.St. Lawrence, Appleby and St. John, Murton-cum-Hilton; St. James, Ormside; St. Peter, Great Asby; St. Cuthbert, Dufton; St. Margaret & St. James, Long Marton; St. Cuthbert, Milburn; St. Columba, Warcop & St. Theobald, Musgrave; St. James, Temple Sowerby; St. Michael, Kirkby Thore & St. Edmund Newbiggin. .Also with additional information from Methodist Churches at The Sands, Appleby; Great Asby; Warcop; and Dufton with Knock; & The Roman Catholic Church of Our Lady of Appleby. **But** we also bring information from the council, local voluntary organisations, clubs and associations, buses and trains, events at the villages of the Mid-Eden Valley, and we are partly supported by the advertisements which follow the news items

Heart of Eden
September 2025
The News Magazine of the Benefice

Season of mists and mellow fruitfulness,

Close bosom-friend of the maturing sun;

What's on in September in the Heart of Eden?

**What's on?? What's on?? What's on?? Whats onWhat's on?? What's on?? What's on?? What

The gospel reading for Sunday, August 17th, often brings discomfort to many Christians.

Just to remind you of Jesus' words (Ed.)
"Do you think that I have come to bring peace to the earth? No, I tell you, but rather division! From now on, five in one household will be divided, three against two and two against three; they will be divided:
father against son
and son against father,
mother against daughter
and daughter against mother,
mother-in-law against her daughter-in-law
and daughter-in-law against mother-in-law."

In this passage, Jesus states that his message will cause division even among families, which seems to contradict his teachings of peace and love. But is it really a contradiction?

This reflection prompts us to consider what it means to stand up for the truth and protect the persecuted. Engaging in discussions about critical issues like the environment, immigration, and politics can feel overwhelming, especially with social media often bombarding us with anxiety-inducing sound bites.

As Christians, we must pause to reflect on the nature of truth and justice. It's easy to latch onto sound bites that resonate with our frustrations, but we are called to stop, think, and ask deeper questions.

Taking a stand may lead to division, especially when we challenge widely accepted beliefs. We should seek where God's truth lies in our anxieties, ask questions, and keep love at the forefront of our actions.

Churches have a profound responsibility to champion justice, peace, and God's love in a world filled with despair. Standing against darkness and offering hope is crucial, and this often fuels the division Jesus mentioned.Ultimately, we must listen, engage in meaningful discussions, and hear the cries of all people, not just those who sit with our own opinions.

Ask yourself: When was the last time you bought a newspaper or watched a TV channel that isn't your usual preference? Doing this can provide you with a different and challenging perspective, helping you understand the other side of an argument. Division occurs when people stop talking and listening to each other. Christians should always strive to listen and engage in dialogue whenever possible.

Fr. Andrew Burrell

Recent Church Registers

Marriage	***We congratulate***	
5th July	Ian Wells and Kate McWhirter	St. Theobald, Musgrave
6th August	Glenn Laws and Heather Warburton	St. Lawrence, Appleby
Funerals	***May they rest in peace and rise in glory***	
1st July	Helen Wharton	St. Lawrence, Appleby
3rd July	Ellen Allonby	St. Lawrence, Appleby
7th July	Nigel Bateson	St. Peter's, Asby
11th August	Joseph Geoffrey Huddart	St. Peter's Asby
14th August	Derrick Ousby	St. Lawrence, Appleby

Holy Cross Day

On Holy Cross Day the Church celebrates the Cross as a symbol of triumph, as the sign of Christ's victory over death. Holy Cross Day goes right back to 14th September 335, and we have the mother of a Roman Emperor to thank for it.

Helena was a devout Christian, and after her son, Constantine, was converted, they agreed that she should travel from Rome to Israel, and seek out the places of special significance to Christians.

Of course, much of Jerusalem had been destroyed by the Romans around 135 AD. But even so, Helena finally located what she believed to be the sites of the Crucifixion and of the Burial (and modern archaeologists think she may well be correct). The sites were so close together that she built one large church over them - the Church of the Holy Sepulchre.

What is its significance? Well, people often put their initials or some sort of personal mark on something to show that it belongs to them. The Cross is the personal mark of our Lord Jesus Christ, and we mark it on ourselves as a sign that we belong to him. Even in the book of Revelation, we read that the servants of God are 'sealed' or 'marked' on their foreheads as a sign that they are His.

A preacher once put it this way: if you were explaining to someone how to make a cross, you would say: "Draw an I." That is you standing before the Lord, saying, 'here I am'. Then cancel that vertical stroke with a horizontal stroke - as if to say: "Lord, I abandon my self-will and make you the centre of my life instead. I abandon myself to your love and service."

On Holy Cross Day, we recall Jesus' wonderful promise: "And when I am lifted up, I will draw all men unto me." (John 12:32)

If you're encouraged, why not turn up for the Holy Cross day Taizé on the 14th at Long Marton church?

Church of England

St. Lawrence, Appleby with St. John, Murton cum Hilton

Churchwarden and Secretary: Jo Ayres (☎52017)

St. Peter, Asby

Churchwarden: vacant

PCC lay chair: Peter Miller ☎51707

Secretary: Karen Royle ☎ 07966.371044

St. Cuthbert, Dufton

Churchwardens:
Mrs. Gillian Bryan ☎51414
Mrs. Pam Day

Secretary: Mrs. Louise Stewart

St. Michael, Kirkby Thore

Churchwarden:

Margaret Davidson ☎017683.61699

Church Warden and Secretary:

Maeve Moore ☎017683.62005

Just in case you receive this before the end of August, don't forget our Benefice Service on Sunday 31st August at 10:30 a.m.

SS. Margaret & James, Long Marton

Churchwarden:

Mr. Lutaf Greenshaw ☎07802254982

St. Cuthbert, Milburn

Churchwarden:

Mr. Leigh Harding ☎ 0333.014.3944

Secretary: Christine Braithwaite

St. Theobald, Musgrave & St. Columba, Warcop

Churchwarden Mark Blackett-Ord mblackett-ord@5sblaw.com

St. Edmund, Newbiggin

Churchwardens:

Mrs. M P. Sawrey-Cookson ☎017683.61574

Tim Whittaker

St. James the Less, Ormside

Churchwarden: Margaret Parry

Secretary: Richard Parry

both ☎017683.51043

St. James, Temple Sowerby

Churchwardens:
Angela Cleasby ☎07947379412
Laura Crackanthorpe ☎07470403623
Secretary:
Anne Farmer ☎017683.61770

Rainbow Cafe is held on the second Tuesday of every month (14th September) in Temple Sowerby Church at 2.30 to 4.30 pm

Our Sister Churches

Methodist Church:

Minister: Rev. Ros Watson.

Dufton with Knock Methodist Church

Secretary: Mrs. Avril Swinbank
email dacreandavril@gmail.com or
☎017683.53102

Sands Methodist Church

General Enquiries Alastair Kirkpatrick on email am.kirkpatrick@yahoo.com or ☎017683.51184

Warcop Methodist Church

Secretary: Mrs. Glenda Burton on email cotehouse@aol.com or ☎017683.98067

Roman Catholic Church of Our Lady of Appleby, (Parish of St. John Boste)

Gartheads Road, Appleby

Fr. John Winstanley ☎ 01768 862273

Tours of St Anne's Hospital

Regrettably not available for the duration of the building work going on at the hospital. No services will be held in the chapel, either

News from the Area

Upper Eden Food Bank
'A church led, community fed project'

Donations can be made at Appleby and Kirkby Stephen Co-Ops, and K.S. Spar shops during opening hours, also at the wheelie bins outside Sands Methodist Church on Appleby Sands **from 11 to 11:30 on Tuesdays and 10 to 10:30 on Fridays**

Should you know of any person or family in need of the food bank, please do get in touch, contact details below:

☎ : 07596 690 902

Web: www.upperedenfoodbank.org.uk
The organisations listed overleaf may also be helpful:

Citizens Advice Carlisle & Eden:
03300 563 037, or Facebook
Local Links, Kirkby Stephen: Mon & Wed, 10 - 12, 1-3pm
017683 71775,
Cumbria County Council Community Support:
01228 221100

(Filling Station) Celebration

Meeting at Sands Methodist church at 6pm on the first Sunday of the month - (7th September)

Renew Wellbeing Café

Where it's ok to be not OK. An intentionally calm, shared space Free of charge All Welcome, everyone values Open to people of all faiths and none Each session starts and ends with a 5 - 10 minute meditation and prayer, which we find helps wellbeing. You're welcome to join in or come after the prayer time and leave just before. We look forward to spending time with you. If you fancy it, bring a craft or hobby to do! But this isn't essential, sitting, chatting and listening is just as good. Our main priority is to look after our wellbeing, so do what is most comfortable for you. Come and go as you please. **Now removed to the Public Hall Supper room**. Includes lunch time. Every Friday 9:30 am to 2 pm. Contact Kristy Pattimore krist@pattimore.com ☎07480.935119

Wellbeing Wednesdays

The Welcome Inn!

After taking a break through August we will resume on 2nd September, meeting every Tuesday afternoon, from 1pm to 3pm, in St Lawrence's Church, Appleby as a place of companionship and healing with an opportunity for prayer and connection.

We also have a private and confidential space available in our Lady Chapel if you would like to talk or pray with one of our team. Once a month - on the first Tuesday at 2.30pm (2nd September) - we also hold a special 'service for healing' which is an opportunity to receive prayer and anointing, for you or for someone you love. All are very welcome! We look forward to seeing you.

As a church we believe that healing is not just about people being well; it is about human flourishing and that, whatever the state of our body, mind and spirit, all people are beloved of God.

For further information, or for prayer requests, you can email us on welcomeinnhhh@gmail.com

Citizens Advice Carlisle and Eden Volunteers needed

Citizens Advice Carlisle and Eden (CACE) is here to help local people with any problems they may be experiencing. In the last year CACE has provided free, confidential, independent advice and support on matters including employment, debt, benefits, housing, energy and consumer affairs to around 5,000 people.

Locally, we rely on a team of committed volunteers in a number of roles. To support our work we now want to recruit: Digital Advisors: to work with clients by email and on the phone to provide advice across a wide range of issues.

Energy Advisers: to work with clients on the phone to give information and advice on dealing with problems people are having with their energy suppliers and bills

No special experience is required but volunteers should be good communicators and non-judgemental, be prepared to undertake a rigorous training programme, have good IT skills and able to commit to one day a week of volunteering.

If you are interested full details and how to apply can be found at: http://www.ca-ce.org.uk/ or email volunteer-recruitment@ca-ce.org.uk with a daytime phone number so we can call you for a chat

Inner Wheel

We have two manual wheelchairs for temporary use by local people. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed.

Contact Stan Rooke on ☎017683 52864.

Appleby Smarter.

The Appleby Smarter group meets once a week (Monday afternoon) for a couple of hours to help keep our lovely town looking nice.

Our jobs over this summer have included cutting back, grass mowing, cleaning and painting benches, brushing steps etc.

Our hard working volunteers like a challenge and to see the difference made in a 2 hour session with all hands on deck! They also enjoy the aspect of meeting up and chatting with like minded friends.

We would like to thank Appleby Town Council and Age Concern Appleby for their ongoing support of our group.

- Think you might like to join us?
- Get out and about?
- Become a bit more active?
- Make some new friends?
- Start volunteering?

- then here is your opportunity!
Ring or email Mike if you would like to know a bit more, on ☎0775 192 4982 or email applebysmarter@gmail.com

Tourist Information Centre

Open 10 - 3 Monday to Saturday until October

Not just for visitors! Locals are all welcome too. Come in and browse

Please see our website www.visitappleby.com for services and other information we provide. Social Media Facebook: Appleby Tourist Information Centre, Twitter/X @applebytown, Instagram @applebytic

Appleby Library

Opening hours now:

Monday, Wednesday and Friday, 9am to 12:30, 1:30 to 5pm **and** Saturdays 10am to 1pm

And don't forget the new library app. Try googling https://www.westmorlandandfurness.gov.uk/news/2024/new-app-library-members-cumbria

Penrith and District Red Squirrel Group

Your native red squirrels need you! Become a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey or sickly red please ring Gary Murphy on ☎07974788434

Visit our website at www.penrithredsquirrels.org.uk to donate. If you would like a talk for your club/group we can arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.

Public Hall Coffee Mornings

Appleby Public Hall, Supper Room Saturdays - 9:30am to 11:30am

Date	**In aid of**
13th	Liberal Democrats

and also 27th all day in main hall - Northern Crafts Market

Appleby-in-Westmorland Town Council

Heritage Open Weekend

Heritage Open Weekend 2025 is nearly here and is taking place on Saturday 20th and Sunday 21st September. We have some fantastic events lined up, including an Exhibition of Historical Images of Appleby in Appleby Public Hall; a walking tour on the Buildings of Boroughgate; and a drawing class of Appleby's Buildings, as well as the local historical properties that are taking part in this year's festival. A special exhibition will also be on display in Appleby Tourist Information Centre's Exhibition Room about Appleby's recently discovered Magna Carta. Havard University have kindly gifted us a copy of the Magna Carta to display. For more information about the weekend and events, pick up a leaflet from Appleby Tourist Information Centre, or visit the Heritage Open Days website at https://www.heritageopendays.org.uk/.

Pump Track

Appleby is getting a pop-up pump track! Join in the fun on Saturday 30th and Sunday 31st August behind Broad Close car park, from 10am. To share your thoughts on whether we should have a Permanent Pump Track in Appleby, please complete a brief Google Forms survey: https://forms.gle/AVdycaxm87cKwXfK8

Lifesaver Sessions - First Responders.

Appleby and District Community Responders are delivering free lifesaver sessions, on from September to March 2026 offering skills training that could save a life. You will learn to recognise a cardiac arrest, understand CPR and using a defibrator. Everyone is welcome, but places are limited so please book in advance by visiting Jane in The Appleby Hub or emailing jane.farkins@right2work.org.uk.

Public Space Protection Order

Have your say on Westmorland and Furness Council's Public Space Protection Order (PSPO). Public Space Protection Orders (PSPOs) help our local communities by tackling anti-social behaviour. Westmorland and Furness Council had requests to extend them to more public spaces. Following the implementation of the current orders on 5 November 2024, they are looking to make some amendments to help to improve community safety. The survey can be accessed using the below link and paper copies are available at reception in Voreda House, Penrith. The consultation is open until Friday 5 September.
https://www.surveymonkey.com/r/638GQ8R

Bus Talk

563 Penrith to Kirkby Stephen Bus Service

The expanded 563 bus service now operated by Stagecoach between Penrith and Kirkby Stephen, runs from early morning to early evening Monday to Friday, with four journeys to and from Kirkby Stephen and six to and from Appleby.

The first weekday journey now arrives in Penrith before 8.30 and there is now a late afternoon departure at 16.10 and a final departure at 17.40 from Penrith. The four return journeys on Saturday between Penrith and Kirkby Stephen have not been changed.

Timetables for the 563 service are available from Appleby TIC or online at westmorlandandfurness.gov.uk/buses/service/563

561 Appleby to Kendal Bus Service

The 561 service operates on Wednesdays, leaving opposite Appleby Moot Hall at 09.30 and arriving at Kendal Bus Station at 10.30 and returning from Kendal at 13.30, arriving back at Appleby Moot Hall at 14.30.

The service is operated by Westmorland & Furness Council with a 16 seater minibus and although ENCTS permits will be eligible, the £3 fare cap will not, and normal ticket fares apply for anyone travelling without a permit.

Timetables for the 561 service are available from Appleby TIC or online at westmorlandandfurness.gov.uk/buses/service/561

Community Transport

(Supported by Westmorland and Furness Council)

Community Wheels service

This service continues to operate on Fridays into/out of Appleby - to join the Community Wheels scheme, please call 01228 226430.

Voluntary Social Car Scheme

This Scheme offers transport for a small charge to anyone in the community of Appleby and District who needs it (under 18s must be accompanied). To use this service please contact Valerie Kendall, Scheme Co-ordinator, on ☎017683 53159.

N.B. You may have to leave a message. If you do, be sure to leave your telephone number or other way of contacting you! See also advert., p.13

Drivers needed for Car Scheme - urgently

The Voluntary Social Car Scheme for Appleby and District has over 160 potential users on its books, of whom at least 50 are active at any one time. But currently with only three available drivers more are urgently needed. Please ring local Co-ordinator Valerie Kendall on 017683 53159 for mire information on how to join this valuable service to the people of Appleby and district.

Appleby Edibles

Come and grow with us!

Who are we?

An inclusive group of gardening and nature enthusiasts who like to grow fruit and veg, socialise, and share skills in pleasant surroundings. Our members are of all ages and abilities, and we are happy to welcome members with health challenges. We enjoy a strong sense of connection with the environment.

Where are we?

At the far end of the former Appleby Heritage Centre site (near the railway station). There is free parking adjacent to the garden.

When are we open?

Please come and visit us Tuesdays and Saturdays 10-12. When you join Appleby Edibles you come up and garden whenever you like.

Enquiries to Karen West (Chair) 07974 759136, Annie Weir (Secretary) 07919 542143, or email us at applebyedibles@hotmail.com

Appleby Clubs, etc.

Appleby Town Band needs a new conductor

I mentioned last month that our local band is looking for a new conductor. I won't repeat all that I said last month, but if you know anyone who might fit the bill, please encourage them to apply, to Linda Bainbridge - ☎01931 715395; or email linda_bainbridge@hotmail.co.uk .

Appleby in Westmorland Society

Something is happening on the evening of the 25th September, but I'm not quite sure what at this point in time! *Ed.*

Appleby Bowling Club

…are looking for new members. The Club has superb green and clubhouse facilities. The Outdoor Season continues to mid September. The Winter Indoor season then starts in mid September and continues until April.

Presently the Annual Membership fee is £65.00 for adults, which covers both the Outdoor and Indoor Seasons.

Contact details:- Peter Metcalfe, Hon. Secretary,

☎01768 352306 and email: metcalfe6xy@btinternet.com

Appleby Evergreens

Evergreens in the Public Hall Supper Room from 2 - 4 pm generally on alternate Mondays (September 15th and 29th)

Appleby Rainbows, Brownies and Guides

Our team at Appleby Friends of Guiding and our leaders make everything run really smoothly. However, we are in need of more volunteers to help with our thriving units. We particularly need volunteers for Rainbows on Thursday 5:00 - 6:15pm and Brownies Wednesday from 5:00 - 6:15pm. We are looking for people who could help either on a weekly basis or regularly on a rota basis. You may be 18-20 and looking for some experience of working with children to help with your future career, or have a daughter at one of the groups and could be involved, we would welcome any younger/older siblings to join you, or a grandparent or trainee grandparent who has time and a wealth of experience to offer. If you feel you are able to support our units or want to come along and find out more, please contact me directly at kath1nunn@gmail.com *Kathryn Nunn*

Chair Appleby Friends of Guiding

Appleby Rainbows, Brownies and Guides

JOIN US

Meeting times:
1st Appleby Rainbows (age 5-7) Thursday 5:00-6:15pm
2nd Appleby Brownies (age 7-10) Wednesday 5:00-6:45pm
1st Appleby Guides (age 10+) Wednesday 6:15-7:45pm
We are always on the look out for adults to become a leader with any of these groups.
Message the group for more information:
kath1nunn@gmail.com or Appleby Rainbows, Brownies and Guides

1st Westmorland Scout group

We're still recruiting:

Beavers (6-8yrs)	alternate Thursdays
Shap Beavers	Tuesdays
Morland Cubs (8-10½ yrs)	alternate Thursdays
& Scouts (10-14yrs)	times on application.

We create stronger communities and inspire positive futures, by providing fun, friendship and adventure. Join as a young person or volunteer and help young people gain skills to succeed.

Contact: ☎/WhatsApp 0333 339 3710, or https://edenscouts.org.uk

1stwestmorland@edenscouts.org.uk

Appleby Hub Patchworkers

It has just been brought to my attention that the above has not been running for some time. Sorry about that - I must get out more!*Ed.*

Lights…Camera…Appleby

Saturday 27th September The Outrun (15)

Saoirse Ronan plays Rona, a young woman recently out of rehab who returns to the Orkney Islands where she grew up. In flashbacks we see her as a student in London, going clubbing and finding her first serious boyfriend. We also see her drinking spiralling out of control, the relationship disintegrating. She is left vulnerable in her addiction. Attacked whilst drunk, she enters rehab, and returns to Orkney. Adjustment to her new life is difficult and she relapses but eventually, finding a job with the RSPB and moving to Papa Westray, she forms an unexpected friendship with a fellow recovering alcoholic. Nature has the power to heal and the call of the rare Corncrake signals that Rona is finally well on her way to overcoming her addiction.

We will be serving a delicious lamb hotpot made by Low Howgill Butcher & Deli, Appleby. A vegetarian option will be available.

Please book food tickets well in advance to avoid disappointment.

Tickets £13 for food and film. Film only tickets, £4. Doors open 6pm, food served 6.15-6.30pm. Film screening at 7pm. Pay bar, raffle and interval ice-cream from the Jersey Ice Cream Farm, Melkinthorpe.

Tickets from **Appleby Tourist Information Centre or the Courtyard Gallery, Appleby**. For further information please tel. ☎07921489611 or email applebyremotecinema@btconnect.com

Upper Eden Linking Lives.

Loneliness and social isolation affect millions of people in the UK. These feelings can be overwhelming. People may lack confidence after an illness or a fall. They may have lost their partner, and their friends and family may live miles away.

Befriending is one of the most effective ways of combatting loneliness and social isolation. A weekly visit or phone call can make all the difference to someone's quality of life.

We are a befriending service which helps tackle loneliness in the local area. We receive referrals from local organisations, family, friends and neighbours: people can even refer themselves.

We assist adults who require companionship, provided through weekly home visits or telephone calls. All our volunteers are fully trained and vetted before being matched up.

For information on volunteering or to refer someone, contact Sara on 0800 688 9984 or email at uppereden@linkinglives.uk

Memory Club in Appleby

Meetings are held (generally) on the 2nd & 4th Wednesdays of each month at Sands Methodist Church Hall 10.30am -12 noon. (10th and 24th September) All are welcome, particularly those with memory loss. There will be light refreshments, games, crafts, music and singing.For further information please contact:-

Anne ☎017683 51219
Tim ☎017683 52640

Probus Club

If you enjoy a good meal and interesting conversation, perhaps you might like to consider joining the Appleby Probus club.

The Appleby Club is strictly non-political, non-denominational, gender-neutral, and does not raise funds. It is currently seeking new members!

You might also like to know that the club also runs occasional outings such as trips to the theatre or sporting events. As an example, we recently visited the Carlisle Airport museum.

If you think that any of this might interest you, please drop a line to either Ian Rudd at ian.rudd70@icloud.com
or Adrian Marsh at adrian.marsh@live.co.uk

Appleby Rotary Club

Appleby Rotary Club is supporting Physionet, a UK based humanitarian organisation dedicated to helping some of the most marginalised people in the world by supplying children and adults with disability equipment considered surplus or redundant in the UK. Physionet supplied almost 8000 items of physiotherapy, paediatric equipment, wheelchairs, mobility items and some hospital hardware that would have normally ended in landfill.

If you have any surplus/redundant equipment please contact us and we will arrange collection.

Alastair Bell - Appleby Rotary Club on atbell@btinternet.com or ☎07970597536 / 017683 51547

Villages

Asby

Wed. 10th 7:30 pm The Hollies Asby Fellowship with Jane Morris

Wed. 28th 7:30 pm The Hollies Asby Fellowship with Jane Morris **(Oh yes it is! *Ed.*)**

Sat. 27th 10:30 -12:30 St. Peter's Coffee, cake & chat in aid of church funds

Brampton Village Hall

Every Thursday at 6:30pm — Table Tennis: Equipment provided, all ages & abilities welcome

Tues.	2nd	7:00pm	Book Club
Wed.	3rd	7:30pm	Brampton Ladies
Wed.	10th	7:00pm	Eden Valley Woodturners
Thurs.	18th	6:30pm	Village Social
Mon.	22nd	7:30pm	Film Night, with popcorn!

Colby Village Hall

Sat. 13th . 10:30 Coffee Morning

Sat. 27th . 10:30 Coffee Morning and Bring & Buy Produce Sale. All money raised will be donated to Macmillan Cancer Support.

Knock Mission

Sat. 6th . 12:30 Soup and Pud

Long Marton

Saturday 13th 10.30am to 1.30pm: Bacon rolls, soup, cheese toasties, toasted teacakes, tea/coffee. Please come and join us for hearty food & chat. All are welcome.

Wednesday 17th Local History Group: — New programme to commence. If you would like any details please email Christine at longmartonlocalhistorygroup@gmail.com

Craft and chat - Thursday evenings from 7.30pm - details from Nicola on ☎62301

If you are thinking of setting up a new activity, rates are from £7 per hour. Don't forget to consider the hall when thinking about a party or family gathering. Any enquries please contact Christine at bookingslongmartonvi@gmail.com

Milburn

Village coffee mornings first Saturday of each month (6th September). Church coffee mornings third Saturday of each month (20th September), both 10:30 to noon.

Murton-cum-Hilton Institute

Badminton 7:30 - 10pm every Thursday. All abilities welcome. £2.

Ormside

Village hall coffee mornings are second and fourth Wednesdays (10th and 24th), from 10.30 till noon.
Country dancing on second and fourth Mondays (8th and 22nd), from 7.30 till 9pm.
Craft evenings third Tuesday (16th) from 7.30 till 9pm.
Sat. 20th 7:30 Bingo. Details t.b.a. - please check.
Fancy a game of Ping Pong?! We have a table tennis table at Ormside Village Hall. It's available to hire, at £6 per hour, including use of the hall for an hour, 4 bats and balls or BYO equipment.To book ring ☎07759011555

Temple Sowerby

Information on clubs, events, sports and exercise classes held in the village can be found on the website which is https://templesowerbyvillage.co.uk/

Coffee Morning (**by tradition, but please check!** ***Ed.)*** is 10am - noon on the 1st and 3rd Tuesdays of the month (September 2nd and 16th) at the Victory Hall. All are welcome

Rainbow Cafe is held on the second Tuesday of every month in Temple Sowerby Church (9th) from 2.30 to 4.30 pm

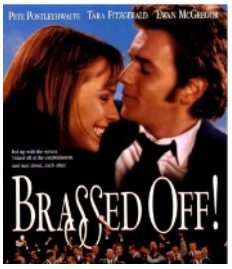
Warcop - Parish Hall

Mondays 6:30 - 8 Table tennis club

Thursday 4th, 11.30am - 1.00pm. Soup and Pudding, Come and join us for lovely homemade soup and pudding. £7 per person, including tea or coffee.

Sat., 13th , 10 - 11.30 Macmillan Coffee Morning. Drink and Cake £4. Donations of cakes and raffle prizes are warmly welcomed. These can be left at the hall on the morning of Friday 12th September. Thank you for your support!

Warcop Remote Cinema
Thursday 18th Brassed Off (15))



Starring: Pete Postlethwaite, Ewan McGregor, and Tara Fitzgerald This much-loved British comedy-drama blends heart, humour and brass band music in a tale that's both uplifting and poignant. Pete Postlethwaite gives a memorable performance as the passionate bandleader fighting to keep the local colliery brass band alive in the face of pit closures, while Ewan McGregor and Tara Fitzgerald provide the romance and warmth that make this a true crowd-pleaser.
Doors open: 7:15pm. Screening: 7:30pm.
Refreshments available during the interval, including ice creams.
Adults: £5.00. Children under 16: £3.00.

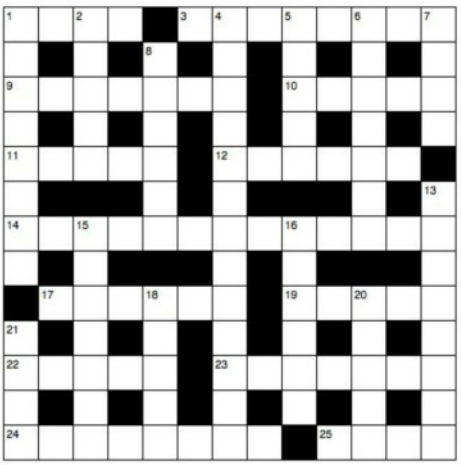
Fri. 26th. Warcop Parish Hall will be holding their ever popular quiz night, with pie, peas and pud (pies from Low Howgill butchers, Appleby). £10.00 per person, including food. The quiz starts at 7.30pm and food will be served around 8.15-8.30pm. Maximum 6 per team - prizes for top 3 teams! Licensed bar **(NOT BYO)** - Raffle. To buy a ticket, please contact either of the people below by midday on MONDAY 22nd September (for catering purposes). Please mention when booking if you would like the steak, vegetarian (cheese & onion), vegan or gluten-free options.
Caroline - caz.cotehouse@yahoo.co.uk or Pat - 07741 464921 / 017683 42188. Raffle prizes will be gratefully received and can be left at the hall on Thursday mornings, or with any committee member.

150 years of the Keswick Convention

An iconic Christian convention is celebrating 150 years this year. From the humble beginnings of a vicar holding a meeting on his vicarage lawn back in 1875, the Keswick Convention now runs a year-round Christian teaching ministry and attracts 15,000 to its annual three-week summer convention.
The Keswick Convention was the brainchild of Canon Thomas Harford-Battersby, Vicar of St John's Keswick. He had attended a Christian conference in Oxford, and found it life changing. "Christ was revealed to me so powerfully and sweetly as the present Saviour in His all sufficiency." And later he added: "I found He was all I wanted: I shall never forget it… How it humbled me and what peace it brought."
Harford-Battersby wanted to share this joy in Christ with others. So, with the help of a friend, he erected a tent on his vicarage lawn that summer and simply invited local people to come along. Even that first year, it was a success. Over the week, nearly 400 people attended. And in the following years, more people came. Hundreds, thousands of them, from many denominations, eager to learn more about the Bible. Within a few years of its starting, Christians all over the world were making an annual pilgrimage to the little Lake District town, to hear the best Bible teachers that were available.
Some highlights along the way:
1875 - first convention, in St John's vicarage garden in Keswick.
1901 - the first marquee was erected on the Skiddaw Street site.
1969 - the second week of convention was started, aimed more at families
1997 - the Rawnsley Hall in Keswick was bought, to extend youth ministry
2001 - the third week of the convention was launched
2015 - the Pencil Mill in Keswick was acquired, and it is now an integrated home for the Convention.
Many missionary societies and theological colleges owe their roots to the Keswick Convention: Hudson Taylor of China and Amy Carmichael of India had close ties with Keswick.
In recent times, speakers have included some of the best-known preachers in the evangelical world: John Stott, Donald English, George Duncan, David Coffey, and Anne Graham Lotz.
Today many Keswick teaching events are held around the world: in Africa, Australia, New Zealand, North America, India, Jamaica and Japan. The Convention's motto remains - 'All One in Christ Jesus'.
More at: https://keswickministries.org

Monthly Crossword

(solution page 12)



Across

1 ‘A little later someone else saw Peter and said, “You — are one of them”’ (Luke 22:58) (4)

3 Giving (1 Peter 2:5) (8)

9 They came to Jerusalem seeking an infant king (Matthew 2:7) (3,4)

10 ‘An athlete... does not receive the victor’s crown unless he competes according to the — ’ (2 Timothy 2:5) (5)

11 Pacifist, temperance advocate, open-air preacher, leading 20th- century Methodist, Donald — (5)

12 ‘Come quickly to — — , O Lord my Saviour’ (Psalm 38:22) (4,2)

14 ‘The God of Abraham, — — — , the God of our fathers, has glorified his servant Jesus’ (Acts 3:13) (5,3,5)

17 Sear by intense heat (Revelation 16:8) (6)

19 ‘It is better to take refuge in the Lord than to trust — — ’ (Psalm 118:8) (2,3)

22 Goods (Nehemiah 13:15) (5)

23 i.e. train (anag.) (7)

24 Surrounding area (Luke 24:50) (8)

25 ‘Righteousness will be his — and faithfulness the sash round his waist’ (Isaiah 11:5) (4)

Down

1 Elegant and creative (Exodus 31:4) (8)

2 ‘Listen, I tell you a mystery: We will not all — , but we will all be changed’ (1 Corinthians 15:51) (5)

4 ‘I... delight to see how orderly you are and how firm your — — — is’ (Colossians 2:5) (5,2,6)

5 Enlist (2 Samuel 24:2) (5)

6 Of the Muslim faith (7)

7 Sharp intake of breath (Job 11:20) (4)

8 Woven cloth (Ezekiel 16:13) (6)

13 Plentiful (Romans 5:17) (8)

15 CIA char (anag.) (7)

16 Paul and Silas stopped him committing suicide after an earthquake in Philippi (Acts 16:27–28) (6)

18 One of the ingredients in the making of incense for the Lord (Exodus 30:34) (5)

20 Episcopal headwear (5)

21 Inhabitant of, say, Russia, Ukraine, Poland, Slovakia or Bulgaria (4)

'He gave us eyes to see them': William Holman Hunt's Scapegoat

14th September in the Jewish calendar is Yom Kippur, the Day of Atonement. It is a time of fasting and prayer, and its observance is regulated by Leviticus 16.

The Old Testament ritual involved cleansing the priesthood and the people when a scapegoat bearing the sins of the faithful was sent into the wilderness. Much of that ritual has lapsed, but the heart of Yom Kippur is prayer that the relationship of love and service between God and His people would be renewed and restored. The goat that was sent by relays into the desert had a scarlet cord - a reminder that 'though our sins be scarlet, yet they shall be as white as snow.'

It is the subject of William Holman Hunt's famous painting that is in the Lady Lever Art Gallery at Port Sunlight. This village was founded by Lord Leverhulme in 1889 for the workers in his soap factory. It consists of gabled houses and Elizabethan style cottages which nestle side by side around the impressive domed art gallery containing a wealth of paintings and sculptures.

Work on 'The Scapegoat' began in 1854 and was completed two years later. Holman Hunt went to the Dead Sea to paint the goat in situ, following the Pre-Raphaelite principles of art embodying exact detail and accuracy in its subject matter. There is a photograph of the artist by his easel, a paintbrush in one hand and a rifle in the other. It was a time of political tension between Syria, Palestine and Turkey, which combined with the constant danger of hostile tribesmen in the area.

Undaunted, Holman Hunt sketched by the sea and then finished the details off in his rooms in Jerusalem. He described the scene as a 'beautifully arranged horrible wilderness.' In the distance are the hills of Edom against the sky, and in the foreground the solitary goat with the scarlet cord over its head. It is a bleak landscape, and on the frame surrounding the picture are the words from Leviticus: 'The goat shall bear on itself all their iniquities to a barren region, and the goat shall be set free in the wilderness.'

At the time critics were not sure what to make of the painting, as there was no recognisable story or moral so beloved of the Victorians. Elegant ladies inquired if the artist was going to put in the rest of the flock, and one critic said it was an excellent portrait of Lord Stratford.

We look at the painting with the eyes of faith and realise that the scapegoat was sent over the river Kidron into the wilderness, the very same river our Lord and His disciples crossed to the Garden of Gethsemane which heralded the passion of Jesus. We can see this sad creature, isolated and alone, bearing the sins of God's ancient people, and think of Isaiah's words: 'He was despised and rejected by others.' A scapegoat in the Old Testament bearing the sins of the people: the Lamb of God in the new covenant who takes away the sin of the world.

St. Michael & All the Angels explained!

What is an angel? Easy, people think: a shining figure with glorious wings, who appears from time to time to do some mighty work for God or bring a very special message from him.

Well, that's right in one sense (apart from the wings, which owe more to stained glass windows than the Bible). But the fact that not all 'angels' in the Bible are 'glorious' or 'shining' should make us hesitate to categorise them in this spectacular way. After all, the three apparently ordinary men who visited Abraham and Sarah to tell them that she would have a son even though she was long past child-bearing age had none of those outward embellishments. Nevertheless, Abraham recognised them as divine messengers.

The Bible is full of angels, from the early chapters of Genesis to the last chapter of Revelation, and often they had a key role in crucial events. It seems, from just two instances, that Michael was their leader, an 'archangel'. In many stained glass windows he's seen with a sword, because in a vision in Revelation he led the angelic host who fought and defeated Satan and his army.

In the Gospels, an angel of the Lord appeared to Zechariah in the Temple, to tell him that his elderly wife was to have a son, the forerunner of the Messiah, John the Baptist. An angel - Gabriel - appeared to Mary to tell her that she would be the mother of the Messiah, the Son of God. An angel appeared 'in a dream' to Joseph, the village carpenter in Nazareth, to tell him to go ahead and marry his fiancee, Mary, and later - also in a dream - warned him not to go back to Bethlehem. A 'young man', whom we take to have been an angel, was sitting in the empty tomb on Easter morning, waiting to tell the startled women that Jesus wasn't there - He had risen (Mark 16:5).

Without going into every biblical reference to angels, those should be sufficient to show that the word covers an enormous diversity of experience. So the Letter to the Hebrews speaks of those who practice hospitality as sometimes 'entertaining angels unawares'. Sometimes people recognised angels for who they were, and sometimes they didn't. Angels, quite simply, are God's agents or emissaries, messengers and ministers of His will. Sometimes they are human; sometimes they seem to be spiritual beings.

Perhaps we could even say that anyone, in any situation, who is at that moment God's 'messenger' to us, or serves us graciously, is an 'angel'. So, when we say, 'Oh, be an angel and pop up to the chemist for my prescription', we may be nearer the heart of the matter than we think!

Michael is an archangel, whose means 'who is like unto God?' He makes various appearances throughout the Bible, from the book of Daniel to the Book of Revelation. In Daniel, he is 'one of the princes' of the heavenly host, and the special guardian of Israel. In Revelation, he is the principal fighter name of the heavenly battle against the devil.

From early times, Michael's cult was strong in the British Isles. Churches at Malmesbury (Wiltshire), Clive (Gloucestershire) and Stanmer (East Sussex) were dedicated to him. Bede mentions him. St Michael's Mount in Cornwall was believed to commemorate a vision there in the 8th century. By the end of the Middle Ages, Michael had 686 English churches dedicated to him.

In art Michael is often depicted as slaying the dragon, as in the 14th

Celebrating 200 years of the public railways

Two hundred years ago, on 27th September 1825, the world's first public railway opened. It was the Stockton and Darlington Railway in north-east England.

Inspired and supported by a prominent Quaker, Edward Pease, and backed financially by many Quakers nationally, it has been described as "the great theatre of railway operations", sparking the explosion of railways across the world and boosting the industrial revolution. About 20 miles of the original 25 mile stretch still exist, now as part of the Northern Rail line.

The technical expertise behind it all came from George Stephenson, an extraordinary self-taught engineer whose expertise, which originated in the mines, stretched beyond railways. His Locomotion No 1, built for the Stockton and Darlington line, was the first steam locomotive to carry passengers on a public rail line. He worked with his 18-year-old son Robert, who is known for creating the more famous Rocket four years later.

The first Stockton and Darlington train - which in fact ran from Old Etherley Colliery, some distance north of Darlington - was led by a man on horseback with a flag. The motto of the organising committee was "At private risk for public service".

With brakemen stationed between the wagons, the train reached 12 to 15mph and was greeted by an estimated 10,000 people at the Darlington junction, where some passengers left and more boarded. The average speed was calculated at about 8mph. Six wagons of coal were given to the poor by way of celebration.

A nine-month festival in County Durham and the Tees Valley - with artwork, spectacles and community events - is marking the bicentenary of the opening of the railway.

As a tribute to his life and achievements, a bronze statue of George Stephenson was unveiled at Chesterfield railway station in 2005. An earlier statue stands in Neville Street, Newcastle.

More info at: https://railway200.co.uk, https://www.railwaymuseum.org.uk

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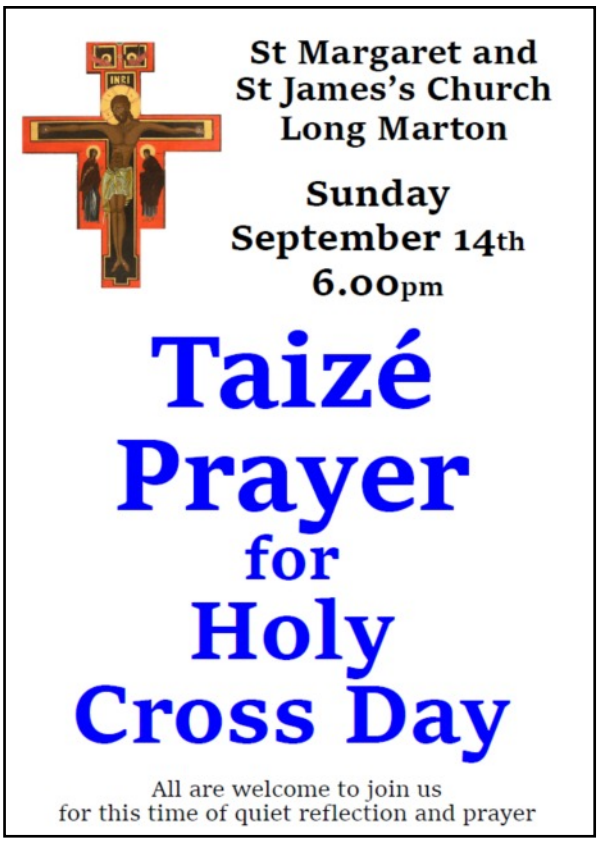

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EAT

If you enjoy a good meal and conversation you might like to consider joining Appleby Probus.

A Probus club is a local association of retired and semi-retired professional and business people that meets monthly for lunch and fellowship. The Appleby Club is strictly non-political and gender-neutral, It is currently seeking new members!

If you think that any of this might interest you, please drop a line to Adrian Marsh at adrian.marsh@live.co.uk

TALK

Late Summer Community Concert

Saturday 6th September
6pm
St. Michael's Church
Kirkby Thore

Come along and join in: play an instrument (there will be a keyboard), sing, recite poetry, etc.
Or just come to listen and enjoy.

Admission free
(Donations welcome for Renew Wellbeing Eden)

Contact Dan on 07973406022 for more details

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For help claiming Universal Credit: 0800 1448 444

For all other enquiries: 0808 278 7844

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Church Services for September 2025

Church of England

Appleby, St. Lawrence,

Fri.	5th	10:00	Holy Communion
Sun.	7th	09:00	Holy Communion
Sun.	7th	10:45	Morning Worship
Fri.	12th	10:00	Holy Communion
Sun.	14th	09:00	Holy Communion
Sun.	14th	10:45	Morning Worship
Fri.	19th	10:00	Holy Communion
Sun.	21st	10:45	Holy Communion
Fri.	26th	10:00	Holy Communion
Sun.	28th	10:45	Holy Communion

Asby, St. Peter

Sun.	7th	11:00	Harvest Festival at Baptists
Sun.	14th	11:00	United Service @ Baptists
Sun.	21st	18:30	Holy Communion
Sun.	28th	11:00	Morning Prayer

Bleatarn Chapel

Sun.	14th	14:00	Harvest Festival

Boroughgate, St. Anne

Closed for the duration of building works

Dufton St. Cuthbert

Mon.	1st	19:00	Compline
Sun.	7th	10:30	Holy Communion + Graveyard Consecration
Sun.	14th	15:00	Evening Prayer
Mon.	15th	19:00	Compline
Sun.	28th	10:30	Holy Communion

Kirkby Thore, St. Michael

Sun.	7th	10:00	Breakfast Church
Sun.	14th	10:30	Morning Prayer
Sun.	21st	10:00	Breakfast Church
Sun.	28th	10:30	Holy Communion

Long Marton, SS. Margaret & James

Sun.	14th	10:30	Morning Prayer
Sun.	14th	18:00	Taizé

Milburn, St. Cuthbert

Sun.	7th	10:30	Holy Communion
Sun.	14th	10:30	Holy Communion
Sun.	21st	10:30	Holy Communion
Sun.	28th	18:30	Evening Prayer

Murton, St. John

Sun.	21st	18:00	Evening Prayer

Musgrave, St. Theobald

Sun.	28th	10:00	Holy Communion

Newbiggin, St. Edmund

Sun.	7th	10:30	Holy Communion
Sun.	28th	18:30	Evening Prayer

Ormside, St. James

Sun.	7th	10:00	Matins
Sun.	14th	10:00	Holy Communion
Sun.	21st	10:00	DIY
Sun.	28th	10:00	Holy Communion (1662)

Temple Sowerby, St.James

Sun.	21st	10:30	Holy Communion

Warcop, St. Columba

Sun.	7th	10:30	Holy Communion
Sun.	14th	10:30	Churches Together Harvest Festival **(see also Bleatarn)**

Methodists

Precise arrangements not known at time of going to press

Sands, Appleby

Sun.	7th	10:30
Sun.	14th	10:30
Sun.	21st	10:30
Sun.	28th	10:30

Dufton with Knock

Sun.	7th	10:45
Sun.	14th	10:45
Sun.	21st	10:45
Sun.	28th	10:45

Warcop

Sun.	7th	10:30
Sun.	14th	10:30
Sun.	21st	10:45
Sun.	28th	**18:30**

Roman Catholic Church of Our Lady of Appleby

Sunday Mass 4pm (Sacrament of Confession available from 3.30pm) , followed on the first Sunday each month by tea and refreshments

Weekday Mass Tuesdays 12noon (changeable, check