love story for grown-ups and a mouth-watering love letter to food.

We will be serving a delicious French cassoulet (sausage and bean stew) cooked by self-confessed foodie and Francophile Chris Wilson, supported by members of our Remote Cinema team. Vegetarian option available. Please book food tickets well in advance to avoid disappointment.

Tickets £14 (December) / £12 (January) for food and film. Film only tickets, £4. Doors open 6pm, food served 6.15-6.30pm. Film screening at 7pm. Pay bar, raffle and interval ice-cream from the Jersey Ice Cream Farm, Melkinthorpe.

Tickets from Appleby Tourist Information Centre or the Courtyard Gallery, Appleby. For further information please tel. 07921489611 or email applebyremotecinema@btconnect.com

Memory Club in Appleby

Meetings are (in general) held on the 2nd & 4th Wednesdays of each month at Sands Methodist Church Hall 10.30am -12 noon. The only December meeting will be on the 11th, and the January meetings on the 8th and 22nd. All are welcome, particularly those with memory loss. There will be light refreshments, games, crafts, music and singing.For further information please contact:-

Anne ☎017683 51219
Tim ☎017683 52640

Probus Club

If you enjoy a good meal and interesting conversation, perhaps you might like to consider joining the Appleby Probus club.

The Appleby Club is strictly non-political, non-denominational, gender-neutral, and does not raise funds. It is currently seeking new members!

You might also like to know that the club also runs occasional outings such as trips to the theatre or sporting events. As an example, we recently visited the Carlisle Airport museum.

If you think that any of this might interest you, please drop a line to either Ian Rudd at ian.rudd70@icloud.com
or Adrian Marsh at adrian.marsh@live.co.uk

Appleby Rotary Club

Appleby Rotary Club is supporting Physionet, a UK based humanitarian organisation dedicated to helping some of the most marginalised people in the world by supplying children and adults with disability equipment considered surplus or redundant in the UK. Physionet supplied almost 8000 items of physiotherapy, paediatric equipment, wheelchairs, mobility items and some hospital hardware that would have normally ended in landfill.

If you have any surplus/redundant equipment please contact us and we will arrange collection.

Alastair Bell - Appleby Rotary Club on atbell@btinternet.com or ☎07970597536 / 017683 51547

Villages

Asby

December

Wed	4th	19:30	Asby Fellowship, The Hollies, Asby: Pat Bevan
Thurs	12th	12:00	Asby Lunchers, Three Greyhounds (main course and a drink £7.50, dessert £2.50). Let them know you are coming
Wed	18th:	19:30	Carols by Candlelight Baptist Chapel
Fri.	20th:	13.45	Asby School Christingle, St Peter's Church
Sun	22nd	18:30	Bus Shelter Green Carols

January

Wed	8th	19:30	Asby Fellowship, The Hollies, Asby: Pat Bevan
Thurs	9th	12:00	Asby Lunchers as above
Wed	22nd	19:30	Asby Fellowship, The Hollies, Asby: Fran Parkinson

Brampton Village Hall

December

Tues.	3rd	7:00pm	Book Club
Wed.	4th	6:30pm	The New Inn Brampton Ladies Christmas Dinner
Wed.	11th	7:00pm	Eden Valley Woodturners
Thurs	12th .	6:30pm	Table Tennis
Wed.	18th	7:00pm	Christmas Village Social

January

Tue.	7th	7:00pm	Book Club
Wed.	8th	7:00pm	Eden Valley Woodturners
Thurs.	9th	6:30pm	Table Tennis
Wed.	15th	7:00pm	Village Social
Sat.	18th	7:30pm	Quiz Night
Thurs.	23rd	6:30pm	Table Tennis

Colby Village Hall

Sat.	14th Dec.	10:30 am	Coffee Morning, including raffle
Mon.	16th Dec.	7:30pm	Carol Concert in aid of Hospice at Home with produce stall, mulled wine and mince pies to follow
Sat.	th Jan.	10:30 am	Coffee Morning, including raffle

Knock Mission Room

Join us for mince pies and carols with members of the Appleby Town Band! on Friday 13th December at 6.30pm

Free entry and charity collection in aid of Jigsaw Children's Hospice. Hope to see you there!

Long Marton

Saturday 14th December and 11th January 2025 10.30am to 12noon: Coffee, toasted teacakes, cake, chat & books, all are welcome.

Local History Group: There will be no meetings in December and January. They will resume on Wednesday 19th February. If you would like details of the programme for 2025, please email Christine at longmartonlocalhistorygroup@gmail.com

Sadly carpet bowls is taking a break due to lack of numbers. If anyone is interested in joining please contact Vicky on 01931 715810

Craft and chat - Thursday evenings from 7.30pm - details from Nicola on 62301.

If you are thinking of setting up a new activity, rates are from £6 per hour. Don't forget to consider the hall when thinking about a party or family gathering. Any enquries please contact Christine at bookingslongmartonvi@gmail.com

Milburn

Village coffee mornings first Saturday of each month (7th December, 4th January). Church coffee mornings third Saturday of each month (21st December, 18th January), both 10:30 to noon.

Ormside

Village hall coffee mornings are Wednesdays 11th December, 8th and 22nd January, from 10.30 till noon.

Craft Night is on the third Tuesday of the month (i.e. 17th December, 21st January) at 7.30 pm.

Country Dancing is the second and fourth Mondays of the month, i.e. 9th and 23rd December, 13th and 27th January.

Village dominoes on Thursday 19th December from 7:30 pm (I think *Ed.*)

Carol singing on Saturday 21st December **(not the 16th)**. Meet at the Cross Tree at 6pm. In aid of a charity to be decided, and followed by mince pies and mulled wine in the village hall.

Fancy a game of Ping Pong?! We have a table tennis table at Ormside Village Hall. It's available to hire, at £6 per hour, including use of the hall for an hour, 4 bats and balls or BYO equipment.To book ring ☎07759011555

Temple Sowerby

Information on clubs, events, sports and exercise classes held in the village can be found on the website which is https://templesowerbyvillage.co.uk/

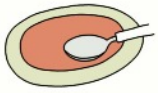
Coffee Morning is 10am - noon on the 1st and 3rd Tuesdays of the month (3rd and 17th December, 7th and 21st January) at the Victory Hall. All are welcome.

Warcop - Parish Hall

Mondays 6:30 - 8 Table tennis club

December

Thursday 5th 11:30 - 1 Monthly Soup and Pud. Admission £7.00 including soup, pudding and hot drink. Come and join us for some lovely food and great company!



Thursday, 12th December, 7.30pm Warcop Parish Hall Remote Cinema

The Holdovers (15)

Starring: Paul Giamatti

A teacher at a New England prep school who is forced to remain on campus during the Christmas break to babysit the handful of students with nowhere to go, forms an unlikely bond with a damaged, brainy troublemaker and the school's head cook, who has just lost a son in Vietnam. This intelligent and heartwarming film is deservedly a new Christmas classic.

Doors open 7:15pm. Screening: 7:30pm. Refreshments available during the interval, including ice creams.

Adults: £5.00. Children under 16: £3.00

Warcop Parish Hall Coffee Morning

Saturday 14th December 10-11.30am

Tea, coffee and biscuits, plus bacon or sausage rolls (vegetarian alternatives) and scones for purchase. This is also the Air Ambulance event and there will be a display by the Handbell Ringers.

Please come along for some convivial chat! Everyone welcome.

January

Warcop Parish Hall Soup and Pudding, as for December, but on Thursday **2nd or 9th** January, 11.30am - 1.00pm. Please check the NEW website warcopparishhall.co.uk for up to date information.

Warcop Parish Hall Remote Cinema - Thursday 16th January, 7.30pm

Bob Marley: **One Love (15)**

Starring: Kingsley Ben-Adir and Lashana Lynch

The story of how the Jamaican singer-songwriter and reggae icon, Bob Marley, overcame adversity and the journey behind his revolutionary music.

Doors open 7:15pm. Screening: 7:30pm. Refreshments available during the interval, including ice creams.

Adults: £5.00. Children under 16: £3.00

Warcop Parish Hall Coffee Morning

Saturday 11th January, 10-11.30am

Tea, coffee and biscuits, plus bacon or sausage rolls (vegetarian alternatives) and scones for purchase

Teaching the Lord's Prayer across the North of England

The Archbishop of York Stephen Cottrell plans to teach the Lord's Prayer across the North of England throughout 2025, a priority of his vision for Faith in the North.

Archbishop Stephen is to visit dioceses in the Northern Province of the C of E where he will be sharing the relevance of the Lord's Prayer to our world today, encouraging people to pray and live by this, as part of their missionary discipleship.

Archbishop Stephen is encouraging prayer, storytelling and church planting inspired by the Northern Saints such as Hild, Cuthbert, Bede and Paulinus. The aim is to foster deeper connections with the Christian faith across the north and renew the Church's missionary purpose to share God's love with all.

Archbishop Stephen said "In less than 70 words, Jesus gives us a prayer to learn by heart and a prayer that gets inside our hearts, shaping the way we live. The Lord's Prayer surely is the best place to start. It is said in just about every church service, from the coronation of the King to the christening of a child. It's a challenging prayer and when we say this prayer together, we become part of God's movement of change, of bringing God's heaven to earth. It teaches us how to pray. But it also teaches us how to live".

The above article reminded me of a rather sweet story by Tolstoy, which you might enjoy. *Ed.*

A bishop and several pilgrims are travelling on a fishing boat from Archangel to the Solovétsk Monastery. During the voyage, the bishop overhears a discussion

about a remote island, nearby their course, where three old hermits live a spartan existence focused on seeking "salvation for their souls." Inquiring about the hermits, the bishop finds that several of the fishermen claim to have seen the hermits once.

The bishop then informs the captain that he wishes to visit the island. The captain seeks to dissuade him by saying, "the old men are not worth your pains. I have heard say that they are foolish old fellows, who understand nothing, and never speak a word." The bishop insists and the captain steers the ship toward the island. The bishop subsequently sets off in a rowboat to visit. He is met ashore by the three hermits.

The bishop informs the hermits that he has heard of them and of their search for salvation. He inquires how they are seeking salvation and serving God, but the hermits say they do not know how, only that they pray, simply: "Three are you, three are we, have mercy upon us." Subsequently, the bishop acknowledges that they have a little knowledge but are ignorant of the true meaning of the doctrine and how to pray properly. He tells them that he will teach them "not a way of my own, but the way in which God in the Holy Scriptures has commanded all men to pray to Him" and proceeds to explain the doctrines of the incarnation and the Trinity. He attempts to teach them the Lord's Prayer, the "Our Father", but the simple hermits blunder and cannot remember the words. This compels the bishop to repeat the lesson late into the night. After he is satisfied that they have memorized the prayer, the bishop departs from the island leaving the hermits with a firm instruction to pray as he has taught them. The bishop then returns to the fisherman's vessel anchored offshore in the rowboat and continues his voyage.

While on board, the bishop notices that their vessel is being followed. At first, he thinks a boat is behind them, but he soon realizes that the three hermits are running across the surface of the water "as though it were dry land." The hermits catch up to the vessel as the captain stops the boat, and inform the bishop, "We have forgotten your teaching, servant of God. As long as we kept repeating it we remembered, but when we stopped saying it for a time, a word dropped out, and now it has all gone to pieces. We can remember nothing of it. Teach us again." The bishop is humbled and replies to the hermits, "Your own prayer will reach the Lord, men of God. It is not for me to teach you. Pray for us sinners." After this the hermits turn around and walk back to their island.

Wordsearch for Christmas 2024

Father Christmas is based on St Nicholas, who was born in the 3rd century in the Greek village of Patara, on what is today the southern coast of Turkey. His family were both devout and wealthy, and when his parents died in an epidemic, Nicholas decided to help people. He gave to the needy, the sick, the suffering, and was made Bishop of Myra while still a young man. As a bishop, he suffered in prison with other bishops under the emperor Diocletian's persecution of Christians.

One story of his generosity explains why we hang Christmas stockings over our mantelpieces today. There was a poor family with three daughters who needed dowries if they were to marry, and not be sold into slavery. Nicholas heard of their plight, and tossed three bags of gold into their home through an open window - thus saving the girls from a life of misery. The bags of gold landed in stockings or shoes left before the fire to dry. Hence the custom of children hanging out stockings - in the hope of attracting presents of their own from St Nicholas - on Christmas Eve. That is why three gold balls, sometimes represented as oranges, are one of the symbols of St Nicholas.

Christmas Wordsearch (solution p.14)

father	Christmas	Nicholas
Born	Third	Century
Greek	Village	Devout
Wealthy	Needy	Sick
Suffering	Prison	Emperor
Poor	Family	Three
Daughters	Stockings	money
Stockings		

U G S D C M F A M I L Y
K M G Y H T L A E W I M
P C N N R O R E P M E E
O F I O I S T M D L H G
O N K S S R E H T A F R
R T C I T E E N R T K E
A U O R M T G F E E M E
I O T P A H R A F E E K
G V S T S G E R L U D C
C E N T R U R Y M L S Y
O D G D S A L O H C I N
T T H I R D B O R N T V

Why the world was ready for Christmas

Ever wonder why Jesus was born when He was? The Bible tells us that "when the time had fully come, God sent forth His Son…" The Jewish people had been waiting for their Messiah for centuries. Why did God send Him precisely when He did?

Many biblical scholars believe that the 'time had fully come' for Jesus because of the politics of the time. The Roman Empire's sheer size and dominance had achieved something unique in world history: the opportunity for travel from Bethlehem to Berwick on Tweed without ever crossing into 'enemy territory' or needing a 'passport'. For the first time ever, it was possible for 'common' people to travel wide and far, and quickly spread news and ideas. And all you needed were two languages - Greek to the east of Rome, and Latin to the west and north. You could set sail from Joppa (Tel Aviv) and head for any port on the Med. And the Roman roads ran straight and true throughout the empire.

So the Roman Empire achieved something it never intended: it helped spread news of Christianity far and wide for 400 years. After that, the Empire crumbled, and the borders shut down. Not until the 19th century would people again roam so freely. The time for Jesus to be born, and for news of Him to be able to travel, had indeed 'fully come'

The most beautiful story

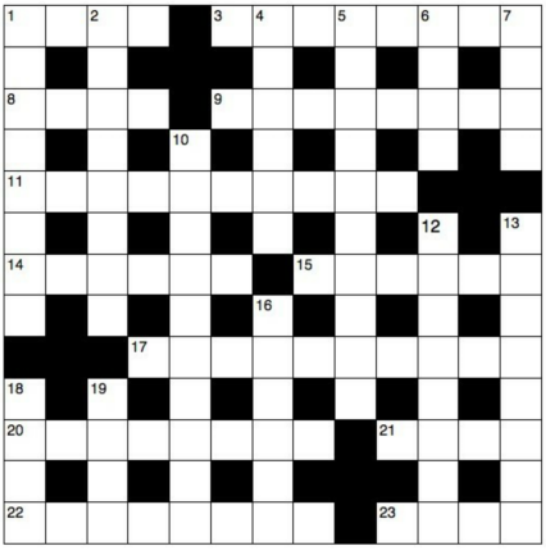
A well-known atheist was being interviewed on Radio 4. When asked how he spent Christmas, he said that he went to Midnight Mass at church. "But you're an atheist", his interviewer protested. "Yes", he replied, "but what they celebrate at Christmas is the most beautiful story ever told."

That 'beautiful story' tells of a Creator who sent His Son to share the life of His creation, to be born as a helpless baby, to grow up as a man of extraordinary wisdom, gentleness and love, who was executed by the authorities for contradicting the traditions of the time. His followers - who today number about two billion people all over the world - believe that He rose from the dead, and that by His death and resurrection He has made possible forgiveness and eternal life for men and women everywhere.

That is certainly quite a story, perhaps the greatest story ever told, and yes, beautiful. And that is the story that will be rehearsed again this Christmas, in children's Nativities, in hymns and carols, in Bible readings and sermons all over the country. People who stay away from church all year turn up to hear it, and who can blame them? This is a story of hope, of love and of heaven touching earth.

Probably the best-known statue in the world is 'Christ the Redeemer', towering over the South American city of Rio de Janeiro, His arms outstretched in blessing. Christmas celebrates the birth of that great Redeemer - a tiny baby laid in a feeding trough.

His birth changed history, His life transformed our understanding of what it means to be human, His death was at one and the same time a tragedy and a triumph. Yes, it is 'the most beautiful story ever told'. Enjoy it again this Christmas



Solution page14

Across

1 'The blind receive sight, the - walk' (Luke 7:22) (4)

3 Got (Philippians 3:12) (8)

8 Leave out (Jeremiah 26:2) (4)

9 Castigated for using dishonest scales (Hosea 12:7) (8)

11 Weighty (1 John 5:3) (10)

14 'Now the serpent was more - than any of the wild animals the Lord God had made' (Genesis 3:1) (6)

15 'Those controlled by the sinful nature cannot - God' (Romans 8:8) (6)

17 Because Israel lacked one of these, tools had to be sharpened by the Philistines (1 Samuel 13:19) (10)

20 In his vision of the two eagles and the vine, this is how Ezekiel described the latter (Ezekiel 17:8) (8)

21 Rite (anag.) (4)

22 Nine gigs (anag.) (8)

23 'The eye cannot say to the - , "I don't need you"' (1 Corinthians 12:21) (4)

Down

1 'Flee for your lives! Don't - - , and don't stop anywhere in the plain!' (Genesis 19:17) (4,4)

2 Principal thoroughfare (Numbers 20:19) (4,4)

4 'The tax collector... beat his - and said, "God have mercy on me, a sinner"' (Luke 18:13) (6)

5 'The zeal of the Lord Almighty will - this' (2 Kings 19:31) (10)

6 'The day of the Lord is - for all nations' (Obadiah 15) (4)

7 Specified day (Acts 21:26) (4)

10 Deadly epidemic (Deuteronomy 32:24) (10)

12 Roman Catholic church which has special ceremonial rights (8)

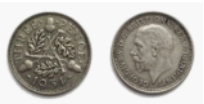
13 Tied up (2 Kings 7:10) (8)

16 In his speech to the Sanhedrin, Stephen described Moses as 'powerful in speech and - ' (Acts 7:22) (6)

18 'Although he did not remove the high places, - heart was fully committed to the Lord all his life' (1 Kings 15:14) (4)

19 Tribe (Deuteronomy 29:18) (4)

That coin in your Christmas pudding



There is a tradition, which dates from the Middle Ages, of putting silver coins into Christmas puddings. The first coins used were a silver farthing or penny. After World War One, it became a threepenny bit and then a sixpence. Finding one was supposed to bring you good fortune, but probably it was more likely to break a tooth as you bit into the pudding.

We now pay for most things with plastic or by tapping a mobile telephone. In future, will people put old credit cards or phones in their Christmas pudding? Hope not.

Other coins 'appear' at this time of year. Chocolate coins are traditionally given to children at Christmas time, and in Jewish tradition during Hanukkah. It is said that one night Saint Nicholas climbed on a roof and threw a purse of money down a chimney, which landed in a pair of stockings that a little girl had hung up to dry. Good throw!

Iconic Bethlehem Carol Sheet celebrates 70 years in print

It was back in 1954 when the charity, BibleLands Mission Aid Society, first tentatively decided to print a colourful compilation of popular Christmas carols, alongside images of some of the people BibleLands served.

From the start, the scheme was an immense success. The carol sheets were so popular that even that first year, 100,000 copies were insufficient to meet the demand of schools, churches, British army bases at home and abroad and Royal Navy ships across the world. The donations appeal towards the BibleLands projects in the carol sheet also raised hundreds of pounds.

When 500,000 copies were quickly sold in 1955, BibleLands knew it had a winner on its hands.

So it was that, in 1956, with 1.5 million carol sheets sales as the target, an accompanying

catalogue of Christmas cards and gifts and prayers for God's favour was also launched. The plan was overwhelmingly successful – much needed funds were raised for the work of BibleLands.

Since then, many millions of carol sheets have been sold, until this year the charity, now renamed Embrace the Middle East, has produced a new-look Edition with 27 popular carols, including three new additions for this year: *O Holy Night, See Him Lying on a Bed of Straw (Calypso Carol)* and *The Angel Gabriel from Heaven Came.*

For more information or to purchase your copy, visit https://shop.embraceme.org/collections/bethlehem-carols

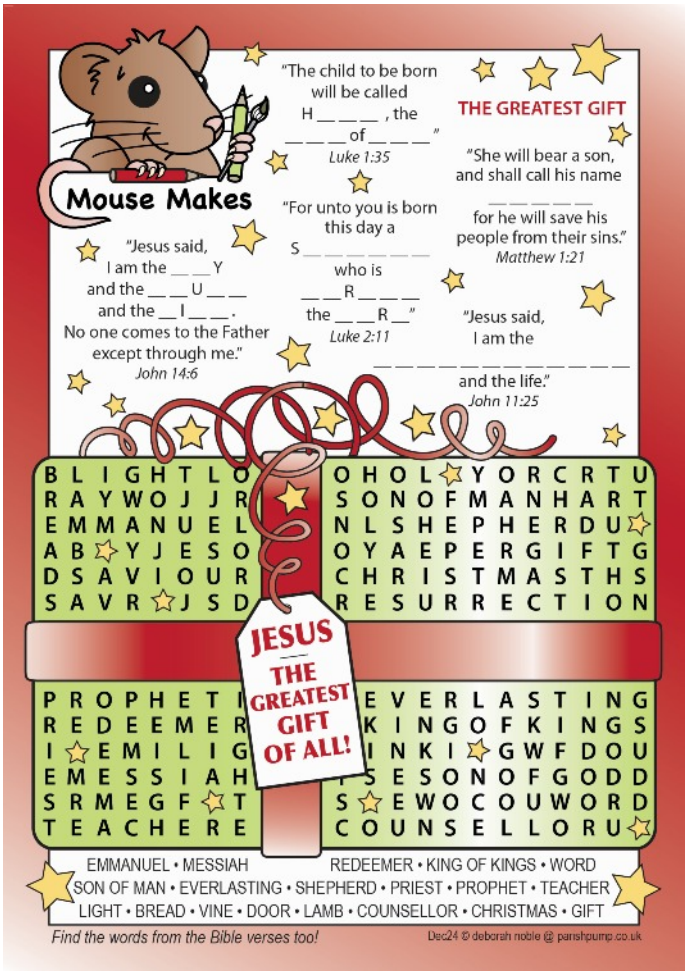
St Nicholas - a much-loved saint

One account of how Father Christmas began tells of a man named Nicholas who was born in the third century in the Greek village of Patara, on what is today the southern coast of Turkey. His family were both devout and wealthy, and when his parents died in an epidemic, Nicholas decided to use his inheritance to help people. He gave to the needy, the sick, the suffering. He dedicated his whole life to God's service and was made Bishop of Myra while still a young man. As a bishop in later life, he joined other bishops and priests in prison under the emperor Diocletian's fierce persecution of Christians across the Roman Empire.

Finally released, Nicholas was all the more determined to shed abroad the news of God's love. He did so by giving. One story of his generosity explains why we hang Christmas stockings over our mantelpieces today. There was a poor family with three daughters who needed dowries if they were to marry, and not be sold into slavery. Nicholas heard of their plight and tossed three bags of gold into their home through an open window - thus saving the girls from a life of misery.

The bags of gold landed in stockings or shoes left before the fire to dry. Hence the custom of children hanging out stockings - in the hope of attracting presents of their own from St Nicholas - on Christmas Eve. That is why three gold balls, sometimes represented as oranges, are one of the symbols of St Nicholas.

The example of St Nicholas has never been forgotten - in bygone years boys in Germany and Poland would dress up as bishops on 6th December and beg alms for the poor. In the Netherlands and Belgium 'St Nicholas' would arrive on a steamship from Spain to ride a white horse on his gift-giving rounds. To this day, 6th December is still the main day for gift-giving and merry-making in much of Europe. Many peoplefeel that simple gift-giving in early Advent helps preserve a Christmas Day focus on the Christ Child.



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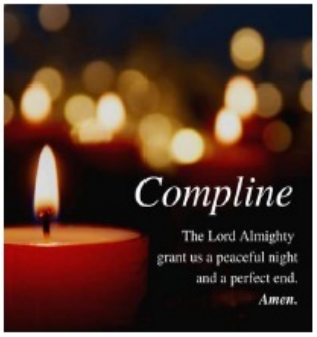
PRAYERS

and

COMPLINE



November to April
1st & 3rd
Monday
of each month

7.00pm

Canapés to follow

APPLEBY CHRISTMAS CONCERT

in aid of

Hospice at Home
Carlisle and North Lakeland
Local Care for Local People

Appleby Public Hall
7th December 2024 at
7.30pm

Featuring:
Appleby Town Band
Michael cave (Flute) accompanied by Brian Tanner
Sun Singers

Tickets £10
To include a glass of wine and a mince pie
(£1 for school children)

Tickets available from:
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Carlisle and North Lakeland
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Tel. 01228 475025
Website: www.hospiceathome.co.uk
Email: admin@hospiceathome.co.uk
Registered as a charity in England and Wales (1095708)

Registered with FUNDRAISING REGULATOR

St Lawrence's Church
Appleby in Westmorland

Appleby Town Carol Service 2024

Sunday
December 15th
5.30pm

St Lawrence's Church
Appleby-in-Westmorland

Christingle 2024

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&
Revd Fran Parkinson

Christmas Eve at 5.30pm

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citizens advice Carlisle & Eden

We give free, up-to-date advice to everyone in Eden

Coronavirus has made life hard for many people. Citizens Advice Carlisle & Eden is here to help.

If you need help with benefits, work, debt and money, housing, or more, please get in touch or look at useful information available at www.citizensadvice.org.uk.

For Debt/Money advice or Foodbank referrals: 03300 563037

For help claiming Universal Credit: 0800 1448 444

For all other enquiries: 0808 278 7844

Email Advice:
Via Contact Us form on website;
www.ca-ce.org.uk

Webchat Advice
www.citizensadvice.org.uk

Check out our social media page
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LINKING LIVES UK

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- Do you know someone who is socially isolated?
- Do you know of someone whose family has moved away?
- Do you know of someone who just needs a friend?
- Do you want to volunteer or find out more?

WHO ARE WE?

- Linking Lives brings people together to support socially isolated people through home visits, telephone calls and engagement in social events and activities in the community.
- We make weekly visits or phone calls to enable volunteers to make a significant difference to the lives of people.
- We receive referrals from local organisations, friends and family members. Volunteers are fully vetted, interviewed, trained and linked up with someone matching their interests and personality.

For more information, to volunteer or to refer someone please email penrith@linkinglives.uk call us on 0795 173 8540 or visit our website www.linkinglives.uk/penrith

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HOLOCAUST MEMORIAL DAY 27/1

Heart of Eden Benefice
St Lawrence's Church
Appleby-in-Westmorland

80th Anniversary of the Liberation of Auschwitz-Birkenau

A Service of Prayer, Reflection, and Reconciliation

with music led by
St Lawrence's Church Choir
Sheila Morbey *(violin)*
Geoff Gordon *(piano)*

Monday January 27th 2025
7.00pm

Everyone is invited to join us

A wonderful opportunity for us all -
We are delighted to announce we are doing an ecumenical service in June for
Young and Old

To gain Membership of the Methodist Church

To get Confirmed into the Church of England

Are you interested?
Please contact Rev Andrew Sterling (Methodist)
andrew.sterling@methodist.org.uk
or

Heart of Eden God for All

The Good Book Club

Reading the Bible for ourselves

A safe place to share thoughts and questions while learning from each other

Every Wednesday
12.30 – 2pm
Memorial Hall
Kirkby Thore

We also have a light lunch together

Everyone is welcome

Appleby Guide Hut

Girlguiding

For Hire

£12 per hour

Suitable for: one off events or regular meetings e.g. children's birthday parties, workshops, day and evening courses.
Facilities: Clean, bright, warm hall with toilets, fully equipped kitchen, stage, disabled access and toilet.
Contact: Pam Sharples - Pam.sharples@outlook.com 0756234560
or Kathryn Nunn kath1nunn@gmail.com 07717841723
All hire fees go towards supporting Appleby Rainbows, Brownies and Guides

We don't sing carols no more... you 'ave to listen to 'em off me iPod!

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Church Services for December 2024

Church of England

St. Lawrence, Appleby

Sun.	1st	09:00	Holy Communion
Sun.	1st	10:45	Morning Worship
Fri.	6th	10:00	Holy Communion
Sun.	8th	10:45	Holy Communion
Tue.	10th	19:00	A time of Hope (see p.4)
Fri.	13th	10:00	Holy Communion
Sun.	15th	17:30	Town Carol Service
Mon.	16th	19:00	Compline
Wed.	18th	19:00	Christmas service remembering loved ones
Fri.	20th	10:00	Holy Communion
Sat.	21st	10:00	Carols in the cloistrers
Sun.	22nd	10:45	Holy Communion
Tue.	24th	17:30	Christingles
Tue.	24th	23:30	Midnight Mass
Wed.	25th	10:45	Holy Communion

St. Peter, Asby

Sun.	1st	15:30	Advent Special
Sun.	8th	11:00	United Service (@ S. Peter's)
Sun.	15th	18:30	Holy Communion
Fri.	20th	13:45	Asby School Christingle
Sun.	22nd	18:30	Village Green Carols
Tue.	24th	18:30	Carol Service
Wed.	25th	11:00	Holy Communion
Sun.	29th	11:00	United Service @ Baptists

Boroughgate, St. Anne

Mon.	2nd	19:00	Compline
Tue.	3rd	09:00	Holy Communion
Tue.	10th	09:00	Matins
Tue.	17th	09:00	Matins

Dufton St. Cuthbert

Sun.	8th	15:00	Songs of Worship
Sun.	22nd	14:30	Carol Service
Wed.	25th	10:30	Holy Communion

Kirkby Thore, St. Michael

Sun.	1st	10:00	Breakfast church
Sun.	8th	10:30	Morning Prayer
Sun.	15th	10:00	Breakfast church
Sun.	22nd	16:00	Christingle
Wed.	25th	10:30	Holy Communion

Long Marton SS. Margaret & James

Sun.	8th	09:15	Holy Communion
Wed.	18th	13:30	School Christingle

Milburn, St. Cuthbert

Sun.	1st	10:30	Holy Communion
Sun.	8th	10:30	Holy Communion
Sun.	15th	10:30	Holy Communion
Sun.	22nd	15:00	Christmas Carol Service
Tue.	24th	22:00	"Midnight" mass

Murton, St. John

Sun.	22nd	15:00	Carol Service

Musgrave, St. Theobald

Sun.	22nd	10:00	Holy Communion
Wed.	25th	10:30	Matins

Newbiggin, St. Edmu n

Sun.	1st	10:30	Holy Communion
Sun.	22nd	18:30	Carol Service
Wed.	25th	10:30	Songs of Worship
Sun.	29th	16:00	Year End Reflection (+ HC?)

Ormside, St. James

Sun.	1st	10:00	Matins
Sun.	8th	10:00	Holy Communion
Sun.	15th	10:00	Carol & Crib Service
Sun.	22nd	10:00	Matins
Tue.	24th	21:00	"Midnight" mass

Temple Sowerby, St.Jame

Sun.	15th	15:00	Carol Service
Sat.	21st	16:15	Crib Service

Warcop, St. Columba

(Apologies for the omission last month - Ed.)

Sun.	1st	10:30	Churches together
Fri.	6th	13:30	Christingle
Sun.	8th	10:30	Holy Communion
Sun.	8th	14:00	Carol Service (Bleatarn)
Mon.	9th	18:30	Carol Service @ Warcop Pub
Sun.	15th	10:30	Morning Prayer
Tue.	24th	14:00	Crib Service

Methodists

Section Services at Sands, Appleby

25th 10:30: Rev. Andrew Sterling
29th 10:30: Rev. Alex Dunstan

Sands, Appleby

Sun.	1st	10:30	All Age Worship
Sun.	1st	18:30	"Celebration"
Sun.	8th	10:30	Rev. Andrew Sterling
Sun.	15th	10:30	Revs. J & L Riley
Sun.	22nd	10:30	Revs. R & G Crippen

Dufton with Knock

Sun.	1st	10:45	D. Askew
Sun.	8th	10:45	J. Betts
Sun.	15th	10:45	Informal Service
Sun.	22nd	14:30	United Carol Service @ Parish Church

Warcop

Sun.	1st	10:30	J. Morton
Sun.	8th	10:30	S. Radford
Sun.	15th	10:30	Informal Service
Sun.	22nd	14:00	Rev. Andrew Sterling & Carols

Roman Catholic Church of Our Lady of Appleby Confession Sundays at 3:30pm. Masses on Sundays at 4pm,followed on the first Sunday each month by tea and refreshments . Tuesday mass at noon,

Church Services for January 2025

Church of England

St. Lawrence, Appleby

Fri.	3rd	10:00	Holy Communion
Sun.	5th	09:00	Holy Communion
Sun.	5th	10:30	See Sands Covenant Service
Fri.	10th	10:00	Holy Communion
Sun.	12th	10:45	Holy Communion
Fri.	17th	10:00	Holy Communion
Sun.	19th	10:45	Holy Communion
Wed.	22nd	18:00	Unity Service
Fri.	24th	10:00	Holy Communion
Sun.	26th	10:45	Holy Communion
Mon.	27th	19:00	Holocaust Service
Fri.	31st	10:00	Holy Communion

St. Peter, Asby

Sun.	5th	18:30	Covenant Service + Holy Communion
Sun.	12th	11:00	United Service @ Baptist Chapel
Sun.	19th	18:30	Lay Led
Sun.	26th	18:30	Evening Prayer

Boroughgate, St. Anne

Mon.	6th	19:00	Compline
Tue.	7th	09:00	Holy Communion
	Every other Tuesday - Matins at 9 am		
Mon.	20th	19:00	Compline

Dufton St. Cuthbert

Sun.	5th	15:00	Epiphany Carols
Sun.	12th	15:00	Compline
Sun.	26th	10:30	Holy Communion

Kirkby Thore, St. Michael

Sun.	5th	10:00	Breakfast church
Sun.	12th	10:30	Morning Worship
Sun.	19th	10:00	Breakfast church
Sun.	26th	10:30	Holy Communion

Long Marton SS. Margaret & James

Sun.	12th	10:30	Sung Worship

Milburn, St. Cuthbert

Sun.	5th	10:30	Holy Communion
Sun.	12th	10:30	Holy Communion
Sun.	19th	10:30	Holy Communion

Murton, St. John

Sun.	26th	15:00	Holy Communion

Musgrave, St. Theobald

Sun.	26th	10:30	Holy Communion

Newbiggin, St. Edmund

Sun.	5th	10:30	Holy Communion
Sun.	26th	18:30	Evening Prayer

Ormside, St. James

Sun.	5th	10:00	Matins
Sun.	12th	10:00	Holy Communion
Sun.	19th	10:00	DIY
Sun.	26th	10:00	Holy Communion

Temple Sowerby, St.James

Sun.	19th	10:30	Holy Communion

Warcop, St. Columba

Sun.	5th	10:30	Holy Communion
Fri.	12th	10:30	Morning Prayer
Sun.	19th	10:30	Chapel Covenant Service

Methodists

12th 18:30 Connexion Service at Warcop

Sands, Appleby

Sun.	5th	10:30	Rev. A. Sterling
Sun.	5th	18:30	“Celebration”
Sun.	12th	10:30	Mr. David Askew
Sun.	19th	10:30	Revs. J. & L. Riley
Sun.	26th	10:30	P. Hilland

Dufton with Knock

Sun.	5th	10:45	Mr. Harry Hutchinson
Sun.	12th	10:45	Revs. J. & L. Riley
Sun.	19th	10:45	Informal Service
Sun.	26th	10:45	Rev. A. Sterling (covenant)

Warcop

Sun.	5th	10:30	W. Ousby
Sun.	12th	10:30	Rev. Jackie Betts
Sun.	19th	10:30	Rev. A. Sterling (covenant)
Sun.	26th	15:00	D. Marston

Roman Catholic Church of Our Lady of Appleby

Confession Sundays at 3:30pm. Masses on Sundays at 4pm,followed on the first Sunday each month by tea and refreshments . Tuesday mass at noon,